

# *Kristen Lyons, Ph.D., LSSP*

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Angelo State University

College of Education

Department of Curriculum and Instruction

Assistant Professor, Program Coordinator

[kristen.lyons@angelo.edu](mailto:kristen.lyons@angelo.edu), Office 190, 325-486-6777

## **EDUCATION**

### **Doctorate of Philosophy, Educational Psychology – Specialization in School Psychology**

- Texas Tech University, Lubbock, TX - 2015-2019
- Dissertation: Facilitating Young Children's Conceptual Knowledge of Mathematics through Physical Activity
- Advisor: Dr. Tara Stevens

### **Master of Education, Educational Psychology**

- Texas Tech University, Lubbock, TX – 2015-2017
- Advisor: Dr. Tara Stevens

### **Master of Education, Guidance & Counseling**

- Angelo State University, San Angelo, TX – 2010-2011
- Advisor: Dr. Mary McGlamery

### **Bachelor of Science, Kinesiology; Minor, English**

- Angelo State University, San Angelo, TX – 2000-2004

## **LICENSURE**

- Licensed Specialist in School Psychology, Texas State Board of Examiners of Psychologists – 2019-present

## **PROFESSIONAL CERTIFICATIONS**

- School Counselor: EC-12, Texas State Board for Educator Certification – 2011-present
- Secondary Physical Education: 8-12, Texas State Board for Educator Certification – 2004-present
- English Language Arts and Reading: 8-12, Texas State Board for Educator Certification – 2004-present
- Health: EC-12, Texas State Board for Educator Certification – 2004-present
- Mental Health First Aid USA Certification for Adults and Youth, National Council for Behavioral Health

## **PROFESSIONAL EXPERIENCE IN HIGHER EDUCATION**

### **Angelo State University, San Angelo, Texas**

- Program Coordinator, Department of Curriculum and Instruction
  - M.A. Mental Health and Wellness Counseling, 2020-Present
  - Online LPC Bridge, 2022-Present

- M.Ed. Guidance and Counseling Program, 2020-Present
  - Provides department chair: documentation of standards within program curriculum, suggestions for curriculum changes as needed, accreditation reports, and a recruitment and marketing plan.
- Assistant Professor, Department of Curriculum and Instruction, 2019-Present
  - Create/update course structure, course building, and any other requests from the program and department.
  - Conduct and evaluate student contact through email, announcements, feedback, scoring, and any other requirements for the online graduate classes.
  - Utilize blackboard system for all course requirements.
  - Utilize Turn It In and Taskstream for course requirements.
  - Guide and assist adjunct faculty through department procedures.
  - Graduate Courses Taught (online):
    - EDSC 6303 Human Growth and Development
    - EDSC 6301 Comprehensive School Counseling Program
    - EDG 6304 Research
    - EDG 6320 Individual Counseling
    - EDG 6321 Group Counseling
    - EDG 6322 Intro to School and Community Counseling
    - EDG 6323 Theories of Counseling
    - EDG 6324 Career and Occupational Counseling
    - EDG 6325 Practicum in Counseling
    - EDG 6327 Dysfunctional Behavior
    - EDG 6328 Professional Orientation
    - EDG 6332 Intro to Crisis, Trauma, and Mental Health Concerns
    - EDG 6334 Addictions Counseling
    - EDG 6335 Counseling Ethics
    - EDG 6336 Marriage and Family Counseling
    - EDG 6337 Psychopathology and Psychopharmacology
    - EDG 6396 Capstone in Mental Health and Wellness Counseling
  - Graduate Courses Developed (online):
    - EDSC 6301 Comprehensive School Counseling Programs
    - EDSC 6302 Techniques in School Counseling
    - EDG 6320 Individual Counseling
    - EDG 6321 Group Counseling
    - EDG 6328 Professional Orientation (co-wrote with Tamra Kelly)
    - EDG 6332 Intro to Crisis, Trauma, and Mental Health Concerns (co-wrote with Tamra Kelly)
    - EDG 6333 Assessment Techniques (co-wrote with Tamra Kelly, Kim Livengood, and Tami Tisdale)
    - EDG 6335 Counseling Ethics (co-wrote with Tamra Kelly)
    - EDG 6336 Marriage and Family Counseling (co-wrote with Tamra Kelly)
    - EDG 6337 Psychopathology and Psychopharmacology

- EDG 6350 Counseling Practicum 1 (co-wrote with Tamra Kelly)
    - EDG 6351 Counseling Practicum 2 (co-wrote with Tamra Kelly)
    - EDG 6396 Capstone in Mental Health and Wellness Counseling
  - Undergraduate Courses Developed (online):
    - EDAE 3310 Socio-Cultural Influences (co-wrote with Dr. Marva Solomon)
    - Mental Health Module for Pre-service Teachers
  - Undergraduate Courses Taught (online):
    - EDAE 3310 Socio-Cultural Influences
  - Undergraduate Courses Developed (face to face):
    - GS 1181 Perspective Check: Acknowledging Diverse Viewpoints
  - Undergraduate Courses Taught (face to face):
    - GS 1181 Perspective Check: Acknowledging Diverse Viewpoints
- Instructor, Department of Curriculum and Instruction, 2015-2019
  - Assist the lead professors with course structure, course building, and any other requests from the professors.
  - Create/update course structure, course building, and any other requests from the program and department.
  - Assist the lead professor with student contact through email, announcements, feedback, scoring, and any other requirements for the online graduate classes.
  - Utilize blackboard system for all course requirements.
  - Guide and assist adjunct faculty through department procedures.
  - Graduate Courses Taught (online):
    - EDG 6301 Social and Cultural Influences
    - EDG 6302 Test and Measurements in Education
    - EDG 6303 Lifespan
    - EDG 6304 Applied Research
    - EDG 6306 Curriculum & Methodology Trends
    - EDG 6310 Behavior Management
    - EDG 6313 Foundations of the Public School System
    - EDG 6320 Individual Counseling
    - EDG 6321 Group Counseling
    - EDG 6323 Theories of Counseling
    - EDG 6324 Career and Occupational Counseling
    - EDG 6325 Practicum in Counseling
    - EDG 6326 Education of Exceptional Children
    - EDG 6331 Role of the School Counselor
    - EDG 6363 Leadership
  - Graduate Courses Developed (online):
    - EDSC 6301 Comprehensive School Counseling Programs
    - EDSC 6303 Human Growth and Development (member of curriculum team)
    - EDG 6326 Education of Exceptional Children (co-wrote with Dr. Tasker and Dr. Livengood)
- Adjunct Faculty, Department of Curriculum and Instruction, 2014-2015

- Assist the professor with student contact through email, announcements, feedback, scoring, and any other requirements for the online graduate classes
- Graduate Courses Taught (online):
  - EDG 6304 Applied Research
  - EDG 6320 Individual Counseling
  - EDG 6321 Group Counseling
  - EDG 6323 Theories of Counseling
  - EDG 6325 Practicum in Counseling
  - EDG 6331 Role of the School Counselor
- University Supervisor, 2014
  - Instructed, observed, and guided 10 student teachers throughout their student teaching experience
- Adjunct Lecturer for the Department of Curriculum and Instruction, 2011-2013
  - Conducted observations of graduate students during their counseling practicum

### **PROFESSIONAL EXPERIENCE IN PUBLIC EDUCATION**

Worked with children, adolescents, and adults to assist with academic, social, psychological, cognitive, cultural, and emotional growth.

**Sonora Independent School District, Sonora, TX**

**Crane Independent School District, Crane, TX**

**Heart of Texas Educational Cooperative, Brady, TX, Central Texas Area**

**Reagan County Independent School District, Big Lake, TX**

**San Angelo Independent School District, San Angelo, TX**

**Copperas Cove Independent School District, Copperas Cove, TX**

**Texas Leadership Public Schools, San Angelo, TX**

**Small Schools Cooperative, West Texas Area**

**Responsive Education Solutions, West Texas Area**

- Licensed Specialist in School Psychology Supervisor, 2022-2023
- Independent Contractor as a Licensed Specialist in School Psychology, 2019-Present
  - Evaluate students for disabilities, conduct functional behavior assessments, develop behavior intervention plans, consult with families, teachers, and administrators to offer evidence-based recommendations, and offer counseling services to groups and individuals.
  - Enhance education of teachers and administrators of educational services for students with autism spectrum disorders and emotional/behavioral disorders.
  - Data-based decision making and accountability utilized in diversity development and learning, interventions, instructional support, research, program evaluation, preventative and response services, consultation and collaboration, mental health services to develop social and life skills, and family-school collaboration.
  - Evaluation:
    - Provide school psychological services to students (3-22 years old) receiving special education services.

- Developed behavior intervention plans and consulted with families, teachers, and administrators to improve social, emotional, behavioral, mental, and academic outcomes of students with disabilities.
- Consulted with students, families, teachers, and administrators to determine student specific educational plans and vocational choices.

### **San Angelo ISD, San Angelo, Texas**

- Licensed Specialist in School Psychology (LSSP) Internship, 2018-2019
  - School Year 2018-2019, 1500 hours
  - Evaluate students for disabilities, conduct functional behavior assessments, develop behavior intervention plans, consult with families, teachers, and administrators to offer evidence-based recommendations, and offer counseling services to groups and individuals.
  - Enhance education of teachers and administrators of educational services for students with autism spectrum disorders and emotional/behavioral disorders.
  - Data-based decision making and accountability utilized in diversity development and learning, interventions, instructional support, research, program evaluation, preventative and response services, consultation and collaboration, mental health services to develop social and life skills, and family-school collaboration.
  - Participated in continuous self-reflection and self-evaluation.
  - Counseling:
    - Provided individual and group counseling services to students of different age levels with educational disabilities across multiple campuses through the school psychology division of the special education department.
    - Counseling treatment plans consisted of the use of Cognitive Behavior Therapy (CBT) techniques
  - Evaluation:
    - Provide school psychological services to students (3-22 years old) receiving special education services.
    - Developed behavior intervention plans and consulted with families, teachers, and administrators to improve social, emotional, behavioral, mental, and academic outcomes of students with disabilities.
    - Consulted with students, families, teachers, and administrators to determine student specific educational plans and vocational choices.
- Licensed Specialist in School Psychology (LSSP) Practicums, 2017
  - Fall 2017, 200 hours

- Worked with LSSP supervisor to conduct interviews, observations, full individual evaluations, functional behavior assessments, behavior intervention plans, admission review and dismissal (ARD) meetings, counseling with students, staff developments for educators, and consultation plans.
    - Counseling treatment plans consisted of the use of Cognitive Behavior Therapy (CBT) techniques
    - Worked with LSSP supervisor to develop an intervention to positively impact a student's educational outcomes, and implement the intervention through consultation and monitoring.
    - Participated in continuous self-reflection and self-evaluation.
  - Summer 2017, 200 hours
    - Worked with LSSP supervisor to conduct interviews, observations, full individual evaluations, functional behavior assessments, behavior intervention plans, and admission review and dismissal (ARD) meetings.
    - Worked with specialized teachers in the Preschool Program for Children with Disabilities (PPCD) summer program and Extended School Year program.
    - Participated in continuous self-reflection and self-evaluation.
  - Spring 2017, 200 hours
    - Worked with district's 504 specialist to develop, implement, monitor, and modify interventions, conduct observations, evaluations, functional behavior assessments, behavior intervention plans, admission review and dismissal (ARD) meetings, and referrals to special education for students qualifying for 504 services.
    - Worked with university supervisor at the Cleft Palate Clinic at the University Medical Center Cleft Palate/Craniofacial Clinic – West Texas Craniofacial Center of Excellence
    - Participated in continuous self-reflection and self-evaluation.
  - Spring 2016, 200 hours
    - Worked with university supervisor to conduct interviews and observations, select and administer assessments, score and interpret measures, analyze and integrate results to make effective educational decisions, and understand LSSP roles
    - Participated in continuous self-reflection and self-evaluation.
- Part-time Tutor, 2009-2015
  - Assist teachers and students in the classroom
- Saturday Credit Recovery Assistant, 2009-2015
  - Assist in sending out failure reports, set up students in the APlus software, assist with administrative duties, assist students as needed throughout the program
- Credit Recovery Summer School Teacher, 2009-2015
  - Assist in sending out failure reports, set up students in the APlus software, assist with administrative duties, help set up summer school classrooms,

administer a summer school class to help students recover their credits from the previous year

- English Teacher, Lake View High School, 2005-2009
  - Taught 11<sup>th</sup> grade English, successful TAKS passing rates
- Coach, Lake View High School, 2005-2009
  - Coached JV volleyball for four years, JV softball for two years, and varsity girls powerlifting for two years, successful volleyball records, built a successful powerlifting program, 2<sup>nd</sup> at Regionals for two years, took girls to compete at the state level for two years
- English Teacher, Lincoln Middle School, 2004-2005
  - Taught 8<sup>th</sup> grade English and 8<sup>th</sup> grade TAKS remediation classes
- Coach, Lincoln Middle School, 2004-2005
  - Coached volleyball, basketball, and track

## RESEARCH AND CREATIVE WORKS

### *Peer-Reviewed Publications*

#### Books

Kelly, T.K., **Lyons, K.N.**, Bellamy, C.D., Pemberton, G., & Garvin, C. (2021). Working with groups: A group facilitation manual. National Center for Training Support, & Technical Assistance. (in progress)

#### Published Proceedings

Carruth, L. & **Lyons, K** (2024). Using children's literature to grow social and emotional skills. In *Texas Association for Literacy Education Yearbook*. Texas Association for Literacy Education (TALE).

Cisneroz, A., **Lyons, K.** & Livengood, K. (2022). Engagement in the online classroom: Perspective from over 20 years in online education. In *Proceedings of EdMedia + Innovate Learning*. Online, New York: Association for the Advancement of Computing in Education (AACE).

**Lyons, K.** & Livengood, K. (2020). Closing the distance on distance learning. In *Proceedings of EdMedia + Innovate Learning* (pp. 1141-1146). Online, The Netherlands: Association for the Advancement of Computing in Education (AACE). Retrieved June 28, 2020 from <https://www.learntechlib.org/primary/p/217440/>.

Cisneroz, A.M., **Lyons, K.N.**, & Schoen, H.M. (2020, February). *Understanding the motivation of current educators who pursue and complete a doctoral degree in education*. Presentation. Paper presented at Southwest Educational Research Association. Arlington, TX.

**Lyons, K. N.** & Cisneroz, A. M. (2018, February). *Facilitating children's conceptual knowledge of mathematics through physical activity*. Presentation. Paper presented at Southwest Educational Research Association. New Orleans, LA.

**Lyons, K., Self, R., & Shipley, G.** (2017, February). *Analyzing predictors of academic success in online masters programs*. Presentation: Southwest Educational Research Association Conference. San Antonio, TX.

Casarez, L. L., **Lyons, K. N., & Self, R. N.** (2016, February). *Practice exams as predictors of success or failure on state certification exam*. Presentation: Southwest Educational Research Association. New Orleans, LA.

Self, R. N., & **Lyons, K.N.** (2016, February). *To speak, or not to speak: Female secondary administrators and communication gender bias*. Presentation: Southwest Educational Research Association. New Orleans, L.A.

### ***Peer-Reviewed Presentations*** **Conference Presentations**

Carruth, L., & **Lyons, K. N.** (2024, March). *Social and emotional building blocks for preschool teachers*. Presentation: Texas Association of Literacy Educators Conference. Presentation: Waco, TX.

Kelly, T., **Lyons, K., & Tisdale, T.** (2024, February). *Postdoc blues: Exploring individual experiences related to mental health and self-identity through and beyond the doctoral process*. Round Table: Texas Association of Counselor Educators and Supervisors (TACES) Midwinter Conference. Presentation: Georgetown, TX.

Cisneroz, A., **Lyons, K.** & Livengood, K. (2024, February). *Multimedia as a tool for engagement and assessment*. Presentation: 16<sup>th</sup> annual Transforming the Teaching & Learning Environment Virtual Conference. Virtual.

Dickison, B., Kelly, T.K. & **Lyons, K. N.** (2023, November). *Power in partnerships: Cultivating sustainable alliances across mental health professions*. Presentation: Permian Basin Mental Health Conference. Presentation: Midland, TX.

Engle, J., **Lyons, K.** & Livengood, K. (2023, November). *Enhancing student engagement with a collaborative culture*. Presentation: Association for Distance Education and Independent Learning (ADEIL) Webinar Series. Virtual.

Livengood, K., **Lyons, K., & Tasker, T.** (2023, October). *Creating caring connections: Humanizing and personalizing learning for students through meaningful feedback*. Presentation: CSOTTE Conference. San Marcos, TX.

Cisneroz, A., **Lyons, K.** & Livengood, K. (2023, April). *Multimedia as a tool for engagement and assessment*. Presentation: Online Learning Consortium OLC Innovate: Education Reimagined 2023 Association for Distance Education and Independent Learning. Virtual.

- Kelly, T.K. & **Lyons, K. N.** (2022, November). *A counselor's nightmare: Combating fears by reviewing ethical situations through a lens of positive ethics*. Presentation: Permian Basin Mental Health Conference. Presentation: Midland, TX.
- Hansen, K., Kelly, T., & **Lyons, K.** (2022, October). *Enhancing engagement through effective online teaching practices*. Presentation: Association for Distance Education and Independent Learning (ADEIL). Virtual.
- Cisneroz, A., **Lyons, K.** & Livengood, K. (2022, October). *Balancing consistency and engagement in an online environment*. Presentation: Association for Distance Education and Independent Learning (ADEIL). Virtual.
- Carruth, L. & **Lyons, K.N.** (2022, July). *Using children's literature to grow social and emotional skills*. Academy for Teachers of Young Children Conference: Region IX Education Service Center, San Angelo, TX.
- Lyons, K.,** & Livengood, K. (2022, April). *Creating community for connections*. Presentation: Texas Distance Learning Association Conference. Virtual
- Kelly, T.K. & **Lyons, K. N.** (2022, January). *The weight of words: Knowing what to say, how to say it, and when to say nothing at all*. Presentation: Permian Basin Mental Health Conference. Presentation: Midland, TX.
- Kelly, T.K. & **Lyons, K. N.** (2021, November). *Building resilience in mental health professionals: Drawing the line with boundaries*. Presentation: Texas Counseling Association Professional Growth Conference. Galveston, TX.
- Lyons, K.** & Livengood, K. (2021, October). *Celebrating the Diversity of the Online Learner*. Presentation: Association for Distance Education and Independent Learning (ADEIL). Virtual.
- Lyons, K. N.,** & Lyons, B.W. (2021, April). *Building resiliency through boundaries*. Presentation: Permian Basin Mental Health Conference. Presentation: Midland, TX.
- Lyons, K.** & Livengood, K. (2020, October). *United through video: Enhancing student experiences*. Presentation: Association for Distance Education and Independent Learning (ADEIL). Virtual.
- Hansen, K., **Lyons, K.,** & Shipley, G. (2019, March). *Building digital bridges: Supporting learners experiencing food insecurity*. Presentation: Texas Distance Learning Association Conference. Galveston, TX.
- Hansen, K., **Lyons, K.,** & Shipley, G. (2019, February). *#CampusConvivencia: Addressing the social justice issue of food insecurity on college campuses*. Innovative Session / Panel Presentation: Southwest Educational Research Association Conference. San Antonio, TX.

- Casarez, L. L., **Lyons, K. N.**, & Carlisle, S. O. (2019, January). *Testing anxiety: Causes, symptoms, and strategies*. Presentation: Permian Basin Mental Health Conference. Presentation: Midland, TX.
- Atwood, A., Carlisle, S. O., Casarez, L. L., Heron, A.B., & **Lyons, K. N.** (2018, November). *Keeping it cool: Navigating difficult conversations in the school counseling setting*. Presentation: Texas Counselor Association Professional Growth Conference. Dallas, TX.
- Lyons, K. N.**, Atwood, A., Carlisle, S. O., Casarez, L. L., & Heron, A.B. (2018, November). *Stir it up! Use of technology in suicide prevention*. Presentation: Texas Counselor Association Professional Growth Conference. Dallas, TX.
- Casarez, L. L., Gandar, R., Hardegree, A., **Lyons, K. N.**, & O'Briant, M. (2018, November). *Trauma-informed and grief-informed schools*. Presentation: Texas Counselor Association Professional Growth Conference. Dallas, TX.
- Shiple, R. B., **Lyons, K. N.**, & Casarez, L. L. (2018, November). *Food insecurity on college campuses: Collateral damage of a societal crisis*. Presentation: Texas Counselor Association Professional Growth Conference. Dallas, TX.
- Atwood, A., Casarez, L. L., Heron, A. B., & **Lyons, K. N.** (2018, October). *Suicide prevention in a virtual world*. Presentation: Consortium of State Organizations for Texas Teacher Education. San Antonio, TX.
- Casarez, L. L., Carlisle, S. O., & **Lyons, K. N.** (2018, September). *Make it count: Tips, tricks, and tidbits for elementary counselors*. Presentation: Region 15. San Angelo, TX.
- Self, R. N., & **Lyons, K. N.** (2018, September). *Current brain research relating to ECE and care*. Presentation: San Angelo Child Care Conference. San Angelo, TX.
- Eaton, P., **Lyons, K.**, Montelongo, R., & Shiple, G. (2018, February). *Online learning: Can it truly be rigorous and transformational?* Innovative Session / Panel Presentation: Southwest Educational Research Association Conference. New Orleans, LA.
- Lyons, K.**, & Shiple, G. (2018, February). *Assessment in exemplary course program rubrics*. Presentations: Angelo State University, San Angelo, TX.
- Casarez, L. L., Heron, A. B., **Lyons, K. N.**, & Carlisle, S. O. (2017, November). *Bridging the gap through professional communication*. Presentation: Texas Counseling Association Professional Growth Conference. Galveston, TX.
- Casarez, L. L., Heron, A. B., **Lyons, K. N.**, & Carlisle, S. O. (2017, November). *Combating compassion fatigue and educator stress*. Presentation: Texas Counseling Association Professional Growth Conference. Galveston, TX.

- Casarez, L.L., Heron, A.B., **Lyons, K. N.**, & Carlisle, S.O. (2017, November). *Bridging the gap: Easing the communication overload*. Presentation: TCA Conference. Galveston, TX.
- Atwood, A., Carlisle, S. O., Casarez, L. L., Heron, A.B., & **Lyons, K. N.** (2017, October). *Be a leader: Combating compassion fatigue and educator stress*. Presentation: Consortium of State Organizations for Texas Teacher Education. Corpus Christi, TX.
- Casarez, L., **Lyons, K.**, & Shipley, G. (2017, March). *Going up and adding on: 10 tips for accessibility*. Presentation: Texas Distance Learning Association Conference. Galveston, TX.
- Casarez, L. L., **Lyons, K. N.**, & Shipley, R. B. (2017, January). *Working for the weekend? Wellness dimensions for every day*. Presentation: Texas School Counselor Association. Arlington, TX.
- Casarez, L., **Lyons, K.**, & Shipley, G. (2017, January). *Working for the weekend? Wellness dimensions for every day*. Presentation: Permian Basin Mental Health Conference. Midland, TX.
- Casarez, L., **Lyons, K.**, & Shipley, G. (2016, November). *A thief of joy: Relational aggression and women in leadership*. Presentation: Texas Counseling Association Professional Growth Conference. Dallas, TX.
- Casarez, L. L., Heron, A. B., & **Lyons, K. N.** (2016, October). *Social media, sexting, dangerous blogs! Students know what is there, do you?* Presentation: CSOTTE Conference. San Marcos, TX.
- Casarez, L. L. & **Lyons, K. N.** (2016, October). *Bridging the gap through professional communication*. Presentation: Lone Star State School Counselor Association Leadership Conference. Frisco, TX.
- Casarez, L. L., Heron, A. B., & **Lyons, K. N.** (2016, January). *Tweet! Ding! Chirp! The good, the bad, and the ugly of technology and self-harm/suicide*. Presentation: Permian Basin Mental Health Conference. Midland, TX.
- Casarez, L. L., Heron, A. B., & **Lyons, K. N.** (2015, October). *Tweet! Ding! Chirp! The good, the bad, and the ugly of technology and self-harm/suicide*. Presentation: Three Rivers Counseling Association. San Angelo, TX.
- Casarez, L. L., Heron, A. B., & **Lyons, K. N.** (2015, October). *Frivolous or fabulous? Finding a balance for feedback*. Presentation: E-Learn 2015. Kona, HI.
- Casarez, L.L., Curtis, D., Hanby, M., Zamora, M., Heron, A., & **Lyons, K. N.** (2015, June). *PARTS: Prevention and recognition of troubled students*. Workshop presentation: Region XV Service Center, San Angelo, Texas.

## **Invited Presentations**

**Lyons, K.** (2023, October). *Helpful tips for improved behavior outcomes*. Angelo State Rams Residents. San Angelo, TX.

Kelly, T.K., & **Lyons, K.** (2023, April). *Prioritizing self-care: The journey to mental wellness*. Angelo State Engineering Scholars (ASES), San Angelo, TX.

Hansen, K., & **Lyons, K.** (2022, November). *A Recipe for success - Using the blackboard exemplary course rubric for evaluating courses*. Presentation: Angelo State University BbX: Blackboard Excellence in Teaching and Learning Conference. San Angelo, TX.

Kelly, T.K., & **Lyons, K.** (2022, April). *Building resilience through boundaries*. SEED Workshop-Resilience and Wellness, San Angelo, TX.

Cisneroz, A. M. & **Lyons, K. N.** (2018, November). *Reality event: Career fair*. Presentation: Christoval ISD. Christoval, TX.

## **Grant Activity**

### **Funded Grant Proposals**

Angelo State University Faculty Research Enhancement Program (FREPP) Grant- Social and Emotional Building Blocks for Preschool Teachers, \$12,137 (Co-authored with Leah Carruth)

### **Submitted Grant Proposals**

## **Collaborative Research**

### **Panel/Session Participation**

Curtis, D., Dunagan, C., Hickey, G., Hutchison, B., Kelly, T.K., & **Lyons, K.** (2021, August). *Panel discussion: Building resilience through boundaries and effective strategies*. SEED Workshop-Resilience and Wellness, San Angelo, TX.

Delgado, M., Honea, J., **Lyons, K.**, Wagnon, M., & Walters, S. (2019, January). *Tech-Smart family seminar*. Southland Baptist Church, San Angelo, TX.

## **Other Scholarly Contributions**

### **Journal Reviews**

- Rural Special Education Quarterly – 2023-Present

## **Research Interests**

Physical activity and cognitive stimulation

Instructor presence

Mental health

Food insecurity

Online learning

Trauma

## **PROFESSIONAL SERVICE**

### **Service to the University**

Program Coordinator, Department of Curriculum and Instruction  
M.A. Mental Health and Wellness Counseling, 2020-Present  
Online LPC Bridge, 2022-Present  
M.Ed. Guidance and Counseling Program, 2020-Present

Commencement Ceremonies, College of Education Faculty Marshal – December 2019

Member of the International Education Committee – 2021-2022

- To plan, recommend, supervise, and evaluate: (1) summer programs in international studies; (2) faculty and student exchange programs with overseas institutions; (3) other international educational experiences for Angelo State University students and faculty, and (4) to advise the Center for International Studies in matters pertaining to international education.

Member of the Faculty Athletic Advisory Council – August 2021-present

- This council spans the campus and includes almost all areas that impact our student athletes. We discuss any issues impacting athletics and faculty and serve as a tool for James Reid to use in guiding the athletic program.

Member of the Graduate Advisory Committee – August 2020-present

- College of Graduate Studies and Research representative
  - Ashley McGinnis, Animal Science-thesis, April 2021
  - Peter LaPiana, Global Security Studies-non-thesis, March 2022
  - Michael Prunty, Intelligence and Analysis, non-thesis, June 2023

Member of the Graduate Research Committee – October 2022-present

Member of the Outstanding Graduate Student Committee – 2023-present

Member of the Presidential Award and Distinguished Student Committee – 2024-present

Member of the University Center Board – 2022-2023

### **Service to the College of Education**

Member of the College of Education Curriculum Committee – October 2021-present

### **Service to the Department of Curriculum & Instruction**

Grade Grievance Ad Hoc Committee – 2023

Chair of Tenure Faculty Search Committee – April 2024-August 2024

Member of Tenure Faculty Search Committee – August 2022-August 2023

Member of Adjunct Search Committee – April 2021

Member of Tenure and Promotion Committee – Spring 2021

Member of Field Experience Initiative Committee - 2019

Member of the Adjunct Qualifications Committee – 2017-2019

- Review adjunct faculty's CVs to determine SACSCOC qualifications

- With the team, review applicant CVs to determine which courses to recommend the adjunct for based on education, background, and experiences

Member of the Instructional Initiatives Committee – 2016-2017

- Review adjunct faculty's CVs to determine SACSCOC qualifications
- Monitor RamPort for new adjunct applications
- Review CVs for qualifications to determine which applicants were qualified for processing and potential hire
- Enter information of applicants approved to move forward into the working spreadsheet of candidates
- With the team, review applicant CVs to determine which courses to recommend the adjunct for based on education, background, and experiences
- Monitor the departmental professional library request forum and placed orders when needed
- Maintain the SACS spreadsheet, listing courses taught each session, lead professors in each course, lead instructor in each course, adjuncts within each course, and the qualifications of each
- Collect data through various surveys to determine the professional development needs of the department
- Develop and coordinated a training calendar for full-time and adjunct faculty
- Organize Blackboard training for adjunct professional development
- Organize a Feedback training for adjunct professional development
- Present to adjuncts and full-time faculty to promote collaboration and teamwork within each course unit of professor, instructor, and adjunct
- Host a CV training for adjunct employees
- Create a course meeting template agenda to ensure continuity across the department

Member of Counseling Program Specialization Team – 2016-2018

- Review and update counseling course content
- Collaborate with faculty to ensure program quality
- Evaluate adjunct faculty performance

Member of Community Relations Committee – 2016-2017

- Communication initiatives with local schools
- Homecoming involvement
- Doctoral Support Meetings
- Award Nominations

**Service to the Profession/Community**

- **Lyons, K.N.** (2024, June). Building resiliency through boundaries. Invited Presentation: Angelo State University Ed.D. in Transformative Leadership. San Angelo, TX
- **Lyons, K.N.** (2024, April). Building resiliency through boundaries. Invited Presentation: Angelo State University Ram Residents. San Angelo, TX
- **Lyons, K.N.** (2023, October). Helpful tips for improved behavior outcome. Invited Presentation: Angelo State University Ram Residents. San Angelo, TX

- Battistini, A., Dickmeyer, L., Hoover, A., **Lyons, K.N.**, & Randall, G. (2023, October). Master teacher series. Invited Presentation: Angelo State University Faculty Learning Commons. San Angelo, TX
- Cisneroz, A., Engle, J., & **Lyons, K.** (2023, October). Our story. Invited Presentation: Rams PACE. San Angelo, TX
- Kelly, T. & **Lyons, K.** (2023, May). Career Day. Invited Presentation: Belaire Elementary. San Angelo, TX
- **Lyons, K.N.** & Lyons, B.W. (2023, April). How to prepare for a coaching position interview. Zoom Coaching Mock Job Interview for student in KIN 3321 Essentials of Coaching: Angelo State University. San Angelo, TX.
- Mentor: Texas Research Institute for Young Scholars (TRIYS) for Ethan (2023, March). The effects of gaming on the brain for kids.
- **Lyons, K.N.**, & Cisneroz, A. (2023, January). Coaching for critical thinking: Strategies for success. Invited Presentation: Goodfellow AFB. San Angelo, TX
- **Lyons, K.N.** & Lyons, B.W. (2022, November). How to prepare for a coaching position interview. Zoom Coaching Mock Job Interview for student in KIN 3321 Essentials of Coaching: Angelo State University. San Angelo, TX.
- Kelly, T. & **Lyons, K.** (2022, November). Counselor networking session: Online LPC Bridge. Invited Presentation: Region 15 Education Service Center. San Angelo, TX
- Bailey, D., Carruth, L., Haque, S., **Lyons, K.N.**, & Randall, G. (2022, October). Master teacher series. Invited Presentation: Angelo State University Faculty Learning Commons. San Angelo, TX
- **Lyons, K.N.**, & Kelly, T.K. (2022, September). Student Success Coaches and Mental Health. Invited Presentation: Goodfellow AFB. San Angelo, TX
- **Lyons, K.** & Livengood, K. (2022, August). Tutoring: From start to finish. Freshman College New Student Employee Training. Angelo State University. San Angelo, TX
- **Lyons, K.N.**, & Cisneroz, A. (2022, July). Coaching for critical thinking: Strategies for success. Invited Presentation: Goodfellow AFB. San Angelo, TX
- Kelly, T. & **Lyons, K.** (2022, April). Thinking outside the box: Informal assessment and instructional practices in online learning. College of Education Food 4 Thought. San Angelo, TX.
- **Lyons, K.N.**, Tasker, T.J., & Cisneroz, A. (2022, February). Coaching for critical thinking: Strategies for success. Invited Presentation: Goodfellow AFB. San Angelo, TX
- **Lyons, K.N.** & Tasker, T.J. (2021, September). Coaching for critical thinking: Strategies for success. Invited Presentation: Goodfellow AFB. San Angelo, TX
- Kelly, T.K. & **Lyons, K. N.** (2021, August). *Building resiliency through boundaries*. Presentation: College of Education at Angelo State University.
- **Lyons, K.** & Livengood, K. (2021, August). Tutoring: From start to finish. Freshman College New Student Employee Training. Angelo State University. San Angelo, TX.
- **Lyons, K.N.** & Lyons, B.W. (2021, April). How to prepare for a coaching position interview. Zoom Coaching Mock Job Interview for student in KIN 3321 Essentials of Coaching: Angelo State University. San Angelo, TX.

- **Lyons, K.** & Shipley, G. (2021, March). Common mental health concerns & basic needs insecurity in college. Big Brothers Big Sisters Mentor 3.0. Invited Presentation: New Mexico program, San Angelo, TX.
- **Lyons, K.N.** & Lyons, B.W. (2020, October). How to prepare for a coaching position interview. Zoom Coaching Mock Job Interview for student in KIN 3321 Essentials of Coaching: Angelo State University. San Angelo, TX.
- **Lyons, K.N.** (2020, October). How can a psychology degree apply to the field of education? Experiences from the field. Interview for PSY 2110 Applying your Degree: Angelo State University. San Angelo, TX
- **Lyons, K.** (2020-2021). *Investigating instructor presence through videos in online educational environments*. Presentation: Escala Populi Course Website.
- **Lyons, K.N.** & Lyons, B.W. (2020, June). How to prepare for a coaching position interview. Zoom Coaching Mock Job Interview for student in KIN 3321 Essentials of Coaching: Angelo State University. San Angelo, TX.
- **Lyons, K.N.** & Lyons, B.W. (2020, June). What to expect in your first year of teaching. Zoom Coaching Mock Job Interview for student in KIN 3321 Essentials of Coaching: Angelo State University. San Angelo, TX.
- **Lyons, K.N.** (2020, April). The educator's influence on youth development from the coach and teacher perspective. Zoom Interview for KIN 3321 Essentials of Coaching and KIN 3301 Youth Development in Context: Angelo State University. San Angelo, TX
- **Lyons, K.N.** & Tasker, T.J. (2020, February). Building SUCCESS: Strategies for learning new material. Invited Presentation: Goodfellow AFB. San Angelo, TX
- **Lyons, K.N.** & Tasker, T.J. (2019, October). Building SUCCESS: Strategies for learning new material. Invited Presentation: Goodfellow AFB. San Angelo, TX.
- Casarez, L. L., Kelly, T. B., & **Lyons, K. N.** (2019, October). New teacher academy: Self-care and wellness. Invited Presentation: Ballinger ISD. Ballinger, TX
- Immanuel Baptist Church, 2020-present
  - Lead women's bible study on Wednesday nights
  - Lead recreation activities for Wednesday night KidzLife for K-5 children
  - Lead whole group lessons on Wednesday and Sunday for K-5 children
- Fellowship of Christian Athletes, 2004-2019
  - Assist with different meetings and help with the annual All-Star games and camps each summer
- San Angelo Independent School District, 2009-Present
  - Volunteer and assist coaches at different sporting events throughout the year
- Wall Independent School District, 2014-Present
  - Speaker at Career Day
  - Volunteer in the areas where I am needed
  - Club Volleyball tryout judge for elementary, middle school, and high school teams.

## **AWARDS/HONORS**

- President's Award for Faculty Excellence in Research Nominee, 2024
- Nominee, Gary and Pat Rodgers Faculty Award, 2023

- President's Award for Faculty Excellence in Teaching Semifinalist, 2023
- Blackboard Exemplary Course (Group Counseling), 2023
- Blackboard Exemplary Course (Intro to Crisis, Trauma, and Mental Health Concerns), 2023
- President's Award for Faculty Excellence in Teaching Semifinalist, 2022
- Blackboard Exemplary Course (Individual Counseling), 2022
- Nominee: American Association for Teaching & Curriculum (AATC) John Laska Dissertation Award for Curriculum, 2019
- Angelo State University
  - Nominee, Gary and Pat Rodgers Faculty Award, 2017
  - Wonderful Women of ASU, 2016
- Lake View High School Teacher of the Year, 2007-2008
  - Nominated by faculty and students
- San Angelo ISD Teacher of the Year nominee, 2007-2008
  - Nominated by faculty
- University of Texas Bernard Rapoport Rising Star Award, 2006-2007
  - Nominated by a fellow colleague at Lake View High School
  - Given to recognize promising, young educators by the University of Texas Exes Association

### **Professional Development and Enhancement**

- CDLI, Online Foundational Practices Training, April 2024
- 2024 TACES Mid-Winter Conference: Texas Association for Counselor Education and Supervision. (Feb. 22-23, 2024).
  - Does Your Wagon have a Wonky Wheel? Navigating Admissions with Multicultural Social Justice Advocacy (CEU 1)
  - Keynote: Texas State Board of Examiners of Professional Counselors (CEU Ethics 1)
  - Integrating Cultural Humility Training Among Counselors Working with Law Enforcement Officers (Diversity 1)
  - Generation Z: Preparing for the New Wave of Counselors (CEU 1)
  - Keynote: Texas State Board of Examiners of Professional Counselors (CEU Ethics 1)
  - Juggling Many Roles in Academia: Advocating My Needs in Higher Education (CEU 1)
  - Promoting Student Wellness within Online Counseling Programs (CEU 1)
  - Post-doc Blues: Exploring Individual Experiences related to Mental Health and Self-Identity Through and Beyond the Doctoral Process (CEU 1)
- MIGDAS-2 Training, (Oct. 17, 2023).
- 2023 West Texas Symposium-Licensed Specialist in School Psychology and Mental Health Workshop, (Sept. 29, 2023).
- Jim Walsh Legal Update. ESC 15. (CE 6). (September 25, 2023).

- Vroom Vroom! Comprehensive Autism Evaluations Using the CARS-2, Region 5, Diversity Training (Sept.14, 2023)
- 2<sup>nd</sup> Annual Little Changes = Big Results. Region 15. (June 27 & 28, 2023).
- LSSP Assessment Workday – Learning, Collaborating and Networking. Region 15. (April 19, 2023).
- Overview of Mental Illness. River Crest Hospital. (CE 2). (March 29, 2023).
- 2023 TACES Mid-Winter Conference: Texas Association for Counselor Education and Supervision. (March 2-3, 2023).
  - Specs-Based Grading in Counselor Education (CEU 1)
  - Multiculturally Focused Supervision: Ethical Issues, Concerns, And Implications (CEU Diversity 1)
  - Keynote: Texas State Board of Examiners of Professional Counselors (CEU Ethics 1)
  - I'm Not Good Enough: Increasing Unconditional Positive Self-Regard (UPSR) In Students Through Humanistic Pedagogy (CEU 1)
  - Distance Education with Rigor in Counseling Education (CEU 1)
  - Implementing Creative Strategies to Enhance Knowledge Of Identity, Practice, And Theory (CEU 1)
- Rams Connect: ASU's new Quality Enhancement Plan (QEP) (March 1, 2023).
- Food for Thought: World Business Forum, (January 25, 2023).
- LSSP Cohort meeting, (January 20, 2023).
- First Annual West Texas Licensed Specialist in School Psychology and Mental Health Workshop, (December 2, 2022).
- Ocaliconline 2022 (November 15-18, 2022)
- Bias and Cultural Competence: Session 2 (August 19, 2022).
- Culture and Diversity: Session 1 (August 1, 2022).
- Understanding the New ADHD Guidelines: A Parent's Guide to the Latest Standards for Diagnosing and Treating Children. ADDitude. (February 8, 2022).
- Human Trafficking - Understand the Provider's Role. River Crest CE Event. (CE 2.75). (January 20, 2022).
- Sexual Abuse Awareness Training. Ministry Safe. (CE 2). (December 28, 2021).
- Lunch & Learn: Autism Resources. Texas Statewide Leadership for Autism Training (TSLAT). ESC 15. (CE 1). (December 3, 2021).
- Jim Walsh Legal Update. ESC 15. (CE 6). (September 20, 2021).
- The Clinician's Suicide Prevention Summit: Treatment Strategies to Inspire Hope and Save Lives. PESI and Psychotherapy Network. (CE 11). (September 9-10, 2021).
- Reveal Their Story: How the MIGDAS-2 Process Individualizes Autism Assessments. WPS Webinar. (90 minutes). (April 29, 2021).
- Abuse, Neglect, and Exploitation. River Crest Hospital. (CE 1.5). (April 15, 2021).

- 30 on Thursday-Non-suicidal self-injury (NSSI). Region 15 ESC (CE 1). (April 1, 2021).
- Mental Health in the Classroom: Behavioral Strategies for MS&HS Students. (CE 6). (March 31, 2021).
- 30 on Thursday-Mental Health. Region 15 ESC (CE 1). (March, 4, 2021).
- CALEM 2021-The Insights EDU Conference. (March 2-3, 2021).
- SEL Competencies from Equity Lens: Implications-Ethical SEL Assessment & Interventions. (CE 6.0). (Feb. 11, 2021).
- Healing Child Suicide Threats Through Family Solutions. (Feb. 10, 2021)
- Sexual Abuse Awareness Training. (Feb. 4, 2021).
- Child Abuse and Neglect. (CE 2.0) (June 9, 2020).
- TBRI 101: A Self-Guided Course in Trust-Based Relationships. (In progress)
- Suicide Prevention, Intervention, and Postvention during COVID-19: What School-Based Staff Need to Know. (May 12, 2020).
- Hooked on a Feeling. River Crest Hospital. (May 7, 2020).
- TBRI & Trauma Informed Classrooms, Karyn Purvis Institute of Child Development, Texas Christian University. (May 14, 2020)
- SOAR to Health and Wellness. Texas Human Trafficking Prevention Training. (April 29, 2020).
- Kaltura Training for Faculty. (April 29, 2020).
- Unlocking Emotional Blockades: Neuroscience-Based Tools to Optimize Self-Regulation and Joyful Learning. (April 30, 2020).
- Supporting Students Mental Health...from a Distance. (April 24, 2020).
- Ethical Considerations for Virtual School Counseling. (April 3, 2020).
- Steering Ourselves and Our Clients Through New & Developing Traumas. Bessel van der Kolk. (April 2, 2020).
- Telehealth for Mental Health Professionals: 2-Day Distance Therapy Training
- Concho Valley Suicide Prevention Coalition. (December 10, 2019).
- School Threat Assessment Workshop. (November 12, 2019).
- Functional Behavior Assessment Training. (November 4, 2019).
- Connecting Community Symposium. (October 24-25, 2019).
- Human Trafficking Awareness. (October 10, 2019).
- Supporting Students on the Autism Spectrum. (September 26, 2019).
- Foster Care & Student Success: Concho Valley Foster Care Consortium. (September 23, 2019).
- Jim Walsh "Law Dawg" Training. (September 16, 2019).
- BbX Blackboard Excellence in Teaching and Learning Conference. (August 20, 2019).
- Escala Institute for Angelo State University Certificate of College Teaching & Learning in Hispanic Serving Institutes. (August 12-14, 2019).
- Hill Country Summer Institute. (June 10-11, 2019).

- Understanding & Meeting the Needs of a Culturally Diverse Student Population. Dr. Leann Smith. 3.0 CEUs
- Legal Update for Evaluation Personnel: 2019. Jim Walsh. 3.0 CEUs
- Best Practices: Counseling Toolkit for the School-Based Counselor. Brad Mason. 3.0 CEUs
- Special Education Counseling Challenges-Engaging Resistant Kids. Brad Mason. 3.0 CEUs
- An Overview of the Signs of Suicide (SOS) program. (April 3, 2019).
- What We Say and How We Say It Matter: Teacher Talk that Improves Student Learning and Behavior. (March 26, 2019).
- Texas Tech University Counselor Education Professional Growth Conference. Lubbock, TX. (February 2019).
  - Creativity in Counseling. Dr. Samuel T. Gladding. 3 CEUs
  - Ethical Issues; Abuse; Texas Ethics and Legal Issues. 4 CEUs
- Problem Behavior: An Emotional Regulation Relationship-Based Approach. (February 21, 2019).
- Permian Basin Mental Health Conference. (January 2019).
  - iGen: Understanding the smartphone generation and their mental health. Dr. Jean Twenge
  - Fighting your worry bully: Effectively using Cognitive Behavioral Therapy with children and adolescents. Dr. Gabrielle Avery-Peck
  - Creating a space for change: a solution-focused approach for working with anxiety. Dr. Olivia Wedel
- Best Practices in CBT for Suicide Prevention: Assessment, Safety Planning, and Treatment (September 7 & 8, 2018)
- Blackboard Exemplary Course Cohort Training (2018, March, April). Online
- Blackboard Exemplary Course Rubric Training (2018, February). San Angelo, Texas
- Online Teaching Strategies (2018, January). San Angelo, Texas
- Rubric Training (2017, December). San Angelo, Texas
- Creative Assignment Design Training (2017, November). San Angelo, Texas
- Bringing It Back to the Brain, Jeff Noble FASD Training (2017, October) Lubbock, Texas
- Southwest Education Research Association (2016, 2017, 2018, February). San Antonio, Texas, and New Orleans, Louisiana
- Scoring and Feedback Training (2017, October). San Angelo, Texas
- General Ethics Seminar – Dr. Johnny Burkhalter
  - San Angelo, TX, April 14, 2016
- Networking for Middle School and High School Counselors
  - Region XV, San Angelo, TX, February 18, 2016
- How to Fail Forward – Exploring a healthy and balanced process to succeed beyond failure with Steven Gates, LSW
  - San Angelo, TX, April 28, 2015
- Region XV Professional Development – San Angelo, TX

- Counselor Networking, 2/18/16
- Texas Assessment Training, 1/27/11
- Student Grief and Loss, 1/13/11
- Diverse Learners, 6/9/08
- Self-Advocacy, 7/16/07
- Claiming your Power, 6/29/07
- Differentiation, 6/28/07
- Co-teaching, 9/14/06
- Drugs and Weapons, 6/15/06
- Framework for Poverty, 6/13/06
- 11<sup>th</sup> Grade Composition, 10/18/05
- ROR with NCS Pearson, 10/17/05
- Identification-GT, 6/15/05
- BDT-20-HR Training, 5/16/05
- GT Techniques, 2/7/05
- PDAS New Teachers, 8/9/04

## **PROFESSIONAL AFFILIATIONS**

### **National Organizations**

- American Counseling Association – Member, 2018-Present
- American School Counselor Association – Member
- American Psychological Association – Member, 2022-Present

### **Statewide and Regional Organizations**

- Texas Counseling Association – Member, 2016-Present
- Texas Association of Counselor Educators and Supervision – 2022-Present
- Texas School Counseling Association – Member, 2016-Present
- Lone Star State School Counseling Association – Member, 2016-2018
- Southwest Educational Research Association – Member, 2015-2019

### **Local Organizations**

- Three Rivers Association – Member, 2016-Present

## **TECHNOLOGY SKILLS**

Microsoft Office, Excel, PowerPoint, Prezi, Blackboard, TaskStream, SPSS, Social Media, Padlet, Zoom, Google Docs, Flipgrid, Poll Everywhere, Qualtrics, TurnItIn, Kaltura Capture