

# *Kristen Lyons*

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Angelo State University ♦ College of Education ♦ Department of Curriculum and Instruction

kristen.lyons@angelo.edu

## **EDUCATION**

### **Doctorate of Philosophy, Educational Psychology – Specialization in School Psychology**

- Texas Tech University, Lubbock, TX - 2015-2019
- GPA: 4.0
- Dissertation: Facilitating Young Children's Conceptual Knowledge of Mathematics through Physical Activity
- Advisor: Tara Stevens

### **Master of Education, Educational Psychology**

- Texas Tech University, Lubbock, TX – 2015-2017
- GPA: 4.0
- Advisor: Tara Stevens

### **Master of Education, Guidance & Counseling**

- Angelo State University, San Angelo, TX – 2010-2011
- GPA: 4.0
- Advisor: Mary McGlamery

### **Bachelor of Science, Kinesiology; Minor, English**

- Angelo State University, San Angelo, TX – 2000-2004
- Cum Laude

## **LICENSURE**

- Licensed Specialist in School Psychology (In Progress)

## **PROFESSIONAL CERTIFICATIONS**

- Guidance and Counseling: K-12, Texas State Board for Educator Certification
- Kinesiology: 8-12, Texas State Board for Educator Certification
- English: 8-12, Texas State Board for Educator Certification
- Health: K-12, Texas State Board for Educator Certification
- Mental Health First Aid USA Certification, National Council for Behavioral Health

## **PROFESSIONAL EXPERIENCE IN HIGHER EDUCATION**

### **Angelo State University, San Angelo, Texas**

- Assistant Professor, Department of Curriculum and Instruction, 2019-Present
- Instructor, Department of Curriculum and Instruction, 2015-2019

- Assist the lead professors with course structure, course building, and any other requests from the professors.
- Assist the lead professor with student contact through email, announcements, feedback, scoring, and any other requirements for the online graduate classes.
- Utilize blackboard system for all course requirements.
- Guide and assist adjunct faculty through department procedures.
- Graduate Courses Taught (online):
  - EDG 6301 Social and Cultural Influences
  - EDG 6302 Test and Measurements in Education
  - EDG 6303 Lifespan
  - EDG 6304 Applied Research
  - EDG 6306 Curriculum & Methodology Trends
  - EDG 6310 Behavior Management
  - EDG 6313 Foundations of the Public School System
  - EDG 6320 Individual Counseling
  - EDG 6321 Group Counseling
  - EDG 6323 Theories of Counseling
  - EDG 6324 Career and Occupational Counseling
  - EDG 6325 Practicum in Counseling
  - EDG 6326 Education of Exceptional Children
  - EDG 6331 Role of the School Counselor
  - EDG 6363 Leadership
- Graduate Courses Developed (online):
  - EDSC 6301 Comprehensive School Counseling Programs (member of curriculum team)
  - EDSC 6303 Human Growth and Development (member of curriculum team)
  - EDG 6326 Education of Exceptional Children (co-wrote with Dr. Tasker and Dr. Livengood)
- Adjunct Faculty, Department of Curriculum and Instruction, 2014-2015
  - Assist the professor with student contact through email, announcements, feedback, scoring, and any other requirements for the online graduate classes
  - Graduate Courses Taught (online):
    - EDG 6304 Applied Research
    - EDG 6320 Individual Counseling
    - EDG 6321 Group Counseling
    - EDG 6323 Theories of Counseling
    - EDG 6325 Practicum in Counseling
    - EDG 6331 Role of the School Counselor
- University Supervisor, 2014
  - Instructed, observed, and guided 10 student teachers throughout their student teaching experience
- Adjunct Lecturer for the Department of Curriculum and Instruction, 2011-2013

- Conducted observations of graduate students during their counseling practicum

## **PROFESSIONAL EXPERIENCE IN PUBLIC EDUCATION**

### **San Angelo ISD, San Angelo, Texas**

- Licensed Specialist in School Psychology (LSSP) Internship, 2018-2019
- Licensed Specialist in School Psychology (LSSP) Practicums, 2017
  - Fall 2017, 200 hours
    - Worked with LSSP supervisor and team to complete observations, FIE, FBA, BIP, ARD, counseling with students, staff developments for educators, and consultation plans.
  - Summer 2017, 200 hours
    - Worked with LSSP supervisor to complete observations, FIE, FBA, BIP, ARD.
    - Worked with specialized teachers in the PPCD summer program and Extended School Year program.
  - Spring 2017, 200 hours
    - Worked with district's 504 specialist to conduct observations, evaluations, FBAs, BIPs, ARDs, and referrals to SPED for students qualifying for 504 services.
    - Worked with university supervisor at the Cleft Palate Clinic.
  - Spring 2016, 200 hours
    - Worked with university supervisor to complete observations, administer assessments, complete assessment analyses, understand LSSP roles
- Part-time Tutor, 2009-2015
  - Assist teachers and students in the classroom
- Saturday Credit Recovery Assistant, 2009-2015
  - Assist in sending out failure reports, set up students in the APlus software, assist with administrative duties, assist students as needed throughout the program
- Credit Recovery Summer School Teacher, 2009-2015
  - Assist in sending out failure reports, set up students in the APlus software, assist with administrative duties, help set up summer school classrooms, administer a summer school class to help students recover their credits from the previous year
- English Teacher, Lake View High School, 2005-2009
  - Taught 11<sup>th</sup> grade English, successful TAKS passing rates
- Coach, Lake View High School, 2005-2009
  - Coached JV volleyball for four years, JV softball for two years, and varsity girls powerlifting for two years, successful volleyball records, built a successful powerlifting program, 2<sup>nd</sup> at Regionals for two years, took girls to compete at the state level for two years
- English Teacher, Lincoln Middle School, 2004-2005
  - Taught 8<sup>th</sup> grade English and 8<sup>th</sup> grade TAKS remediation classes
- Coach, Lincoln Middle School, 2004-2005

- Coached volleyball, basketball, and track

## **SCHOLARSHIP**

### **Published Proceedings**

**Lyons, K. N.** & Cisneroz, A. M. (2018, February). *Facilitating Children's Conceptual Knowledge of Mathematics through Physical Activity*. Presentation. Paper presented at Southwest Educational Research Association. New Orleans, LA.

**Lyons, K.**, Self, R., & Shipley, G. (2017, February). *Analyzing Predictors of Academic Success in Online Masters Programs*. Presentation: Southwest Educational Research Association (SERA) Conference. San Antonio, TX.

Casarez, L. L., **Lyons, K. N.**, & Self, R. N. (2016, February). *Practice Exams as Predictors of Success or Failure on State Certification Exam*. Presentation: Southwest Educational Research Association. New Orleans, LA.

Self, R. N., & **Lyons, K. N.** (2016, February). *To Speak, or not to Speak: Female Secondary Administrators and Communication Gender Bias*. Presentation: Southwest Educational Research Association. New Orleans, L.A.

### **Professional Presentations**

Hansen, K., **Lyons, K.**, & Shipley, G. (2019, March). *Building digital bridges: Supporting learners experiencing food insecurity*. Presentation: Texas Distance Learning Association (TxDLA) Conference. Galveston, TX.

Hansen, K., **Lyons, K.**, & Shipley, G. (2019, February). *#CampusConvivencia: Addressing the social justice issue of food insecurity on college campuses*. Innovative Session / Panel Presentation: Southwest Educational Research Association (SERA) Conference. San Antonio, TX.

Casarez, L. L., **Lyons, K. N.**, & Carlisle, S. O. (2019, January). *Testing anxiety: Causes, symptoms, and strategies*. Presentation: Permian Basin Mental Health Conference. Presentation: Midland, TX.

Delgado, M., Honea, J., **Lyons, K.**, Wagnon, M., & Walters, S. (2019, January). *Tech-Smart Family Seminar*. Southland Baptist Church, San Angelo, TX.

Atwood, A., Carlisle, S. O., Casarez, L. L., Heron, A.B., & **Lyons, K. N.** (2018, November). *Keeping it cool: Navigating difficult conversations in the school counseling setting*. Presentation: Texas Counselor Association Professional Growth Conference. Dallas, TX.

Atwood, A., Carlisle, S. O., Casarez, L. L., Heron, A.B., & **Lyons, K. N.** (2018, November). *Stir it up! Use of technology in suicide prevention*. Presentation: Texas Counselor Association Professional Growth Conference. Dallas, TX.

- Casarez, L. L., Gandar, R., Hardegree, A., **Lyons, K. N.**, & O'Briant, M. (2018, November). *Trauma-informed and grief-informed schools*. Presentation: Texas Counselor Association Professional Growth Conference. Dallas, TX.
- Shiple, R. B., **Lyons, K. N.**, & Casarez, L. L. (2018, November). *Food insecurity on college campuses: Collateral damage of a societal crisis*. Presentation: Texas Counselor Association Professional Growth Conference. Dallas, TX.
- Cisneroz, A. M. & **Lyons, K. N.** (2018, November). *Reality event: Career fair*. Presentation: Christoval ISD. Christoval, TX.
- Atwood, A., Casarez, L. L., Heron, A. B., & **Lyons, K. N.** (2018, October). *Suicide prevention in a virtual world*. Presentation: Consortium of State Organizations for Texas Teacher Education. San Antonio, TX. (accepted)
- Casarez, L. L., Carlisle, S. O., & **Lyons, K. N.** (2018, September). *Make it count: Tips, tricks, and tidbits for elementary counselors*. Presentation: Region 15. San Angelo, TX.
- Self, R. N., & **Lyons, K. N.** (2018, September). *Current brain research relating to ECE and care*. Presentation: San Angelo Child Care Conference. San Angelo, TX.
- Eaton, P., **Lyons, K.**, Montelongo, R., & Shipley, G. (2018, February). *Online Learning: Can It Truly Be Rigorous and Transformational?* Innovative Session / Panel Presentation: Southwest Educational Research Association (SERA) Conference. New Orleans, LA.
- Lyons, K.**, & Shipley, G. (2018, February). *Assessment in Exemplary Course Program Rubrics Workshop*. Presentations: Angelo State University, San Angelo, TX.
- Casarez, L. L., Heron, A. B., **Lyons, K. N.**, & Carlisle, S. O. (2017, November). *Bridging the gap through professional communication*. Presentation: Texas Counseling Association Professional Growth Conference. Galveston, TX.
- Casarez, L. L., Heron, A. B., **Lyons, K. N.**, & Carlisle, S. O. (2017, November). *Combating compassion fatigue and educator stress*. Presentation: Texas Counseling Association Professional Growth Conference. Galveston, TX.
- Casarez, L.L., Heron, A.B., **Lyons, K. N.**, & Carlisle, S.O. (2017, November). *Bridging the gap: Easing the communication overload*. Presentation: TCA Conference. Galveston, TX.
- Atwood, A., Carlisle, S. O., Casarez, L. L., Heron, A.B., & **Lyons, K. N.** (2017, October). *Be a leader: Combating compassion fatigue and educator stress*. Presentation: Consortium of State Organizations for Texas Teacher Education. Corpus Christi, TX.
- Casarez, L., **Lyons, K.**, & Shipley, G. (2017, March). *Going Up and Adding On: 10 Tips for Accessibility*. Presentation: Texas Distance Learning Association (TxDLA) Conference. Galveston, TX.

- Lyons, K.,** Self, R., & Shipley, G. (2017, February). *Analyzing Predictors of Academic Success in Online Masters Programs*. Presentation: Southwest Educational Research Association (SERA) Conference. San Antonio, TX.
- Casarez, L. L., **Lyons, K. N.,** & Shipley, R. B. (2017, January). *Working for the weekend? Wellness dimensions for every day*. Presentation: Texas School Counselor Association. Arlington, TX.
- Casarez, L., **Lyons, K.,** & Shipley, G. (2017, January). *Working for the Weekend? Wellness Dimensions for Every Day*. Presentation: Permian Basin Mental Health Conference. Midland, TX.
- Casarez, L., **Lyons, K.,** & Shipley, G. (2016, November). *A Thief of Joy: Relational Aggression and Women in Leadership*. Presentation: Texas Counseling Association Professional Growth Conference. Dallas, TX.
- Casarez, L. L., Heron, A. B., & **Lyons, K. N.** (2016, October). Social Media, sexting, dangerous blogs! Students know what is there, do you? Presentation: CSOTTE Conference. San Marcos, TX.
- Casarez, L. L. & **Lyons, K. N.** (2016, October). *Bridging the gap through professional communication*. Presentation: Lone Star State School Counselor Association Leadership Conference. Frisco, TX. (accepted).
- Casarez, L. L., **Lyons, K. N.,** & Self, R. N. (2016, February). Practice Exams as Predictors of Success or Failure on State Certification Exam. Presentation: Southwest Educational Research Association. New Orleans, LA.
- Self, R. N., & **Lyons, K.N.** (2016, February). To Speak, or not to Speak: Female Secondary Administrators and Communication Gender Bias. Presentation: Southwest Educational Research Association. New Orleans, L.A.
- Casarez, L. L., Heron, A. B., & **Lyons, K. N.** (2016, January). Tweet! Ding! Chirp! The good, the bad, and the ugly of technology and self-harm/suicide. Presentation: Permian Basin Mental Health Conference. Midland, TX.
- Casarez, L. L., Heron, A. B., & **Lyons, K. N.** (2015, October). Tweet! Ding! Chirp! The good, the bad, and the ugly of technology and self-harm/suicide. Presentation: Three Rivers Counseling Association. San Angelo, TX.
- Casarez, L. L., Heron, A. B., & **Lyons, K. N.** (2015, October). *Frivolous or fabulous? Finding a balance for feedback*. Presentation: E-Learn 2015. Kona, HI.
- Casarez, L.L., Curtis, D., Hanby, M., Zamora, M., Heron, A., & **Lyons, K. N.** (2015, June). *PARTS: Prevention and Recognition of Troubled Students*. Workshop presentation: Region XV Service Center, San Angelo, Texas.

## Research Interests

### Professional Development and Enhancement

- Texas Tech University Counselor Education Professional Growth Conference. Lubbock, TX. (February 2019).
  - Creativity in Counseling. Dr. Samuel T. Gladding. 3 CEUs
  - Ethical Issues; Abuse; Texas Ethics and Legal Issues. 4 CEUs
- Best Practices in CBT for Suicide Prevention: Assessment, Safety Planning, and Treatment (September 7 & 8, 2018)
- Blackboard Exemplary Course Cohort Training (2018, March, April). Online
- Blackboard Exemplary Course Rubric Training (2018, February). San Angelo, Texas
- Online Teaching Strategies (2018, January). San Angelo, Texas
- Rubric Training (2017, December). San Angelo, Texas
- Creative Assignment Design Training (2017, November). San Angelo, Texas
- Southwest Education Research Association (2016, 2017, 2018, February). San Antonio, Texas, and New Orleans, Louisiana
- Scoring and Feedback Training (2017, October). San Angelo, Texas
- General Ethics Seminar – Dr. Johnny Burkhalter
  - San Angelo, TX, April 14, 2016
- Networking for Middle School and High School Counselors
  - Region XV, San Angelo, TX, February 18, 2016
- How to Fail Forward – Exploring a healthy and balanced process to succeed beyond failure with Steven Gates, LSW
  - San Angelo, TX, April 28, 2015
- Region XV Professional Development – San Angelo, TX
  - Counselor Networking, 2/18/16
  - Texas Assessment Training, 1/27/11
  - Student Grief and Loss, 1/13/11
  - Diverse Learners, 6/9/08
  - Self-Advocacy, 7/16/07
  - Claiming your Power, 6/29/07
  - Differentiation, 6/28/07
  - Co-teaching, 9/14/06
  - Drugs and Weapons, 6/15/06
  - Framework for Poverty, 6/13/06
  - 11<sup>th</sup> Grade Composition, 10/18/05
  - ROR with NCS Pearson, 10/17/05
  - Identification-GT, 6/15/05
  - BDT-20-HR Training, 5/16/05
  - GT Techniques, 2/7/05
  - PDAS New Teachers, 8/9/04

## **PROFESSIONAL AFFILIATIONS**

### **National Organizations**

- American Counseling Association – Member, 2018-Present
- American School Counselor Association – Member

### **Statewide and Regional Organizations**

- Texas Counseling Association – Member, 2016-Present
- Texas School Counseling Association – Member, 2016-Present
- Lone Star State School Counseling Association – Member
- Southwest Educational Research Association – Member, 2015-Present

### **Local Organizations**

- Three Rivers Association – Member, 2016-Present

## **LEADERSHIP/SERVICE**

### **Service to the Department of Curriculum & Instruction**

Member of the Instructional Initiatives Committee

- Reviewed adjunct faculty's CVs to determine SACSCOC qualifications
- Monitored RamPort for new adjunct applications
- Reviewed CVs for qualifications to determine which applicants were qualified for processing and potential hire
- Entered information of applicants approved to move forward into the working spreadsheet of candidates
- With the team, reviewed applicant CVs to determine which courses to recommend the adjunct for based on education, background, and experiences
- Monitored the departmental professional library request forum and placed orders when needed
- Maintained the SACS spreadsheet, listing courses taught each session, lead professors in each course, lead instructor in each course, adjuncts within each course, and the qualifications of each
- Collected data through various surveys to determine the professional development needs of the department
- Developed and coordinated a training calendar for full-time and adjunct faculty
- Organized Blackboard training for adjunct professional development
- Organized a Feedback training for adjunct professional development
- Presented to adjuncts and full-time faculty to promote collaboration and teamwork within each course unit of professor, instructor, and adjunct
- Hosted a CV training for adjunct employees
- Created a course meeting template agenda to ensure continuity across the department

Member of Community Relations Committee

Member of Counseling Program Specialization Team

### **Service to the Profession/Community**

- Fellowship of Christian Athletes, 2004-Present



- Assist with different meetings and help with the annual All-Star games and camps each summer
- San Angelo Independent School District, 2009-Present
  - Volunteer and assist coaches at different sporting events throughout the year
- Wall Independent School District, 2014-Present
  - Volunteer in the areas where I am needed

### **TECHNOLOGY SKILLS**

Microsoft Office, Excel, PowerPoint, Prezi, Blackboard, TaskStream, SPSS, Social Media, Padlet, Zoom, Google Docs

### **AWARDS/HONORS**

- Angelo State University
  - Nominee, Gary and Pat Rodgers Faculty Award, 2017
  - Wonderful Women of ASU, 2016
- Lake View High School Teacher of the Year, 2007-2008
  - Nominated by faculty and students
- San Angelo ISD Teacher of the Year nominee, 2007-2008
  - Nominated by faculty
- University of Texas Bernard Rapoport Rising Star Award, 2006-2007
  - Nominated by a fellow colleague at Lake View High School
  - Given to recognize promising, young educators by the University of Texas Exes Association