

DR. JESSE McINTYRE, DAT, MS, MED, LAT, ATC, CPSS, CSCS

Assistant Clinical Professor – Angelo State University

Certified Athletic Trainer

Certified Performance & Sport Scientist

Certified Strength & Conditioning Specialist

EDUCATION

A.T. Still University

Doctorate of Athletic Training

May 2020

Concentrations: Rehabilitation and Leadership & Education

Applied Research: Implementing Patient-Reported Outcome Measures in a College Athletic Training Setting

University of North Georgia

Masters of Science in Exercise Science

May 2018

Applied Research: Ice vs. Massage for Recovery in College Baseball Pitchers

East Central University

Masters of Education in Sports Administration

December 2016

Applied Research: Social Media Trends of Student Athletes and Student Athletic Trainers

Oklahoma State University

Bachelors of Science in Athletic Training – Clinical

May 2015

CREDENTIALS AND LICENSES TO PRACTICE

Certified Athletic Trainer

July 2015 – Present

Certified Performance & Sport Scientist

July 2023 – Present

Certified Strength and Conditioning Specialist

March 2016 – Present

Dry Needling Level I

April 2018 – Present

AHA Basic Life Support Instructor

Dec 2020– Present

Barbell Rehab Method Certified

May 2022 – Present

Certified in Blood Flow Restriction (HawkGripz)

June 2021

Licensed Athletic Trainer – State of Texas

July 2018 – July 2020, September 2022-Present

Licensed Athletic Trainer – State of Georgia

Aug 2016 – Aug 2018, July 2020-July 2022

Licensed Athletic Trainer – State of South Carolina

January 2022-Present

Licensed Athletic Trainer – State of Oklahoma

Aug 2015 – Aug 2016

TEACHING EXPERIENCE

Angelo State University

San Angelo, Texas

Assistant Clinical Professor

Fall 2022-Present

- Basic Skills for Healthcare Professionals
- Therapeutic Interventions
- Clinical Pathology for Healthcare Professionals
- Communication Skills for Healthcare Professionals
- Athletic Training Clinical Experience I
- Athletic Training Clinical Experience II
- Athletic Training Clinical Experience III
- Athletic Training Clinical Experience IV
- Clinical Decision Making in Athletic Training

West Texas A&M University

Canyon, Texas

Instructor of Record

Fall 2018-Fall 2019

- Athletic Training I – Intro to Athletic Training
- Therapeutic Exercise in Athletic Training
- Therapeutic Modalities in Athletic Training

CLINICAL EXPERIENCE OF ATHLETIC TRAINING CARE

Shannon Sports Medicine

San Angelo, Texas

Outreach Athletic Trainer

August 2022 – Present

- Provided athletic training services to area high schools for football games and other events
- Assisted in preseason preparticipation physical exams for area high schools

Shannon Health Club

San Angelo, Texas

Strength & Conditioning Coach

December 2022 – Present

- Provided strength & conditioning coaching as well as therapeutic exercise prescription and individual rehabilitation sessions to clients at Shannon Health Club
- Planned, coordinated, marketed, and completed a week-long strength & conditioning summer camp for elementary to middle school athletes at Shannon Health Club
- Held educational seminars for personal trainers employed through Shannon Health Club on how to modify exercises and programming for clients suffering from injury or chronic pain

TrainAthletic, LLC (Texas)

San Angelo, Texas

Owner and Operator

September 2022 – Present

- Reestablished LLC in Texas and continued to offer services such as therapeutic exercise, CPR instruction, and strength & conditioning services
- Established a supervising physician in order to provide outreach athletic training services
- Provided online exercise prescription to clients suffering from chronic injury as well as to athletes looking to enhance performance

TrainAthletic, LLC (Georgia)

Savannah, Georgia

Owner and Operator

June 2021 – August 2022

- Ran a private company providing CPR instruction, sports medicine and strength & conditioning services
- Experience in sales, marketing, community outreach, health and wellness coaching, fitness entrepreneurship
- Established a supervising physician and was responsible for all legal aspects to allow me to perform sports medicine services in Georgia and South Carolina

St. Joseph's/Candler Health System

Savannah State University

Savannah, Georgia

Director of Sports Medicine

Dec 2020-Dec 2021

- Supervised and provided care for all SSU athletes
- Administrator for both the Sports Medicine and Strength and Conditioning Department
- Developed the majority of COVID protocols for SSU Athletics and conducted several thousand COVID tests to allow athletics to continue
- Head Athletic Trainer – Football

West Texas A&M University

Canyon, Texas

Assistant Athletic Trainer and Lecturer

June 2018 – Present

- Athletic trainer for men's basketball and men's and women's golf
- Supervised the graduate assistant AT responsible for women's basketball
- Developed and implemented a new clinical care model utilizing a collegial approach to patient care and emphasizing one-on-one patient-clinician interactions
- Developed and implemented a plan to begin administering patient-reported outcome measures to all student-athletes

within my “pod” (men’s and women’s basketball, men’s and women’s golf) receiving care in the athletic training clinic

- Developed and implemented an orientation and transition-to-practice framework for graduate assistant athletic trainers at my institution, including periodic evaluations and updated chains of communication
- Served as a preceptor in the professional Texas licensure program
- Teaching experiences listed above
- Women’s Golf: 2019 Conference Champions, Regional Runner-Up
- Men’s Basketball: 2019 Conference Champions, Conference Tournament Champions, South Central Region Champions, NCAA Elite 8

Vereen Rehabilitation Center

Moultrie, Georgia

Graduate Assistant Athletic Trainer

July 2016 – June 2018

- Athletic trainer for Thomas County Central High School boys’ sports, July 2016-July 2017
- Athletic trainer for Albany State University baseball, tennis, softball, and assisted with football and all other sports as needed
- Hosted Southern Intercollegiate Athletics Conference Baseball and Softball tournaments and assisted in hosting SIAC Cross-Country Championship
- Thomas County Central High School: 2016 Region Champions
- ASU Baseball: 2018 SIAC Champions and HBCU Small-School National Champions (Black College Nines)

Orthopedic and Sports Medicine Center

Norman, Oklahoma

Outreach Athletic Trainer

August 2015 – June 2016

- PRN Athletic Trainer for:
 - Holdenville High School Football and Basketball
 - Okemah High School Football
 - Oklahoma Elite Rugby
 - Oklahoma City Blazers Hockey

East Central University

Ada, Oklahoma

Graduate Assistant Athletic Trainer

August 2015 – May

2016

- Athletic Trainer for ECU Women’s Softball and Men’s and Women’s Cross Country
- Assisted with football and all other sports as needed
- Served as a preceptor in the CAATE-accredited professional AT program
- Men’s Cross Country: Great American Conference Champions, Regional Runner-Up,

MEMBERSHIPS

National Athletic Trainers Association
 National Strength and Conditioning Association
 Texas State Athletic Trainers Association
 Southwest Athletic Trainers Association

AWARDS AND RECOGNITION

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| Angelo State University Faculty Development Mini-Grant | Fall 2023 |
|--|-----------|
- Awarded a grant in order to provide Blood Flow Restriction (BFR) equipment to the Health Science Professions Department and Masters of Athletic Training Program at ASU
 - Allowed the students to become more familiar with techniques and equipment that practical and affordable to be implemented in future patient care, as well as provided opportunities for students to complete research on the technique and its usefulness in rehabilitation and performance enhancement

SERVICE ACTIVITIES

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| Archer College CPR Event | May 2023 |
|--------------------------|----------|
- Provided courses in American Heart Association Basic Life Support (AHA BLS) at a discounted cost to students, staff and faculty in the Archer College of Health and Human Services at ASU
 - Certified 12 students and faculty members in BLS for the cost of the card and supplies
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| Health Science Professions Recruitment Videos | April 2023 |
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- Led the effort to plan, coordinate, and create marketing videos for all majors in the Health Science Professions Department, including
 - Masters of Athletic Training
 - Masters of Public Health
 - BS in HSP, with concentrations in PT-Allied Health, Public Health, and Healthcare Administration
 - Worked with another faculty member to plan the video, work with an outside marketing company to create the video, and coordinated with students, staff, members of the community and other faculty members to schedule and complete shooting
 - Reviewed videos and assisted in editing before videos were added to the department website