

Isaiah Martin

Adjunct Instructor

Passionate Yoga Instructor adept at working with as many as 16 students each week across a range of classes. Well-versed in compliance requirements, safety and customer relationship management.

Work History

**2020-01 -
Current**

Adjunct Instructor

Angelo State University, San Angelo, Texas

- Cultivated positive relationships with participants by interacting with group during fitness classes.
- Explained different yoga styles and poses to students.
- Used lectures, discussions and demonstrations to increase learning and classroom success.
- Consistently communicated with students to acknowledge and reward positive strides and discuss areas of improvement.

**2019-08 -
Current**

Health Fitness Specialist

Trustmark Corp., San Angelo, Texas

- Built strong relationships with members to promote health, wellness and available services.
- Helped clients set and achieve health and wellness goals.
- Monitored, tracked and reported on individual progress with wellness plans.
- Provided individual health coaching to help clients optimize personal choices.

Education

**2015-08 -
2018-05**

Bachelor of Science: Kinesiology

Angelo State University

2018-06 -

Master of Education: Athletic Administration

Contact

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Skills

Public relations

Facilities maintenance

Program development

Safety awareness

