

CURRICULUM VITAE

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Areas of Professional Interest

Correctional Settings and Criminal Justice Rehabilitation Programs
Policy Practice, and the Use of Ethics
Counseling the Culturally Diverse
Addictions Disorders, Treatment, and Recovery (Substance Use)
Domestic Violence and Intimate Partner Relationships
Clinical Social Work Practice

Education

Bachelor of Social Work (BSW), May 2014
Texas A&M University-Kingsville

Master of Social Work (MSW), May 2015
Aurora University

Master of Public Administration (MPA), November 2020
Texas Southern University

Doctor of Social Work (DSW Student), Anticipated Graduation December 2024
Angelo State University

Academic Appointments

Angelo State University, Department of Social Work and Sociology San Angelo, Texas
Teaching Assistant, August 2023 to December 2023

Professional Post-Master's Social Work Experience

Bluebonnet Trails Community Services, Round Rock, Texas

Service Coordinator, March 2018 to January 2019

Monitored Medicaid waiver services for clients diagnosed with an Intellectual Development Disability (IDD) and Related Conditions. Responsible for conducting monthly visits with assigned clients, and maintaining frequent contact by telephone and email. Advocated on behalf of clients with regard to individual needs, services outcomes, and improved quality of life. Utilized state-based assessments to determine client's level of need, and eligibility for services. Routinely interacted with clients, family members, community resources and collateral sources regarding disability-based services. Analyzed client medical documents, evaluations, school records, and employment-based records to determine appropriate person-centered services.

Changes Outpatient Services, Cedar Park, Texas
Adolescent Therapist, January 2019 to April 2019

Provided psychotherapy and substance use treatment in individual, family and group modalities. Created Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP) curriculum that included activities based on psychoeducation, coping skills, psychopharmacology, substance use, and the Trans-theoretical model. Assessed patient symptoms, acuity level, and possible differential diagnosis. Administered weekly assessments to help evaluate patient progress throughout the program. Facilitated peer reviews with insurance carriers in order to encourage continued patient access to services. Participated in multidisciplinary treatment team meetings, and advocated for patient needs and discussed patient symptomology. Completed required paperwork for discharges, including inpatient hospitalization, step down to lower level of care, and unplanned discharges.

Bluebonnet Trails Community Services, Austin, Texas

OSAR Counselor, June 2019 to July 2020

Formulated a substance use diagnosis based off of client symptoms, and the DSM 5 criteria. Assessed consumer needs for inpatient, intensive outpatient treatment and local resources. Facilitated ongoing dialogue with consumers about substance use, including the frequency, duration, and use of drugs and/or alcohol. Utilized motivational interviewing techniques and brief therapy during sessions. Familiarized clients with the Trans-Theoretical Model, and recognizing their individual stage of change. Counseled individuals on addiction and recovery, and available state funding treatment options.

Georgetown Behavioral Health Institute, Georgetown, Texas

Outpatient Therapist, October 2020 to August 2021

Conducted psychoeducation and process groups with clients to assist with mental health recovery and a reduction in symptoms. Performed intake assessments and completed routine treatment plans to assess individual goals and the appropriate level of care. Utilized crisis management skills and worked within a multidisciplinary team to help clients that were experiencing an increase in symptoms. Facilitated individual counseling and family sessions utilizing Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Reality Testing, and other evidence-based frameworks.

Reflected Essence Counseling PLLC, Houston, Texas

Therapist, January 2022 to Present

Conducted individual therapy sessions with clients who presented with mental health symptoms and/or life stressors. Diagnosed clients who met the diagnostic criteria for a mental health disorder and/or a substance use disorder (SUD). Performed psychosocial assessments to identify client eligibility for services. Provided feedback and psychoeducational resources to help clients meet their treatment goals and reduce mental health symptoms.

Other Professional Social Work Experience

Behavioral Health Center of Nueces County, Corpus Christi, Texas

BSW Social Work Intern, August 2013 to March 2014

Conducted daily discharge planning with clients and recommended community resources to clients. Facilitated client support groups concentrated on discharge planning, recreational activities, daily living skills, and individual strengths. Managed the agency accountability system that specified the clients referred to the crisis unit. Researched medication compliance of individuals using psychotropic drugs and the incorporation of cognitive behavioral techniques to reduce noncompliance.

United States Probation, Chicago, Illinois

MSW Social Work Intern, August 2014 to March 2015

Provided supportive counseling services to clients recently released from the Bureau of Prisons, and clients receiving community supervision. Administered career interest inventories to clients and assessed job skills and potential career opportunities. Utilized motivational interviewing skills and strengths-based approaches to assist clients in developing goals and treatment objectives.

Quad County Urban League, Aurora, Illinois

Social Work Intern, March 2015 to May 2015

Provided case management services to clients that required assistance with emergency housing aid, employment services, and college readiness planning. Instructed clients on workforce development skills and assisted clients with resumes, cover letters and interviewing skills. Facilitated routine weekly appointments with adult and adolescent clients. Co-facilitated the agency's monthly Project Ready college preparation meetings. Organized agency files and cataloged files according to document type.

Student Academic Lectures

Angelo State University, Fall 2022, November 21, 2022

Course: SWK 7310, History & Philosophy of Clinical Social Work

Topic: Social Work Ethics

Angelo State University, Spring 2023, March 6, 2023

Course: SWK 7322, Administration & Leadership in Clinical Social Work

Topic: Servant Leadership, and Developing and Motivating Staff in Social Work

Angelo State University, Spring 2023, April 27, 2023

Course: SWK 7340, Research Methods for Clinical Social Work

Topic: Replication of Research

Other Professional Social Work Experience

Field Instructor

Georgetown Behavioral Health Institute, Georgetown, Texas

Outpatient Therapist Graduate Intern Supervisor, January 2021 to August 2021

Invited Speaking Presentations

Davis, Kyrbi A. (2021, January 16th). African American Mental Health and Community Resources [Psychoeducation & community resources presentation]. Houston Area Urban League- Young Professionals (HAULYP)

