

# **Rachel E. Gandar, M.Ed**

Angelo State University  
College of Education  
Department of Curriculum and Instruction  
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## **Education**

**Texas Tech University, Lubbock, TX, 1990-1995**

Bachelor of Science in Human Development and Family Studies/Early Childhood Education

**Angelo State University, San Angelo, TX, 1999-2001**

Masters of Education in Counseling and Guidance

## **Professional Certifications**

**Elementary Self-Contained (PK-6)**

Texas, State Board for Educator Certification

**Early Childhood Education (PK-6)**

Texas, State Board for Educator Certification

**School Counselor (PK-12)**

Texas, State Board for Educator Certification

**Principal (EC-12)**

Texas, State Board for Educator Certification

## **Professional Experience**

**Angelo State University - San Angelo, Texas**

Adjunct Instructor (online) 2016 - present

- Instruct graduate-level students by providing feedback
- Grade graduate level work
- Maintain expertise in content

- Stay current in School Counseling competencies
- Review modules and monitor class discussion boards

#### Courses Instructed

EDG 6331 Role of the Counselor  
 EDG 6331 Group Counseling  
 EDG 6324 Career and Occupational Counseling  
 EDG 6300 Curriculum and Development  
 EDG 6323 Theories of Counseling  
 EDG 6320 Individual Counseling

#### Counselor - Lake View High School/San Angelo ISD

- Engage in the personal social, academic, and post-secondary work with students through Guidance Curriculum, Individual Planning, Responsive Services, and System Support.
- Provide individual counseling and planning to guide students as they plan, monitor, and manage their own educational, career, personal and social development with appropriate interventions that assist in personalized goal setting
- Provide leadership for the campus school counseling program

#### Counselor - Lee Middle School/San Angelo ISD

- Engage in the personal, social, academic, and post-secondary work with students, through Guidance Curriculum, Individual Planning, Responsive Services, and System Support.
- Provide individual counseling and planning to guide students as they plan, monitor, and manage their own educational, career, personal, and social development with appropriate interventions that assist in personalized goal-setting
- Provide small group counseling as a needed part of responsive services in a comprehensive school counseling program. The type of group used will depend upon the crisis response.
- Administer, review, and evaluate career standardized data profiles, such as the O\*NET, in order to assist students with career and vocational awareness, exploration, and planning
- Identify, analyze, and address through intervention academic, behavioral, social, and emotional barriers that may interfere with growth.
- Provide individual and group guidance to assist students in developing and applying skills for maximum educational, career, and interpersonal relations.
- Use accepted theories in addressing personal, social, career, cognitive, and educational development.
- Provide leadership for the campus school counseling program

- Interpret standardized test results and other formal and informal assessment data to guide students in individual goal setting and planning in collaboration with school personnel.
- Collaborate to refer students as needed for special programs or outside agencies for additional support.
- Adhere to, follow, and promote legal, ethical, and professional standards. Adhere to federal, state, district and campus legal standards, policies, regulations, and procedures.
- Apply research-based practice to improve the school guidance and counseling program

#### Counselor - Fannin Elementary & Reagan Elementary/San Angelo ISD

- Responsible for planning, organizing, delivering, managing, and evaluating the comprehensive school counseling program.
- Provide small group counseling as a needed part of responsive services in a comprehensive school counseling program. The type of group used will depend upon the crisis response.
- Consult with school staff, parents, and community members to promote understanding of human relations and student development, human behavior (including exceptionalities), and environment.
- Identify, analyze, and address through intervention academic, behavioral, social, and emotional barriers that may interfere with growth.
- Use accepted theories in addressing personal, social, career, cognitive, and educational development.
- Engage in the personal, social, academic, and post-secondary work with students, through Guidance Curriculum, Individual Planning, Responsive Services, and System Support.
- Monitor growth and development of students throughout childhood and adolescence, noting environmental, social, and cultural factors that affect learner's development.
- Provide leadership for the campus school counseling program
- Advocate for a school environment in which diversity is acknowledged and respected, resulting in positive interactions across all cultures, genders, ethnicities, and learning styles
- Implement guidance curriculum designed to provide lessons systematically to students that facilitate growth and development in the areas of educational, career, personal, and social development. Four strategic curricular content areas in Texas include Intrapersonal Effectiveness, Interpersonal Effectiveness, Post-Secondary Education and Career Readiness, and Personal Health and Safety.

**Teacher - Santa Rita Elementary/San Angelo ISD**

- Taught first and second grade
- Looped with students in the Gifted and Talented Program
- Planned curriculum
- Designed curriculum for the district
- Trained in Project Base Learning

**Teacher - Bonham Elementary/San Angelo ISD**

- Taught Kindergarten and first grade for the gifted and talented program in the district
- Planned curriculum
- Set up learning environments
- Taught grade level standards
- Implemented developmentally appropriate activities for young children

**Teacher—Ballenger Early Childhood Center/Lubbock ISD**

- Taught head start to young children
- Planned curriculum
- Took anecdotal records as an observational tool
- Provided a safe and learning environment for young children
- Conducted parent/teacher conferences through home visits
- Monitor growth and development of students throughout childhood and adolescence, noting environmental, social, and cultural factors that affect learner's development.

## **Presentations**

Allen, S., Deming-Combs, J. & **Gandar, R.** (November, 2006) *Charting Your Course: A Guide for Elementary Counselors*. Presentation: Texas Counseling Association Professional Growth Conference, El Paso, TX.

Casarez, L., **Gandar, R.**, Hardegree, A., Lyons, K. N., & O'Briant, M. (2018, November). *Trauma-informed and grief-informed schools*. Presentation: Texas Counselor Association Professional Growth Conference. Dallas, TX.

Casarez, L., **Gandar, R.** & O'Briant, M. (2018, November). Journey through careers and the personal graduation plan.....where to start? Presentation: Texas Counseling Association Professional Growth Conference. Dallas, TX.

Casarez, L., **Gandar, R.** & O'Briant, M. (2019, February). Journey through careers and the personal graduation plan.....where to start?: Texas School Counseling Association Professional Growth Conference. San Antonio, TX.

Cantu, S., **Gandar, R.** & Jernigan, J. (2019, February). *Deep in the Heart of Texas Counselors: Social-Emotional Learning Across Grade Levels*. Presentation: Texas Counseling Association Professional Growth Conference. San Antonio, TX.

Casarez, L., **Gandar, R.** & O'Briant, M. (2019, June). Journey through careers and the personal graduation plan.....where to start?: College, Career, Military Readiness Workshop. San Angelo, TX.

Casarez, L., **Gandar, R.** & O'Briant, M. (2020, February). How smart are your S.M.A.R.T goals?: Presentation: Texas Counseling Association Counseling Association Professional Growth Conference. San Antonio, TX.

Casarez, L., Cline, R., **Gandar, R.** & O'Briant, M. (2021, February). Mapping Out the Texas Model: Counselors Cruising for a Change. Presentation: Texas School Counseling Conference. Virtual.

## **Professional Development and Trainings**

TSCA Professional Growth Conference, Virtual February 2021

College, Career, Military, Readiness Conference. San Angelo, TX July 2020

TSCA Professional Growth Conference, San Antonio, Tx. February 2019

TCA Professional Growth Conference, Dallas, Tx. November 2018

Suicide Prevention, San Angelo, Tx. March 2018

General Ethics Seminar, San Angelo, Tx. March 2018

Lone Star State School Counselor Conference, Dallas, Tx. November 2017

College Board Training, San Angelo, Tx. 2017

Character Counts Training, San Angelo, Tx. 2017

LPAC Updates, San Angelo, Tx. 2001-2017

Youth Mental Health First Aid Training, San Angelo, Tx. 2016 - 2019

Sexual Abuse Prevention Training and Recognition of Maltreatment of Children and Child Abuse Training, San Angelo, Tx. October 2015

NonViolent Crisis Intervention Training, San Angelo, Tx. 2002 - 2015

Cooperative Learning, San Angelo, Tx. December 2015

ELL Strategies, San Angelo, Tx. November 2014

TCA Professional Growth Conference, San Antonio, Tx. November 2013

Why Try Facilitator Training, San Angelo, Tx. September 2011

Nature and Needs of Students, San Angelo, Tx. October 2011

Elementary School Counselor Conference Arlington, Tx. February 2011

Positive Behavior Support Training, San Angelo, Tx. August 2010

Mean Girls II: A Second Helping of Insights and Strategies Dallas, Tx. December 2008

Classroom Management, San Angelo, Tx. August 2008

Social and Emotional for Gifted and Talented, San Angelo, Tx. July 2008

Failure Is Not an Option Training, Austin, Tx. November 2007  
Elementary School Counselor Conference, Austin, Tx May 2007  
Courageous Leadership for School Success Training, Austin, Tx. 2007  
Elementary School Counselor Conference March 2006  
Mean Girls: Strategies and Resources, Austin, Tx. March 2006  
Signs of Suicide San Angelo, Tx. December 2005  
Texas Counseling Association Conference, El Paso, Tx. November 2005  
Best Practices of High Performing Texas Schools, San Angelo, Tx. August 2004  
TEA Professional Growth Conference Austin, Tx February 2004  
Suicide Prevention and Intervention, San Angelo, Tx. January 2004  
Elementary Life Skills, San Angelo, Tx November 2003  
Texas Behavior Support Initiative Training, San Angelo, Tx. March 2003  
Creating and Maintaining Love and Logic, Las Vegas, Nv. February 2003  
Safe and Drug Free Schools State Conference, Corpus Christi, Tx. February 2002  
Trauma and Loss Training San Angelo, Tx. December 2002  
Kids Connection Support Group Facilitator Training, San Angelo, Tx. January 2002  
Texas Counseling Association Professional Growth Conference November 2001  
Bilingual/ESL Monitoring and Evaluation Training, San Angelo, Tx. September 2001  
CPI - Crisis Training, San Angelo, Tx February 2001  
Bilingual/ESL Monitoring, San Angelo, Tx September 2001  
Reading Institute K-2, San Angelo, Tx July 1999  
Kindergarten Reading Academy, 24 hours, San Angelo, Tx. June 1999  
Gifted and Talented Training, 30 hours, San Angelo, Tx. April 1999  
National Association for the Education of Young Children Conference, November 1998

## **Professional Organization Membership**

Texas Counseling Association - 2005-2006, 2013-2014, 2018-2019, 2019-2020, 2020-2021

- Member

Three Rivers Counseling Association - 2001-2003, 2017-2018, 2018-2019, 2019-2020, 2020-2021

- Member
- Secretary Elect
- Secretary
- President Elect
- President

Texas School Counselor Association - 2018-2019, 2019-2020, 2020-2021

- Member

- Emerging Leader
- Human Rights Chair

Lone Star State School Counselor Association - 2017

- Member

## **Service to Profession/Community**

Angelo State University Alumni Association, San Angelo, Texas, 2016 - present

Lee Middle School Parent Teacher Organization Member, San Angelo, Texas, 2014 - 2019

Campus Testing Coordinator, San Angelo ISD 2001 - present

Vacation Bible School Director, St. Joseph's Catholic Church 2003 - 2013

Fannin Elementary Leadership Committee 2008 -2012

Reagan Elementary Parent Teacher Association Member 2003 - 2006

School Counseling Guide Writer, San Angelo ISD 2003 - 2006

Reagan Elementary Scholarship Committee 2002 - 2006

Reagan Elementary Parent Teacher Association Treasurer 2004 - 2005

Reagan Elementary Fall Festival Coordinator 2004-2005

Search for Christian Maturity Core Team Member, San Angelo Diocese 1998 - 2005

District Curriculum Writer, San Angelo ISD 1998 - 2000

Texas Tech University Ex Student Association Member, Lubbock, Texas 1995-1997

## **Technology Skills**

Proficient in:

- Word
- Publisher
- Excel
- Powerpoint
- Turn It in
- Blackboard
- Rampart
- Google

## **Honors/Awards**

Dean's List - Fall 1993, Spring 1994, and Fall 1994

President's List - Spring 1995

George Piler Middle School Counselor of the Year - February 2018

Jesus Juarez Emerging Leader for Texas School Counselor Association - 2018-2019