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[becks@hughes.net](mailto:becks@hughes.net)

### Summary

Nursing professional with 33 years experience in nursing which includes management and supervision of medical staff. The last 14 years have been in active practice as a Family Nurse Practitioner-Board Certified in primarily rural communities. I am skilled in patient and staff education with a strong emphasis on patient assessment, clinical procedures but primarily the practice of family medicine has been my focus these last 13 years. I have a critical care background which includes ER and ICU along with a strong Labor and Delivery background coupled with Care of the Newborn. My clinical practice has proven a strong rapport with medical staff and patients which has allowed my practices to steadily grow. Along with my practice, I have taught for 13 years with Angelo State University as adjunct faculty and clinical instructor for the Family Nurse Practitioner program.

### Areas of Expertise

As a Family Nurse Practitioner, my role is multifaceted. Accomplishments with patients and their care is a priority but include the concerns of budget and communication to ensure success in their treatment goals. My nursing background prepared me well to assist with patient understanding of the medical system and providing expert care with disease processes.

- Manage all disease processes for the community as they present to the clinic as my independent licensing allows. Easily recognize the cases requiring further evaluation by physician leaders
- Manage all acute cases and Emergency Room care
- Applied experience in acute care to successfully manage nurses and coordinate care with ancillary services with detail of appropriate care as either inpatient or outpatient
- Manage Budget concerns related to both facility and patient needs/expectations
- Empower support staff to lead in providing expert clinical care and encourage professional rapport with all staff
- Designed in-house training for any of the facilities I have worked. Also, developed nursing protocols, flow sheets, and assessment tools that assisted staff in improving productivity and expediting patient care procedures along with managing budget with my 20 years of middle management supervisory/director roles.
- Consistently deliver on-site presentations to nursing staff and special interest groups which provided for education to ensure on-going education.

### Experience Summary

Sonora Medical Clinic

2009-2015 then 2016-Current

***Family Nurse Practitioner-Board Certified***

Direct Patient Care with responsibility to Diagnose, Prevent Disease Progression and Admit and Manage patients from Clinic setting and/or Emergency Room setting. This was a move based on availability of retirement and excellent Supervising Physician opportunity with well-established practice.

- All requirements to Rural Health Care as they present. Encourage rapport with community in allowing them to set standard for their health care. Market the unique opportunities of this Health System serving Sutton County as well as several surrounding counties.
- Responsible to physicians and Administrative Personnel related to needs of facility/budget along with providing excellent Care.

Family Clinic

***Family Nurse Practitioner-Board Certified***

2015-2016

Direct patient care with responsibility to diagnose, prevent disease progression and to admit and manage patients from clinic setting was role of this clinic. This clinic was county run and my direct supervisor was County Judge of Sterling City. Dr. W.Gordy Day was my Medical Director.

- Texas A&M University-Corpus Christi, Corpus Christi, TX 2012 to 2014  
**Clinical Instructor-adjunct**  
 Assist University with nursing education on a part-schedule.
- Provide students with Evidence Based Practice Standards Education
  - Encourage their understanding of nursing and practice standards
  - Provide expert clinical guidance to encourage all learning opportunities.
- Shannon Urgent Care Center 2012 to current  
**PRN Urgent Care Provider**  
 Responsibly Diagnose, Educate, Treat and aide in large Urgent Care Setting along with working respectively with other Providers
- Remained Current with Credentialing: ATLS, ACLS, PALS, BLS
  - Successfully work with Electronic Medical Record for Emergency Specific Clients
- Angelo State University, San Angelo, TX 2004 to current  
**Clinical Instructor-adjunct and ASU Clinic Relief-Provider**  
 Assist University with nursing education on a part-schedule.
- Provide students with Evidence Based Practice Standards Education
  - Encourage their understanding of nursing and practice standards
  - Provide expert clinical guidance to encourage all learning opportunities.
  - Work few days a month in Campus Clinic-Family Practice setting
- Schleicher County Medical Center, Eldorado, TX 2004 to 2009  
**Family Nurse Practitioner-Board Certified**  
 Direct Patient Care with included Diagnosis, Prevention, Rehabilitation, Admissions/Hospital Acute Care Management and Emergency Room Care
- Admitting Privileges to the local Critical Access Hospital
  - Managed Emergent Care and developed excellent rapport with nearest Trauma Facilities
  - Often Covered extra shifts to aide in local scheduling challenges
  - Provided In-Home Visits protocol for patients unable to travel to the Clinic for care/treatment
  - Increased the public relations environment for the clinic in the Eldorado Community
- Schleicher County Medical Center, Eldorado, TX 2003 to 2004  
**Director of Nursing**  
 Direct the nursing staff in acute care of hospital patients which includes emergency room staff. Directly responsible to the CEO for budget, competency, and quality concerns.
- Chaired the Quality Assurance Committee and assist in the outcomes desired for individual departments.
  - Administrative experience includes 14 years in a supervisory position with 5 years in a Director's role.
  - Lead by example in professional rapport with patients, nurses, and health care provider staff.
  - Administrator of Trauma Registry for RAC-K
- Saint Anne's Hospital, Fall River, MA 1999 to 2003  
**Director ICU/Telemetry**  
 Directly responsible for budget, scheduling, and competency of the nursing staff. The role also included counseling, PI/QA, policy writing, and evaluation of the nursing environment in these units.
- Consistently managed within budgetary constraints
  - Established an improved rapport and confidence between nursing staff and health care providers
- HEALTHfirst Family Care Center, Fall River, MA 1998 to 1999  
**Clinical Manager**  
 Liaison between clinic staff and executive director while applying knowledge of nursing to clinic staff which included community outreach and managed care.
- Supervised a 20-person team in serving all ages and health concerns

Caritas Spohn Hospital, Beeville, TX 1988 to 1998  
**Director Medical-Surgical/Pediatrics**  
Supervised and managed a multi-specialty unit and a 40-person staff while consistently meeting and often exceeding budget goals.

- Successfully served as chairperson of Staff Development Committee for the Caritas Spohn Hospital System

### Education

Angelo State University, San Angelo, TX 2004  
*M.S.N., Nursing*  
GPA: 4.0. Graduated August 2004. Master's Degree in Nursing

Hardin-Simmons University, Abilene, TX 2004  
*Post Graduate, Family Nurse Practitioner*  
GPA: 3.8. Completed Family Nurse Practitioner Certification August 2004.

Texas A&M University, Corpus Christi, TX 1998  
*B.S.N., Nursing*  
GPA: 3.91. Graduated with Highest Honors.

Angelo State University, San Angelo, TX 1985  
*A.D.N., Nursing*  
Major GPA: 3.8

### Additional Skills

- Advanced Trauma Life Support Provider
- Advanced Cardiac Life Support Provider
- Pediatric Advanced Life Support Provider
- Neonatal Resuscitation Program Provider
- Basic Life Support Instructor
- Certified in Peripherally Inserted Central Catheterization in MA
- Licensed Massage Therapist
- Certified Medical Examiner -DOT Physicals

### Honors

Medical-Surgical Nurse Certification, ANCC, 1998

Nominated for Employee of the Year, Caritas Spohn Hospital, 1998

Sigma Theta Tau International Honor Society of Nursing, 1998-current through ASU

Most Outstanding Student Award, Angelo State University, 2004

Graduated Highest Honors, Angelo State University, 2004

Texas Rural Health Association's 2014 Rural Health Academic/Preceptor Award Winner

### Affiliations

Texas Nurse Practitioners Association-current

### Licenses

Texas Board of Nurse Examiners since 1985

## Volunteer

Permian Basin AHEC Board Member <b>Board Member</b> Provide experience by sharing of my role in Rural Healthcare which is offered to the service of AHEC for education promotion of rural residents as encouragement into the Health Arena for training and career. The AHEC Board works to recognize interested students/residents of West Texas and offers opportunities for exposure, experience and education through the use of AHEC funding.	2005-current
Eldorado Booster Club <b>Member</b> Serving to provide interest and support of local athletes attending Schleicher County ISD	2015-current
Church of Christ <b>Member/Sunday School Teacher</b>	2004-current
Eldorado Girls' Softball Association <b>Coach/Treasurer/Original Founding Board</b> Provided recreation opportunity to girls in the Eldorado Community since	2004-2010
Outreach Program, Eldorado, TX <b>Outreach Nurse/Weekly Radio Program KLDE</b> Offer services weekly to the Community Resource Center which includes guest lecturing to local civic organizations (i.e., Chamber of Commerce, Rotary Club, Lion's Club) along with providing health assessment of Eldorado Seniors free of charges along with health promotion to the town's elder community along with providing weekly Radio "Health Spot" for Public Awareness and Health Education	2003 to 2009
Wellness Center Board Member <b>Schleicher County Wellness Center</b> Serve as Board Member for this grass-roots project. We began with community assessment/need and fundraising to final construction and self-sustaining Wellness Center. Local nonprofit organization.	2006-current

Community Theater Group, Eldorado, TX

2010 to current

***Tom Ratliff Theater-Bi-Annual Productions***

Serve civically in local theater group which promotes Texas heritage and life in the West. We perform all plays (two annually) with the focus being to uplift our community and promote our small town heritage and local talent. Local nonprofit organization.

Schleicher County Rodeo Association, Eldorado, TX

2011 to current

***Rodeo Queen Contest Coordinator***

Offer oversight of rules, funds, donations which are all utilized for local Non-profit organization. This contest requires close oversight of girls ages 10-19 and is monitored throughout the year as the Queen participates in local event. Local nonprofit organization.

*Personal References Available Upon Request*