



**CURRICULUM VITAE**  
**Sangeeta Singg, PhD, LP, ACN**  
**Licensed Psychologist**



*Photo by  
Sangeeta Singg*

Department of Psychology, Sociology, and Social Work  
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**Academic Qualifications**

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|------|--|
| 1981 | PhD, Psychology<br>Minors: Guidance Counseling and Special Education,<br>Texas A&M University - Commerce |
| 1978 | MS, Psychology, Texas A&M University - Commerce  |
| 1970 | MA, Sociology, Mississippi State University  |
| 1967 | BA, Sociology, English, and Political Science,<br>Minor: Military Training, Punjab University            |

**Professional Experience**

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|----------------|--|
| 1981 - Present | Professor of Psychology, 1999-Present (earned 3 promotion steps; highest 1-A)<br>Graduate Program Director, Counseling Psychology, 2000-2011<br>Department's Graduate Advisor for two programs: Counseling Psychology &<br>General Psychology, 1987-2000 (Title changed to Director in 2000)<br>Graduate Practicum Director/Coordinator (1985-2011)<br>Associate Professor of Psychology, 1990-1999 (earned 2 promotion steps)<br>Assistant Professor of Psychology, 1981-1990, (earned 2 promotion steps)<br><b>Angelo State University, San Angelo, Texas.</b> |
| 1980 - 1981    | Doctoral Assistant, ETSU Metroplex Center, Garland, Texas  |
| 1977 - 1980    | Assistant Instructor, Department of Psychology   |
| 1977 - 1978    | Psychology Intern, Counseling Center   |
| 1977           | Graduate Research Assistant, Department of Sociology   |
| 1976           | Graduate Research Assistant, Department of Psychology<br><b>Texas A&amp;M University – Commerce, Commerce, Texas</b>   |
| 1968 - 1970    | Graduate Research Assistant, Social Science Research Center<br><b>Mississippi State University, Starkville, Mississippi</b>  |

## **License and Certificates**

- Licensed Psychologist in the State of Texas, 1984 - Present
- Certified Purification and Weight loss Coach, 2015 - Present
- Applied Clinical Nutritionist (ACN), Texas Chiropractic College, 2011- Present
- Iridologist, Standard Process, 2011-Present
- Advanced Level Quantum Reflex Analysis certification (QRA), 2007- Present
- Usui Shiki Ryoho Reiki Master (Usui System of Natural Healing), 2001- Present
- Hatha Yoga Visharda, Indian Department of Sports and Youth Programmes, 1964 – Present
- Psychological Associate in the State of Texas, 1978 -1983, currently on inactive status

## **Awards and Honors**

### **Awards:**

- Jimmy Alvarez Friend of Counseling Award “For Outstanding Contribution to the Counseling Profession” by the Three Rivers Counseling Association, February 8, 2019.
- Received 35-years Angelo State University service award, January 26, 2017.
- Received the “Outstanding Leadership Award in Psychology” from the Psychological Association of Greater West Texas, November 4, 2016.

*The award reads, “Since 2010, for seven years, Dr. Sangeeta Singg served professional psychology in West Texas by organizing and administering the largest geographical area psychology society in the state. She arranged outstanding professional development programs and coordinated resources within the mental health community to provide meeting places and participation incentives. She spearheaded political action drives that promoted professional excellence in the provision of mental health services to the citizens of Texas. Members of the Psychological Association of Greater West Texas genuinely thank Dr. Singg for her Outstanding Service and Leadership.”*

- Certified as Trusted Reviewer for the SciFed Journal of Diabetes and Endocrinology, 2017.
- Nominated for the ASU President’s Faculty Excellence in Research and Creative Endeavors Award, May 5, 2016.
- Nominated by College of Health and Human Services for Mr. and Mrs. Victor P. Tippet Endowed Professorship, August 2015.
- Distinguished Faculty Achievement Award, ASU Alumni Association, October 19, 2012.
- Faculty Excellence in Leadership/Service Award May 2, 2013.
- Received a Trophy for highest team participation in Heart Walk, October 26, 2013.
- Gary and Pat Rogers Distinguished Faculty Award nomination, September 9, 2012.
- Received 30-year ASU service award, 2012.
- Wonderful Woman of ASU nominee, March 22, 2012; March 28, 2013.
- 2009 Go Red Ambassador, American Heart Association, Tom Green County Division.
- Appreciation Award by the ASU Graduate Student Psychological Association. The plaque states, “GSPA recognizes Dr. Sangeeta Singg for her honorable, dedicated and longstanding service to the advancement of the organization, 1983-Present.”April 2006.
- Received award as Regional Volunteer of the year, 2003 by American Heart Association.
- Received a Service Award by the Bethphage Foundation Board of Directors, Omaha, Nebraska, June 27, 2003.

- Nominated as the Faculty Advisor of the Year, Best Buddies, April 25, 2002.
- Received 20-year ASU service award, December 3, 2001.
- ASU Graduate Student Psychological Association Appreciation Award, 1998.
- “Texas A&M University - Commerce 1994 Ambassador,”  
One former student who has excelled in his/her career field is honored each year by his/her department with the title of “Ambassador”—the highest honor an academic department can bestow on graduates
- San Angelo AIDS Foundation Appreciation Award, 1994.
- “1996 San Angelo Woman to Watch,” Award by the San Angelo Business & Professional Women’s Club.
- Appreciation award from the Asian - Pacific American Heritage Committee, Goodfellow AFB, Texas, 1990.
- Phi Delta Kappa Research Award, 1981.
- Received the Outstanding Student award in Sociology B.A. Part II, Punjab University, 1966.

### Honors:

- Invited to serve as an External Foreign Expert on the Technical Review Panel (TRP) of the Department of Humanities, COMSATS University Islamabad, Pakistan, Lahore Campus, for promotion and tenure evaluation of faculty, June 12, 2019.
- Received national recognition: A write-up in the American Psychological Association’s magazine, *Monitor in Psychology*, “Psychologists in the news,” May 2019, Vol 50, No 5, Print version: page 75. Available at <https://www.apa.org/monitor/2019/05/people>
- Invited member of the International Institutional Review Board, April 28, 2019.
- ASU News Article on the ASU Website: Psychology Prof Receives Regional Counseling Invited Award, February 13, 2019 – available at <https://www.angelo.edu/content/news/16859-psychology-prof-receives-regional-counseling-Award>
- Texas A&M-Commerce Alumni Association news article in *UpRoar Newsletter*, March 2019 – available at  
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- ceremonial Mace Bearer to lead the academic procession at the morning Commencement of Angelo State University, December 15, 2018.
- President, Psychological Association of Greater West Texas, 2010-Present.
- Invited as an advisor to the Texas State Board of Examiners of Psychologists about "Release of Records that may include Computer Generated Reports of patients," February 28, 2018.
- 35 Years of Service, American Heart Association, Tom Green County Division, 2018.
- Listed in the *Worldwide Leaders in Health Care* by the International Association of HealthCare Professionals (IAHCP), 2018.
- Certified as *Trusted Reviewer* for the SciFed Journal of Diabetes and Endocrinology, 2017.
- Pat and Gary Rogers Distinguished Faculty Award nominee, August 24, 2017.  
*West Texas genuinely thank Dr. Singg for her Outstanding Service and Leadership.*”
- Selected as a “Top Psychologist in San Angelo, Texas” by the International Association of HealthCare Professionals (IAHCP) and listed in their publication, *Worldwide Leaders in Health Care*, 2016.

- Invited to serve as the Editor-in-Chief for the, *Journal of clinical trials, pathology and case studies*, July, 2016.
- President of the Board of Directors, the American Heart Association, Tom Green County Division, 2003, 2004, 2011, & 2012.
- Recognized for the 30 years of service on the Board of Directors of Tom Green County Division of the American Heart Association, February 5, 2014.
- Invited to serve on the Editorial Boards of Peer-Reviewed Journals

*Archives of Brain Science*, July 12, 2019-  
*Eye and Vision Science*, January 8, 2019-  
*Annals of Thyroid Research & Endocrinology*, August 24, 2018-  
*Online Journal of Cardiovascular Research*, August 8, 2018-  
*International Journal of Clinical Images and Case reports*, August 7, 2018-  
*ECronicon Alternative Medicine*, August 7, 2018-  
*Journal of Diabetes Management and Metabolism*, July 19, 2018-  
*Journal of Psychiatry and Mental Illness*, July 8, 2018-  
*Archives of Endocrinology and Diabetes Care*, January 31, 2018-  
*OBM Neurobiology*, December 6, 2017-  
*Medical Reports & Case Studies*, November 9, 2017-  
*Open Library of Clinical and Medical Case Reports*, October 30, 2017-  
*SciFed Journal of Diabetes*, October 25, 2017-  
*SciFed Journal of Autism*, October 25, 2017-  
*SciFed Journal of Insomnia*, October 25, 2017-  
*Journal of Psychology, Neuropsychiatric Disorders & Brain Stimulation*, October 19, 2017-  
*Case Reports and Literature Review*, October 12, 2017-  
*Nessa Journal of Neurology and Neurodisorders*, June 9, 2017-  
*International Journal of Neuroscience and Behavior Studies*, May 17, 2017-  
*Therapeutics Advances in Cardiology*, May 16, 2017-  
*Journal of Psychiatry and Human Behavioural Science*, May 15, 2017-  
*Journal of Neurology and Psychiatric Disorders*, March 10, 2017-  
*Journal of Biological and Medical Sciences*, January 5, 2017-  
*Journal of Clinical Reviews & Case Studies*, August 11, 2016-  
*Clinical Trials and Case Studies*, February 3, 2016-  
*Journal of Clinical Case Studies*, November 2, 2015-  
*Clinical Case Reports and Review*, March 10, 2015-

- Faculty Focus Article on the ASU Website: *Dr. Sangeeta Singg – A Calling to Teach*, October, 2012- (See the following URL).  
[www.angelo.edu/content/news/2555-dr-sangeeta-singg%E2%80%93a-calling-to-teach](http://www.angelo.edu/content/news/2555-dr-sangeeta-singg%E2%80%93a-calling-to-teach)
- Invited to serve as the Article Editor for SAGE Open, September 19, 2013.
- Selected to participate in the ASU Summer Institute on Teaching and Learning, May 17-18, 2012 & May 16-17, 2013.
- Service Recognition (invited to serve since 1995) for the State of Texas as an Oral Examiner for the Texas State Board of Examiners of Psychologists' 1-hour oral exam of the candidates for Psychologist's license, September 23, 2011.

- Selected as the first psychology alumnus featured in the inaugural issue of the “Where Are They Now,” Texas A&M – Commerce, Summer 2011.
- Appreciation as Consulting Reader and name inclusion in the Indexes of *Psychological Reports* and *Perceptual and Motor Skills*, 2010.
- Invited to be a delegate for People to People Citizen Ambassador Program, Delegation to South Africa, April 2, 2010. Focus: Women’s representation in Higher Education.
- Invited to attend and present at the Oxford Round Table symposium on women and Social Justice: A Persistent Dilemma, February 18, 2010.
- Invited to attend the 100 hour “Applied Clinical Nutrition Course” sponsored by the Texas Chiropractic College, 2008.
- Invited to attend and present at the Oxford Round Table symposium on women’s issues, January 2009.
- Recognition by the ASU Student Government Association, fall 2004.
- Invited to the merger celebration of Martin Luther Homes and Bethphage to create Mosaic, Omaha, Nebraska, June 27-28, 2003.
- Elected to serve on the Bethphage Foundation Board of Directors (national level), 2002.
- VPAA Faculty Development-Travel Awards to attend regional, national, and international professional conferences to make presentations—every year from 1997-2007 and 2010.
- Selected to attend the Lilly Conference, Oxford, Ohio, November 15-18, 2001.
- Nominated to serve on the Executive Council of the Southwestern Psychological Association, January 2001.
- Selected to participate in the Community Leadership Development Project sponsored by the Arc of San Angelo and the Enterprise Foundation, February 3-October 5, 2001.
  - 60 hours training; graduated on October 5, 2001.
  - Trained advocate at the local, state, and national levels for the persons with developmental disabilities.
- Selected to participate in the Multicultural Leadership Program offered by the United Way of the Concho Valley, August 6-October 24, 2001.
  - 30 hours training; graduated on October 24, 2001.
  - Included in the United Way’s Board Bank.
- Invited to participate in Bethphage’s “2001 Strategic Planning Retreat,” Sep 5, 2001.
- Made an invited feature presentation entitled “Special Message” at the Banquet of the Annual Meeting of Bethphage, Omaha, Nebraska, October 20, 2000.
- Graduate Program Director, Counseling Psychology, ASU, 2000-2011.
- Graduate Advisor for Counseling Psychology and General Psychology Programs, ASU, 1987-2000.
- Psi Chi, The National Honor Society in Psychology, 1978.
- Represented the State of Punjab in All India N.C.C. (National Cadet Corps) Camp at Pachmarhi (only eight selected cadets represented each state of India.), 1965.
- Listed in:
  - Who's Who of American Women; Who's Who in the South and Southwest; Who's Who in American Education; Who's Who in America; and Who's Who in the World.

## **Membership in Professional Organizations**

- Psychological Association of Greater West Texas, 1981-Present  
President, 2010-Present  
Organize four meetings with seminars for the required 20 CEUs every year for the licensed psychologists of West Texas
- Southwestern Psychological Association, 1979-Present  
Served on Continuing Education Committee
- American Association of Behavioral and Social Sciences, 1997-2007
- International Society for the Study of Subtle Energies and Energy Medicine, 1997-2005
- American Psychological Association, 1981-1997
- American Psychological Society, 1997-1998
- International Platform Association, 1989-1996
- Texas Academy of Sciences, 1981-1985

## **Language Skills, Travel, Hobbies, and Other Skills**

### **Languages**

Read and speak English, Hindi, Punjabi (mother tongue); read Sanskrit; speak Urdu

### **Travel**

Traveled India, Iran, England, France, Italy, Canada, Jamaica, Mexico, and U.S.A.

### **Hobbies**

Church activities, knitting, sewing, painting, ceramics, listening to classical music, reading, cooking, gardening, jewelry making, meditation, yoga, digital painting, and flower photography

### **Other Skills**

- Basic training in Homeopathy, 1994.
- Passed J-1, G-1, and G-2 examinations in N.C.C. (Military Training) 1965-1967. Selected to attend the All India NCC Camp (only 8 cadets from each state of India were selected), 1966.
- Learned Transcendental Meditation from Maharishi Mahesh Yogi, Chandigarh, India, 1964.
- Summer Training in Home Science, 1961-1964.

# **TEACHING**

## **Teaching Experience**

38 years at Angelo State University

3½ years at Texas A&M University-Commerce

**Course Assignments at Angelo State University** (Entries with \* denote new courses developed by Sangeeta Singg.)

**Graduate Courses**

1. Individual Counseling
2. Group Counseling
3. Marriage and Family Counseling\*
4. Intelligence Testing
5. Personality assessment
6. Thesis
7. Internship
8. Professional Orientation and Applications\*
9. Research

**Undergraduate/Graduate Courses**

8. Current Issues in Counseling Psychology\*
9. Health Psychology\*

**Undergraduate Courses**

1. Seminar in Psychological Research
2. Introduction to Counseling Psychology
3. Psychology of Adjustment
4. General Psychology
5. Statistical Methods of Psychology
6. Clinical and Counseling Psychology
7. Abnormal Psychology
8. Psychological Testing
9. Psychology of Healthy Personality
10. Research

**Online Courses**

1. Health Psychology(undergraduate) \*
2. Introduction to Counseling Psychology\*
3. Marriage and Family Counseling (graduate course)\*
4. Human Sexuality\*
5. Health and Wellness Psychology (graduate course)\*

**Graduate Practicum (Psy 6371 & 6671)**

**Director/Coordinator 1985-2011**

- Developed practicum guidelines, procedures, and evaluation instruments.
- Revised and updated practicum packets for students according to the current rules and policies of Texas State Board of Examiners of Psychologists and Texas State Board of Examiners of Professional Counselors.
- Assessed eligibility of sites on regular basis.

**Supervision of Interns (1982-2011)**

- Placed interns in the practicum sites and met with them once a week or more as needed.
- Visited sites as needed, monitored interns' progress by reviewing their daily logs, had

them make three presentations (case, agency, and ethics topic) to the practicum class, and evaluated their performance for 9 credit hours (450 clock hours).

- Maintain students' practicum records and provide details and recommendations to the Texas State Board of Examiners of Psychologists and/or Texas State Board of Examiners of Professional Counselors for their licensure eligibility (for students from 1982 to 2011). This responsibility will continue indefinitely

### **Counseling Service-Station (2009-2011)**

In fall 2009, I established a Counseling Service-Station where some of my interns under my supervision provided counseling to ASU students for smoking cessation, stress management, test anxiety, weight reduction, and interpersonal relations. This was my initiative and self-assigned overload to help interns because the number of sites had decreased due to closing of some sites. There was no directive or suggestion from the administration for me to take on this assignment.

### **External Member on Doctoral Committees**

Completed. September 24, 2010, Shameem Fatima, PhD. Scholar, Department of Applied Psychology, University of the Punjab, Lahore, Pakistan. Title: Parent-child relationship and socioeconomic status related to aggression through executive cognitive functions.

Dr. David Womack at Liberty University for PhD in Counseling. Title: Examining how secular licensed clinicians in West Texas decide to use spiritual interventions within a private therapeutic setting. Dr. Womack passed away on February 25, 2012 prior to defending his dissertation.

### **77 Theses Directed to Completion**

#### **Thesis Titles**

77. Counselor-assisted creative bibliotherapy in posttraumatic growth counseling: Development of a treatment protocol by Cayce Cowan, August 2010.
76. College success and selected psychosocial factors: A study of students at a southwestern regional university by Bliss Whistler, December 2003.
75. Traditional validity indicators on the MMPI-2: An exploratory study of West Texas Anglo and Hispanic by Cheryl . Rich, December 2001
74. The role of spiritual well-being in the psychological well-being and physical health of college students: An exploratory study of college students by Magda Rivero, December 2001.
73. Anxiety and chronic headache reduction as a function of biofeedback modalities by John S. Johnson, August 2000.
72. Antisocial behavior, psychosocial variables and academic achievement of male and female college students by Tina Krause, August 2000.
71. Psychosocial adjustment and drinking locus of control among DWI first offenders, repeat offenders, and non-offenders by Alyse Koupus, August 1999.
70. The role of self-esteem in affiliation by Rollin L. Astra, August 1998.
69. Relationship among responsibility, self-esteem and performance in school: A study of college students by Jerre Ader, December 1997.
68. Effects of lyrical content of music on emotional and physiological arousal by Paul W. Bagwell, Jr., May 1997.
67. Attitudes toward child sex abuse: A study of college students by Scott A. Hubbartt, May 1997.
66. Changes in the cognitive status and daily living skills of patients with Alzheimer's disease



- by Paul Smith, May 1997.
65. Color preference, depression, and temperament: A photosensitive assessment study by Beverly G. Dearing, December 1996.
  64. Comparison of sexually abused, physically abused and neglected children: A study of demographic differences and effects of abuse by Sherrill A. West, December 1995.
  63. The relationship between resiliency and selected psychological variables: A study of American Indian women by Susan J. Brinkley, December, 1995.
  62. The effectiveness of court-ordered residential treatment with probationers: A program evaluation and study of criminal personality types by Linda L. Shelton, December 1995.
  61. Congruence of personality with career path: Implications for college students in relation to GPA and change of major by Jayen Sen, December 1995.
  60. Depression, self-esteem and self-acceptance: A comparative study of adoptees and non-adoptees by Molly A. Perry, August 1995.
  59. The symptoms of abuse and coping strategies of women abused physically and/or sexually in childhood by Shirley A. Sherrill, August 1995.
  58. Sexual Harassment: An exploratory study of male and female college students by Kristina M. Chandler, August 1995.
  57. Comparison of the object assembly subjects of the WISC-R and WISC-III: An experimental study of six-year old children by James B. Brown, February 1995.
  56. Surviving the incest: A study of women and their coping mechanisms by Karla K. Payne, December 1994.
  55. The effects of domestic violence on children: A comprehensive literature research by Joyce Lukima, December 1994.
  54. The relationship between parental bereavement reaction factors and selected psychosocial variables: An exploratory study by Betty Cole, December 1994.
  53. The use of "Building A Positive Self-Image" unit in advance social problems with at-risk high school students: A program evaluation by Kay Allsup, December 1994.
  52. A study of blood types as genetic markers for psychological tendencies by Jesse L. Lewis III, August 1994.
  51. The relationship between childhood depression and selected variables by Terry Favor, May 1994.
  50. A comparison of psychological factors between sexuality and physically abused children by David R. Woods, May 1994.
  49. The comorbidity of alcoholism and depression: The importance of proper screening techniques in a clinical setting by Tera Figger, May 1994.
  48. The undecided college student: An exploratory study by Robert Robertson, May 1993.
  47. Marital distress and communication as perceived by the wives of law enforcement professionals by Angelique Torres, May 1993.
  46. Personalized Instruction Center: A program description and psychosocial characteristics of the students served by the program by Marianna Holguin, May 1993.
  45. The relationship among duration of parental divorce, functionality of the family of origin, and self-esteem of young adults by Janelle Webb, May 1993.
  44. College students' nutritional intake and related symptoms of depression by Marci Battles, May 1993.
  43. Relationship between compulsive exercise and anorectic tendencies: A study of male and female college students by Maria Luisa Portillo, March 1993.
  42. Guilt attribution as a function of alcoholism and socioeconomic status of fathers of sexually abused girls by Joan Kessinger, February 1993.
  41. The relationship between skepticism toward Christianity and choice of career path of college students by Patrick W. Mueller, February 1993.
  40. A comparison of psychosocial factors between depressed and schizophrenic hospital patients by Billy Cleave Pool, December 1992.
  39. Effects of substance abuse treatment on posttraumatic stress disorder patient personality characteristics in a veterans hospital by Karla B. Ponder, August 1992.
  38. The relationship between ethnic background of young male and female college students and their attitudes toward aging by Kay S. Kirby, August 1992.
  37. The relationship between parental divorce and college students' attitudes toward marriage and family life by Sarah Cortez, August 1992.
  36. The profile of the wounded healer: An exploratory study by Richard J. Kownacki, July 1992.
  35. The effects of group counseling on reducing the severity of problems in home situations among parents of children diagnosed with attention-deficit hyperactivity disorder by Marsha B. Zabecki, May 1992.

34. The psychosocial profile of residents of the Concho Valley Home for Girls and the implications for therapy by Kandis S. Gatewood, May 1992.
33. The study of selected psychophysiological differences between Ninpo trainees and subjects untrained in the martial arts by Phillip C. Ray, August 1991.
32. The relationship between locus of control and attitude of male and female college students toward suicide by Paul A. Nelson, August 1991.
31. Personality differences between co-dependent and non-co-dependent females by Sally B. Griffis, August 1991.
30. The relationship among AIDS risk behavior knowledge, gender, and grade point average of college students by Leticia M. DelRio, August 1991.
29. A comparison of teaching methods in relation to learning and retention of cardiopulmonary resuscitation by adult learners by Diane deMoville, May 1991.
28. Occupational stress: A study of male and female employees in a mental health facility by Charles Ezemurum Njemanze, January 1991.
27. Autism: A comprehensive review of the literature by Judy Anne Sutton, December 1990.
26. Trait attribution as a function of perceived obesity in persons by college students by Jeffrey Scott Robinson, December 1990.
25. Women and anger: A review of the literature 1969-1989 by Christie Byrne, December 1990.
24. The relationship between selected personal factors and success in a smoking cessation program in an industrial setting by Brent deMoville, December 1990.
23. Aerobic exercise as a coping method for college students' stress by Julie Montgomery, August 1990.
22. Bulimia nervosa: A literary review and proposed treatment by Vicki Hardin, August 1990.
21. The relationship of gender and age with personality characteristics of chemically dependent individuals as measured by selected scales of the Minnesota Multiphasic Inventory by Gwendolyn L. Hiner, April 1990.
20. The relationship of occupational stress, strain, and coping with job satisfaction and gender of college faculty members by Rita Illene DeBusk, August 1989.
19. Relationship of irrational beliefs and self-esteem with relationship expectations of female college students by Andrea Collins Zabel, June 1989.
18. The effects of relaxation therapy and study skills training on examination performance of test-anxious college students by Rhonda Terese Fowler, May 1989.
17. The effects of behavioral and cognitive conformation on the dentist/patient relationship regarding patients' anxiety and patients' satisfaction with treatment by Stephen T. Belk, May 1989.
16. Backward recall by undergraduate female college students as a function of the use of keyword method: Experimenter generated versus subject generated keywords by Teresa Lopez Rodriguez, August 1988.
15. The relationship of history of family violence and dating violence with self-esteem of college females by Kris Lynn Junck, August 1988.
14. Luscher color theory: Preference for red in relation to locus of control by T. Leonard Whiddon, May 1988.
13. The relationship of poverty and age of initial premarital coitus with self-esteem of female adolescents by Rita Joyce Merchant, December 1987.
12. Temperament difference between male and female clients in relation to their retention in a counseling program at a Christian counseling center by Jana L. Sanders, November 1987.
11. The relationship between three aspects of guilt and self-esteem of male and female college freshman by Kavin Johnson, July 1987.
10. Correlates of self-perceived drinking problems among male and female freshman at Angelo State University by Linda Martinez Sanders, May 1987.
9. Attribution of responsibility for rape as a function of victims' and observers' characteristics by Terese Marie McGraw, May 1987.
8. Decision of the subjects to report child abuse as a function of the social characteristics of both mother and child by Sue E. Crocker, May 1987.
7. The effects of public and private goal setting on study skills of college students by Judy S. Carter, May, 1987.
6. Reducing snake phobia: Systematic desensitization versus confrontation therapy with or without relaxation by Daniel S. Pena, April 1987.
5. Personality comparison between cigarette smokers and nonsmokers at Angelo State University by Faith S. Williamson, December 1985.
4. Reduction of depression aided by positive visual imagery by Patricia Stamm Rice, August 1985.
3. The methods of selective reminding and restricted reminding in assessing memory functioning by Helen Hale Lewis, August 1985.

2. Effects of perception of body type and gender on obese college students' level of stress  
by Lois West Clifton, August 1985.
1. The effects of mental and physical rehearsal on learning a motor skill by male and female college students  
by Sandra Lang, May 1985.

## **52 Individual Research Courses**

52. ADHD: A comparative study of American and Vietnamese children, Huong Vo, fall 2017.
51. Symptoms, etiology, and treatment of Post-Traumatic Stress Disorder (PTSD) (6391), Sharmaine Zamora, second summer term, 2010.
50. Etiology and treatment of adolescents struggling with non-suicidal self injury (6391), Megan McLean, spring 2010.
49. An analytical review of theory and research in emotional intelligence (6391), Hampton L. Hollingshead, fall 2009.
48. Effects of parenting styles on adulthood: A secondary analysis (6391), Jennifer Doyle, second summer term 2009.
47. Readings in post-traumatic growth counseling (6391), Cayce Cowen, spring 2009.
46. Readings in spiritual counseling: Spiritual interventions in psychotherapeutic healing process from a holistic perspective (6391), Romanus Akamike, second summer term 2008.
45. Readings in individual counseling (6391), Linda Pond, first summer term 2003.
44. Biofeedback: theory and applications (4391), Michael C. Cole, spring 2002.
43. Use of thermal biofeedback to facilitate temperature increase in extremities (4391), Angela Mobbs, spring 2000.
42. Use of thermal biofeedback to facilitate temperature increase in extremities (4391), Rachel Whaley, spring 2000.
41. Academic Success in the Mixed-Age College Classroom (6391), Margaret Sellers, spring 1999.
40. Legal and Ethical Issues Related to Counseling Psychology (6391), Evelyn Shaw, spring 1999.
39. Use of Biofeedback Modalities to Facilitate Meditation and Spiritual Growth (6391), Magda Rivero, second summer term 1998.
38. Computer Applications in psychological research and counseling (4391), Sara Moore, first summer term 1998.
37. Comparison of traditional and alternative methods of healing: Special emphasis on psychosomatic disorders (6391), Linda Dressen, spring 1998.
36. Major Developments in Biofeedback (6391), Jeff Gatlin, spring 1998.
35. Behavioral Medicine: A Comprehensive Study of Theory and Practice (6391), Molly Allison, fall 1996.
34. Memory Reconstruction: The Effects of Language and Lapse of Time on Recall (6391 & 6391), Tracey Zykowski, fall 1997 & spring 1998.
33. Treatment of Adult Survivors of Child Sexual Abuse (6391 & 6391), Susan Winkelspect, fall 1996 & spring 1997.
32. Counseling the Battered Woman: An Exploratory Study of the Treatment Process and Outcome (6391 & 6391), Diane Markworth, fall 1994 & spring 1995.
31. Alzheimer's Disease and the Stress of Caring for the Patient (4391), Tonya Grimshaw, fall 1995.
30. Readings in Parapsychology (4391), Tonya Grimshaw, spring 1995.
29. Family Violence: A Comprehensive Investigation of the Prevalence and Severity of Family Violence Occurring in American Homes and a Look at the Long and Short Term Effects on such Violence on Society (6391), Sherrill West, spring 1994.
28. Schizophrenia: A Comprehensive Look at the Medical Model with Current Trends Concerning Treatment and Etiology (6391), Patsy McCall, spring 1994.
27. Psychological, Pharmaceutical, and Physical Rehabilitative Techniques for Pain Management (4391), Paul Hendricks, fall 1993.
26. Attributions about Foreign Students at Angelo State University (4391), Jayan Sen, fall 1992.
25. The Stages and Types of Divorce: A Research Study of Divorced Persons with Special Emphasis on the Emotional Divorce (6391), Janelle Webb, spring 1992.
24. Anorexia Nervosa: Etiology and Treatment of the Disorder with Special Emphasis on its Relationship to Self Concept (6391), Marianna Holguin, fall 1991.
23. Grief Therapy with Children with Special Emphasis on its Psychoeducational Application (6391), Judith Robinson, fall 1991.
22. Program Evaluation: Methods and a Case Study (6391), Richard Kownacki, fall 1991.
21. An In-depth Survey of Social and Cultural Foundations of Human Behavior (6391), Brent deMoville, fall 1991.
20. Readings in Human Development (6391), Brent deMoville, fall 1991.
19. Grief Therapy (6391), Betty Cole, first summer term 1991.
18. Readings in Psychology of Religion (6391), Patrick Mueller, first summer term 1991.

17. Visual Art Psychotherapy (6391), Karla Ponder, first summer term 1991.
16. Child Abuse: Evaluation and Treatment (4391), Bonnie Johnson, spring 1991.
15. Etiology and Treatment of Co-Dependency (4391), Sue Gibson, spring 1991.
14. An In-depth Study of Mental Disorders and Legal and Ethical Issues Related to Institutional/Hospital Commitment (6391), Joan Kessinger, fall 1990.
13. Treatment Procedures and Legal Issues Pertaining to the Handicapped (Mentally Retarded) Persons (6391), Charles Njemanze, fall 1990.
12. Etiological, Legal, and Social Aspects in Relation to Medical and Psychological Treatment of the AIDS Patients (6391), Kay Kirby, first summer term 1990.
11. Etiological, Legal, and Social Aspects in Relation to Medical and Psychological Treatment of the AIDS Patients (6391), Leticia Del Rio, first summer term 1990.
10. A Detailed Examination of the Therapeutic use of Hypnosis with Particular Emphasis on the Writings of Milton Erikson (6391), Brent deMerville, first summer term 1989.
9. Issues and Advances in Educational Psychology (6391), Yvonne Kapplemann, first summer term 1989.
8. Readings in Developmental Psychology with Special Emphasis on Aging (4391), Kay Kirby, spring 1989.
7. Adolescent Self-Esteem, Values, Attitudes, and Social Behavior: A Comprehensive Literature Review (6391), Kris Junck, first summer term 1987.
6. Sociopsychological Effects of Divorce on Children and Therapeutic Intervention (6391), Donna Poehls, second summer term 1988.
5. An In-depth Survey of General Social Psychology (6391), Allen Perkins, spring 1987.
4. Spiritual Therapy and Neuro-Linguistic Programming (6391), Jana L. Sanders, fall 1985.
3. A Study of the Causes and Effects of Stress with Emphasis on Individual Perception and Coping Strategies (4391), Sherry Hughes, spring 1985.
2. Utilization of Personality Assessment in Personnel Selection (6391), Edward W. Gillenwater, fall 1983.
1. Theories of Counseling (4391), Dairyl J. Barnes, fall 1982.

## SCHOLARLY ACTIVITIES

### **Publications**

44. Conger, J. Z., & Singg, S. (2019). Effects of green tea consumption on psychological health. *Therapeutic Advances in Cardiology*, 2(2), 251-255.
43. Singg, S., & Johnson, T (2018). Perceived stigmatization among younger and older American adults with Type 1 Diabetes. *SciFed Journal of Diabetes and Endocrinology*, 2(1), 1-7.
42. Singg, S. (2018). Risk factors for heart disease that are unique to women. *Therapeutic Advances in Cardiology*, 1(4), 199-201.
41. Singg, S. (October 2017). Psychological Association of Greater West Texas and Southwestern Psychological Association. (October 2017). *SWPA Newsletter*, 10(3), 4, 6. Available from <https://www.xcdsystem.com/swpsych/files/SWPA%20Fall%202017%20Newsletter.pdf>
40. Singg, S. (2017). Role of obesity and depression in food preference: A study of adult sex disparities. *SciFed Obesity Research Journal*, 1(1). Available from <http://www.scifed.com/open-access/role-of-obesity-and-depression-in-food-preference-a-study-of-adult-sex-disparities.pdf>
39. Singg, S. (2017). Health risks of zoophilia/bestiality. *Journal of Biological and Medical Sciences*, 1(1). Available from <https://www.omicsonline.org/open-access/health-risks-of-zoophiliabestiality.pdf>

38. Singg, S., & Mull, C. M. (2017). Effect of color on information retention by young men and women. *Juniper Online Journal of Case Studies*, 2(4), 1-4; 555591. Available from <https://juniperpublishers.com/jojcs/pdf/JOJCS.MS.ID.555591.pdf>
37. Singg, S. (2017). Pharmaceutical Patient Non-Adherence. *Clinical Trials and Case Studies Journal*, 2(1), 1- 2, Available from <file:///C:/Users/ssingg/Documents/Downloads/-Pharmaceutical-Patient-Non-Adherence.pdf>
36. Singg, S. (2017). Ego-Dystonic Zoophilia: A case report with treatment plan and a critical look at the current state. *Clinical Case Reports and Reviews*, 3(1): 1-6. Available from <https://oatext.com/Ego-Dystonic-Zoophilia-A-case-report-with-treatment-plan-and-a-critical-look-at-the-current-state.php>
35. Singg, S., & Evans, M. (2016). Depression update and the role of nutritional intake in symptoms of depression experienced by young college students. *Clinical Trials and Case Studies Journal*, 1(1), 1- 5. Available from <http://www.ommegaonline.org/article-details/Depression-Update-and-the-Role-of-Nutritional-Intake-in-Symptoms-of-Depression-Experienced-by-Young-College-Students/843>
34. Singg, S. (2016). Reiki: A biofield therapy. In Carol M. Davis (Ed.), *Integrative Therapies in Rehabilitation: Evidence for Efficacy in Therapy, Prevention, and Wellness*. Thorofare, NJ: SLACK Inc.
33. Singg, S., & Martin, Z. (2016). Left-handedness and artistic abilities: A first look. *Biology and Medicine (Aligarh)* 8, 271. doi: 10.4172/0974-8369.1000271 .
32. Singg, S. (2015). Scabies awareness and Fear of Scabies Scale-10. *Journal of Clinical Case Studies* 1(1): doi <http://dx.doi.org/10.16966/jccs.102>
31. Singg, S. (2015). Use of Reiki as a biofield therapy: An adjunct to conventional medical care. *Clinical Case Reports and Reviews*, 1(3), 53-59. doi: 10.15761/CCRR.100012.
30. Singg, S. (2009). Cardiovascular disease. In Clifton D. Bryant (Ed.), *Encyclopedia of Death and the Human Experience*. Thousand Oaks, CA: Sage Publications.
29. Singg, S. (2009). Types of Grief. In Clifton D. Bryant (Ed.), *Encyclopedia of Death and the Human Experience*. Thousand Oaks, CA: Sage Publications.
28. Singg, S. (2008). Reiki: An alternative therapy. In Carol M. Davis (Ed.), *Complementary Therapies in Rehabilitation: Evidence for Efficacy in Therapy, Prevention, and Wellness (3<sup>rd</sup> ed.)*. Thorofare, NJ: SLACK Inc.
27. Singg, S. (2004). Reiki: An alternative therapy. In Carol M. Davis (Ed.), *Complementary Therapies in Rehabilitation: Evidence for Efficacy in Therapy, Prevention, and Wellness (2<sup>nd</sup> ed.)*. Thorofare, NJ: SLACK Inc.

26. Singg, S. (2003). Parents and the loss of a child. In Clifton D. Bryant (Ed.), *Handbook of Death and Dying*. Thousand Oaks, CA: Sage Publications.
25. Singg, S., & Belk, S. T. (published electronically in fall 2002). Dental anxiety and cognitive behavioral confirmation effect: A study of patients and dentists. *Perspectives Journal 2001* [On-line Serial], Vol. 4, Available at <http://aabss.org>.
24. Singg, S., & Farquhar, K. C. (published electronically in fall 2002). Evaluation of a self-enhancement program for alternative school students. *Perspectives Journal 2001* [On-line Serial], Vol. 4, Available at <http://aabss.org>.
23. Singg, S., & Ader, J. (2001). Development of Student Personal Responsibility Scale-10. *Social Behavior and Personality: An International Journal*, 29(4), 331-336.
22. Hubbartt, S., & Singg, S. (2001). Attitudes toward perpetration of sexual abuse against children: A study of legal and social service oriented students. *North American Journal of Psychology*, 3(2), 243-252.
21. Singg, S., & Lewis, J. (2001). Depression and blood types. *Psychological Reports*, 88, 725- 726.
20. Singg, S., & Whiddin, T. (2000). Relationship between preference for red and locus of control. *Perceptual and Motor Skills*, 91, 84-86.
19. Dressen, L., & Singg, S. (Accepted in 2000, Journal backdated to 1998). Desirable self-perceived Psychophysiological changes in chronically ill patients: An experimental study of Reiki. *Subtle Energies and Energy Medicine*, 9, 51-82.
18. Astra, R. A., & Singg, S. (2000) The role of self-esteem in affiliation. *The Journal of Psychology*, 134, 15-22.
17. Singg, S., & Dressen, L. (1999). Desirable self-perceived Psychophysiological changes in chronically ill patients: An experimental study of Reiki. *International Society for the Subtle Energies and Energy Medicine Conference Proceedings*, 9, 35-36.
16. Zykowski, T., & Singg, S. (1999). Effects of verb and delay on recall of an accident. *Perceptual and Motor Skills*, 88, 1231-1234.
15. Singg, S., & Atwater, E. (1999). *Instructor's manual with tests for Psychology for living: Adjustment, growth, and behavior today*. Upper Saddle River, NJ: Prentice Hall.
14. (1998). Two articles, "Toward an understanding of post-traumatic stress disorders: A historical and contemporary perspective" by S. Singg and "An exploratory study of therapists' training and success rates in treating childhood sexual abuse clients," by S. M. Winkelspecht and S. Singg were selected for inclusion in the *Published International Literature on Traumatic Stress (PILOTS) Database*. White River Junction, Vermont: VA Medical Center.  
[www.dartmouth.edu/dms/ptsd/](http://www.dartmouth.edu/dms/ptsd/)

13. Nelson, P. A., & Singg, S. (1998). Locus of control, sex, and attitudes toward suicide. *Psychological Reports, 83*, 353-354.
12. Winkelspecht, S. M., & Singg, S. (1998). An exploratory study of therapists' training and success rates in treating childhood sexual abuse clients. *Psychological Reports, 82*, 579-582.
11. Singg, S., Smith, J. P., Freed, D. M., & Elder., W. W. (1998). Relationship between cognitive functioning and daily living skills of Alzheimer's Disease patients [54 paragraphs]. *Perspectives Journal 1998* [On-line Serial], Vol. 1, Available at <http://aabss.org>.
10. Dearing, B. G., & Singg, S. (1997). Color preference, depression and treatment: A photosensitive assessment study. *International Society for the Subtle Energies and Energy Medicine Conference Proceedings, 7*, 29-31.
9. Dearing, B. G., & Singg, S. (1996). Photosensitive assessment: A study of color preference, depression, and treatment. *Subtle Energies & Energy Medicine, 7* (2), 89-110.
8. Singg, S., & Allen, W. A. (1996). Goodfellow Air Force Base. In The Texas Historical Association, *The New Handbook of Texas* (Vol. 3, p. 238). Austin: Author.
7. Singg, S. (1996). Angelo State University (Vol. 1, pp. 184-185). In The Texas Historical Association, *The New Handbook of Texas*. Austin: Author.
6. Singg, S. (1991). [Review of the book, *Domestic tyranny*]. *Deviant Behavior: An Interdisciplinary Journal, 12* (3), 337-338.
5. Singg, S. (1989). [Review of the book, *Adorned in dreams: Fashion and modernity*]. *Sociological Inquiry, 59* (1), 99-101.
4. Singg, S. (1989). [Review of the book, *The adolescent molester*]. *Deviant Behavior: An Interdisciplinary Journal, 10* (2), 206-208.
3. Singg, S. (1987). [Review of the book, *Abnormal offenders, delinquency, and the criminal justice system*]. *Deviant Behavior: An Interdisciplinary Journal, 8* (1), 109-110.
2. Singg, S. (1984). Toward an understanding of post-traumatic stress disorders: A historical and contemporary perspective. *Journal of Sociology and Social Welfare, 11*, 763-777.
1. Singg, S., & Webb, B. R. (1977). Demographic composition of an East Texas community: A comparative analysis. In H. E. Theis & L. T. Winfree (Eds.), *Proceedings of the Fall Sociological Research Symposium* (pp. 111-117). East Texas State University.

### **Dissertation, Thesis, Agency Reports and Counseling Aid**

- Singg, S. (2012). *Promises and Petals. A psychospiritual aid for counseling interns*. Publisher: Author.

- Singg, S. (2011). *Angelo State University's Counseling Psychology Graduate Program prioritization and assessment report*. Prepared for the Office of the Provost and Vice President for Academic Affairs, ASU. Conducted Research for presenting history, development, and future expectations of the program.
- Singg, S. (1989). *Communicating sex respect: An evaluation report of a pregnancy prevention program, 1987-1988*. Washington, DC: Department of Health & Human Services, Adolescent Family Life Demonstration Projects (Grant No. APH 000330-01-0).
- Singg, S. (1981). *The relationship of exceptional parents' stress-response syndrome with the experience of parenting a handicapped child*. Unpublished dissertation, Texas A&M University-Commerce, Texas.
- (1980). *Psycholinguistic lexicon*. Texas A&M University-Commerce, Texas. (with Samuel W. Cochran et al.)
- Singg, S. (1980). Is counseling psychology an art or science? Unpublished manuscript, Texas A&M University-Commerce, Texas.
- Singg, S. (1970). *The alienation syndrome: A before and after study of the welfare poor*. Unpublished master's thesis, Mississippi State University, Starkville, Mississippi, 1970.

### **Presentations at Professional Meetings**

63. Singg, S. (2019). Psychologists in the United States: Demographic differences. Psychological Association of Greater West Texas, San Angelo, Texas.
62. Singg, S., & Williams, S. (November 2018). Human trafficking: Impact on victims. Psychological Association of Greater West Texas, San Angelo, Texas.
61. Singg, S., Berkshire, J., & Wright, J. (April 2018). Most common ethical violations by psychologists: Prevention and resolution. Psychological Association of Greater West Texas, San Angelo, Texas.
60. Johnson, T, & Singg, S. (April 2018). Perceived health-related stigma: A study of adults with Type 1 Diabetes. Southwestern Psychological Association, Houston, Texas.
59. Singg, S., & Adder, J. (June 2017). Positive rules of parenting. Psychological Association of Greater West Texas, San Angelo, Texas.
58. Singg, S. (October 2016). A case report of ego-dystonic zoophilia. International Organization of Social Sciences and Behavioral Research, San Antonio, Texas.
57. Singg, S. (April 2016). Student performance in abstract and factual online versus on-site psychology courses. Southwestern Psychological Association, Dallas, Texas.



56. Singg, S., & Cole, B. C. (April 2016). Parental Bereavement. Psychological Association of Greater West Texas, San Angelo, Texas.
55. Singg, S. (April 2015). Ethical issues and multicultural psychotherapy. Psychological Association of Greater West Texas, San Angelo, Texas.
54. Singg, S. (April 2015). Use of Reiki, a biofield therapy for stress and pain management. Psychological Association of Greater West Texas, San Angelo, Texas.
53. Singg, S., & Steele, J.B. (April 2014). Self-esteem and job satisfaction of male and female entrepreneurs and employee. Southwestern Psychological Association, San Antonio, Texas.
52. Cohorn, R., & Singg, S. (August 2013). Moral dilemmas in psychological practice. Psychological Association of Greater West Texas meeting, San Angelo, Texas.
51. Singg, S. (April 2013). Religious commitment, personal responsibility, and academic performance of college students. Southwestern Psychological Association, Fort Worth, Texas.
50. Cohorn, R., & Singg, S. (August 2012). Practical ethical issues in practice. Psychological Association of Greater West Texas meeting, San Angelo, Texas.
49. Singg, S., & Mull, C. (April 2011). The influence of color on information retention. Southwestern Psychological Association, San Antonio, Texas.
48. Singg, S. (April 2010). Scabies Survey of College Students using Fear of Scabies Scale-10. Southwestern Psychological Association, San Antonio, Texas.
47. Singg, S. (April 2010). Contemporary ethical and legal issues in marriage and family therapy. Psychological Association of Greater West Texas meeting, San Angelo, Texas.
46. Singg, S., Freck, G., & Henrikson, T. C. (April 2009). The Relationship between student personal responsibility factors and students' teacher/class evaluation style. Southwestern Psychological Association, San Antonio, Texas.
45. Singg, S. (April 2007). Psychophysiological effects of music. Southwestern Psychological Association, Ft. Worth, Texas.
44. Singg, S., Palmer, T. N., & McNeese, B. (April 2006). Type of testing and performance: An effort to reduce cheating on the in-class exams. Southwestern Psychological Association, Austin, Texas.
43. Singg, S., Thomas, S., & Null, M. (February 2005). Relationship between student personal responsibility and academic dishonesty. American Association of Behavioral and Social Sciences, Las Vegas, Nevada.
42. Singg, S., & Pilsitz, M. (February 2005). Work status, responsibility, and career maturity of college students. American Association of Behavioral and Social Sciences, Las Vegas, Nevada.

41. Singg, S., Holscher, K., & Perez, A. (April 2004). Credit card debt and student personal responsibility. Southwestern Psychological Association, San Antonio, Texas.
40. Singg, S., Mata, C., Oliver, R., & Brown, M. (April 2004). Job/career change and job satisfaction of university employees. Southwestern Psychological Association, San Antonio, Texas.
39. Singg, S., & Martin, Z. (April 2003). Psychological differences between left- and right-handers. Annual conference of the Southwestern Psychological Association, New Orleans, Louisiana.
38. Rivero, M., & Singg, S. (April 2003). Spiritual well-being and mental and physical health. Southwestern Psychological Association, New Orleans, Louisiana.
37. Singg, S., & Orem, D. (April 2002). Work appreciation, job satisfaction, and self-esteem of employees. Southwestern Psychological Association, Corpus Christi, Texas.
36. Singg, S., & Potter, C. (April 2002). Procrastination and student personal responsibility. Annual conference of the Southwestern Psychological Association, Corpus Christi, Texas.
35. Singg, S., Ledesma, S., & Baker, S. (April 2002). Academic indecision and student personal responsibility. Southwestern Psychological Association, Corpus Christi, Texas.
34. Jarman, Y. S., Davis, F. S., & Singg, S. (April 2001). I just need a little responsibility. Southwestern Psychological Association, Houston, Texas.
33. Thomas, J. L., Harvey, B. A., Davis, F. S., & Singg, S. (April 2001). Characteristics of the responsible student. Southwestern Psychological Association, Houston, Texas.
32. Thomas, J. L., Harvey, B. A., Davis, F. S., & Singg, S. (April 2001). Responsibility and self-monitoring: Is there a connection? Southwestern psychological Association, Houston, Texas.
31. Singg, S., & Aguilera, M. C. (April 2001). Psychological Stress and Aggression: A Comparison of Ethnic Groups. Southwestern Psychological Association, Houston, Texas.
30. Singg, S., & Whistler, B. (April 2001). Adolescent Rebellion and Adulthood Responsibility in Relation to Parenting Styles. Southwestern Psychological Association, Houston, Texas.
29. Singg, S., & Pontius, J. (April 2001). Daycare and Selected Personality Variables: A Study of Young Adults. Southwestern Psychological Association, Houston, Texas.
28. Singg, S., & Whaley, R. (April 2001). Parental Divorce, Family Functionality, and Personality: A Study of Adult Children. Southwestern Psychological Association, Houston, Texas.

27. Singg, S., & Stevens, T. (April 2001). Comorbidity of Alcoholism and Depression: A Need for Proper Screening. Southwestern Psychological Association, Houston, Texas.
26. Krause, T., & Singg, S. (April 2001). Antisocial Behavior, Psychosocial Variables, and Academic Achievement of College Students. Southwestern Psychological Association, Houston, Texas.
25. Singg, S., & Belk, S. (January 2001). Dental anxiety and cognitive behavioral confirmation effect: A study of patients and dentists. American Association of Behavioral and Social Sciences, Las Vegas, Nevada.
24. Singg, S., & Farquhar, K. C. (January 2001). Evaluation of a self-enhancement program for alternative school students. American Association of Behavioral and Social Sciences, Las Vegas, Nevada.
23. Thomas, J. L., Harvey, B. A., Davis, F. S., & Singg, S. (November 2000). Do responsible students get better grades? Joint meeting of Nebraska Psychological Society and Association for Psychological and Educational Research, Kearney, Nebraska.
22. Singg, S., & Whiddin, T. (April 2000). Relationship between preference for red and locus of control. Southwestern Psychological Association, Dallas, Texas.
21. Evens, M., & Singg, S. (April 2000). Role of nutritional intake in depression among college men and women. Southwestern Psychological Association, Dallas, Texas.
20. Singg, S., & Koupus, B. (April 2000). Drinking locus of control, psychological adjustment, and DWI offense history. Southwestern Psychological Association, Dallas, Texas.
19. Pontius, J., & Singg, S. (April 2000). Role of depression, obesity, and sex in food preference. Southwestern Psychological Association, Dallas, Texas.
18. Singg, S., & Dressen, L. J. (June 1999). Desirable self-perceived Psychophysiological changes in chronically ill patients: An experimental study of Reiki. International Society for the Study of Subtle Energies and Energy Medicine, Boulder, Colorado.
17. Singg, S. (April 1999). Depression and blood types. Southwestern Psychological Association, Albuquerque, New Mexico.
16. Singg, S., & Dressen, L. J. (April 1999). Effects of Reiki on chronically ill patients. Southwestern Psychological Association, Albuquerque, New Mexico.
15. Singg, S., & Zykowski, T. (April 1999). Effects of suggestive verbs and delay on recall of An event. Southwestern Psychological Association, Albuquerque, New Mexico.
14. Singg, S., & Njemanze, C. E. (April 1999). Occupational stress in workers of a facility for developmentally disabled persons. Southwestern Psychological Association, Albuquerque, New Mexico.

13. Singg, S. (February 1999). Development and implementation of a practicum program in psychology. American Association of Behavioral and Social Sciences, Las Vegas, Nevada.
12. Cole, B., & Singg, S. (May 1998). The Relationship between Parental Bereavement Reaction Factors and Selected Psychosocial variables. American Psychological Society, Washington, DC.
11. Singg, S., & Robertson, R. W. (May 1998). Types and characteristics of the undecided college students. American Psychological Society, Washington, DC.
10. Singg, S., & Sen, J. (April 1998). Congruence of personality with career path: Implications for college students. Southwestern Psychological Association, New Orleans, Louisiana.
9. Singg, S., & Brinkley, S. J. (April 1998). Relationship between resiliency of contemporary American Indian women and selected psychosocial variables. Southwestern Psychological Association, New Orleans, Louisiana.
8. Singg, S., & Ader, J. (April 1998). Student Personal Responsibility Scale, self-esteem and academic performance. Southwestern Psychological Association, New Orleans, Louisiana.
7. Singg, S., & Nelson, P. A. (April 1998). Suicide and locus of control: A survey of college students. Southwestern Psychological Association, New Orleans, Louisiana.
6. Singg, S., Smith, J. P., Freed, D. M., & Elder, W. W. (January 1998). Relationship between cognitive functioning and daily living skills of Alzheimer's Disease patients. American Association of Behavioral and Social Sciences, Las Vegas, Nevada.
5. Dearing, B., & Singg, S. (June 1997). Photosensitivity, depression and treatment: Research on color and light. International Society for the Study of Subtle Energies and Energy Medicine, Boulder, Colorado.
4. Singg, S. (March 1985). Post-traumatic stress disorders: A historical and contemporary perspective. Texas Academy of Sciences, Dallas, Texas.
3. Singg, S. (April 1982). Stress-response syndrome of parents caring for a handicapped child. Southwestern Psychological Association, Dallas, Texas.
2. Singg, S. (October 1977). Demographic composition of an East Texas community: A comparative analysis. Annual Alpha Kappa Delta Conference, Commerce, Texas.
1. Singg, S. (March 1971). Situational and personal variables related to the degree of alienation among the welfare poor. Southwestern Sociological Association, Dallas, Texas.

## **Grants**

- (2002). Web-Based, Online, Multimedia Biofeedback Training Program. Technology

Development Grant, Angelo State University. (\$4,649); Sangeeta Singg, Principal Investigator)

- (1997). Effects of Biofeedback on Chronic Tension Headache: A Comparison of Three Modalities. Faculty Research Enhancement Program, Angelo State University. (\$9,686; Sangeeta Singg, Principal Investigator)
- (1996). Brainwave Training Program. Faculty Development and Enrichment Program, Angelo State University. (\$3,853; Recipient, Sangeeta Singg)
- (1993 & 1994). Public Perception and Needs Assessment Surveys of San Angelo. San Angelo AIDS Foundation, San Angelo, Texas. (capital expenses paid by SAAF; Sangeeta Singg, Principal Investigator)
- (1987-1990). Communicating Sex Respect. Department of Health & Human Services, Family Life Demonstration Project, Washington DC. (first year \$61,618; 50% of the initial grant thereafter for two years; Sangeeta Singg, Principal Investigator)
- (1988). Community Needs Assessment for Del Rio, GTE Southwest, San Angelo, Texas. (\$1,000; Sangeeta Singg, Principal Investigator)
- (1984). Academic Indecision of College Students and the Effects of Career Counseling on their College Major and Vocational Choice. ASU Organized Faculty Research Grant. (\$3,771; Sangeeta Singg, Principal Investigator)

### **Carr Graduate Student Research Scholarship Project Supervision**

- Tracy Zykowski (1997-1998), Memory reconstruction: The effects of language and lapse of time on recall.
- Susan Winkelspecht (1996-1997), Treatment of adult survivors of child sexual abuse.
- Jayan Sen (1995-1996), Congruence of personality with career path: Implications for college students in relation to GPA and major decision.
- Diane Markworth (1994-1995), Counseling the battered woman: An exploratory study of the treatment process and outcome.

### **Invited Professional Lectures**

28. (July 2, 2010). Psychology programs at ASU and career outlook in psychology. A presentation at the Annual Summer Program for Up and Coming Scholars, ASU Lake House, San Angelo, Texas.
27. (November 9, 2009). History, research, and application of Reiki as an alternative method of physical therapy. A two and half hour seminar to second year PT students in PT 6740:

- Examination and Management of Neurosensory Systems, Angelo State University, San Angelo, Texas.
26. (June 3, 2009). Careers in psychology: What programs we offer at ASU. A presentation at the annual Summer Program for Up and Coming Scholars, ASU Lake House, San Angelo, Texas.
  25. (June 9, 2007). Effective marital communication. A 3-hour CE seminar for licensed professionals sponsored by the River Crest Hospital, San Angelo, Texas.
  24. (November 3, 2005). Diabetes and Depression. A public lecture sponsored by the San Angelo Community Medical Center, San Angelo, Texas.
  23. (November 19, 2002). Healing and Humor. A presentation to Eng 4381: American Humor class of Dr. Chris Ellery, in conjunction with ASU Symposium on American Values with 2002 theme, "Life, Liberty and the Pursuit of Laughter: Humor and American Values.
  23. (September 26, 2002). Cross Cultural Dialogue/Cultural Prospective (Obtain a better understanding of yourself and understand why others think and act the way they do.). Seminar for the Multicultural Leadership Program, United Way of Concho Valley, San Angelo, Texas.
  21. (October 25, 2000). Decision making and problem solving. Presentation to USTD 1201: Critical Thinking class of Ms. Mary Culbertson-McCaskey, Angelo State University.
  20. (April 29, 1999). Health and wellness. Presentation to students at the Massie Residence Hall for Men, Angelo State University.
  19. (October 13, 1998). Ethics, morality, and laws. Presentation to USTD 1103: Critical Thinking class of Ms. Maria de los Santos Onofre-Madrid, Angelo State University.
  18. (October 19, 1998). Thesis writing in graduate psychology program at ASU. Presentation at the meeting of Graduate Student Psychological Association, Angelo State University, San Angelo, Texas.
  17. (September 27, 1998). Dispelling the positive and negative myths about practicum in psychology. Presentation at the meeting of Graduate Student Psychological Association, Angelo State University, San Angelo, Texas.
  16. (October 27, 1997). Psychology Practicum: Undisclosed Secrets and Survival Tips. Presentation at the meeting of the Graduate Student Psychological Association, Angelo State University, San Angelo, Texas.
  15. (November 19, 1996). Licensed Specialist in School Psychology: Is it for me? Presentation to the Graduate Student Psychological Association, Angelo State University, San Angelo, Texas.
  14. (March 8, 1995). Expressing female sexuality in West Texas: Implications for the

- medical professionals. Presentation to the Women's Health Class, Angelo State University.
13. (April 7, 1994). Joys and sorrows of being a professional woman. Panel discussion, East Texas State University Women's Forum, Commerce, Texas.
  12. (April 7, 1994). On becoming a psychologist. Presentation to the East Texas State University psychology students, Commerce, Texas.
  11. (October 15, 1990). Opportunities for psychology graduate programs at Angelo State University and 30 other American universities. Presentation to the Graduate Student Psychological Association, Angelo State University, San Angelo, Texas.
  10. (April 21, 1990). How to be a successful college student. Keynote address to the Alpha Lambda Delta National Honor Society, spring banquet, Angelo State University, San Angelo, Texas.
  9. (March 13, 1990). Family Therapy. Presentation to the BSN Nursing Students, Angelo State University, San Angelo, Texas.
  8. (December 1, 1989). Parapsychology. Presentation at the meeting of the Graduate Student Psychological Association, Angelo State University, San Angelo, Texas.
  7. (April 14, 1988). Women's mental disorders. Presentation to Women's Health Class, Angelo State University, San Angelo, Texas.
  6. (October 1987). Psychological care of the SIDS family. Paper presented at the West Texas SIDS Symposium, San Angelo, Texas.
  5. (November 17, 1986). The problem of academic indecision and methods to assist the undecided students in making decisions concerning their majors and careers. Lecture sponsored by the Women's High-rise Association of ASU, San Angelo, Texas.
  4. (February 14, 1985). Diagnosis and treatment of sleep disorders. Presentation at the meeting of Nursing Association of Angelo State University, San Angelo, Texas.
  3. (December 4, 1984). Altered states of consciousness: Sleep and dreams. Presentation at the Faculty Luncheon Series, Angelo State University, San Angelo, Texas.
  2. (January 25, 1984). Psychological basis for language learning. Presentation to the graduate students of English class: Teaching English as Second Language, Angelo State University, San Angelo, Texas.
  1. (February 1983). How to give spiritual education to the mentally retarded. Presentation at the Twentieth Annual Educational Convention of San Angelo Diocese, San Angelo, Texas.

## **Continuing Education & Faculty Development**

152. Lying in therapy by Dr. Drew A. Curtis, Psychological Association of Greater West Texas, San Angelo, Texas August 9, 2019.
151. The Ethics of therapist deception by Dr. Drew A. Curtis, Psychological Association of Greater West Texas, San Angelo, Texas August 9, 2019.
150. Multiculturalism: Connects and disconnects between the multicultural history of the therapist and the client's cultures, A panel discussion, Psychological Association of Greater West Texas, San Angelo, Texas, June 7, 2019.
149. Living in the real world: A 12 step approach to recovery and to life by Maurice Cox Psychological Association of Greater West Texas, San Angelo, Texas, April 26, 2019.
148. Blackboard excellence in teaching and learning, Angelo State University, San Angelo, Texas, August 20-21, 2018.
147. 2018 Update from the Texas State Board of Examiners of Psychologists by Mr. Derrel Spinks, Psychological Association of Greater West Texas, San Angelo, Texas, August 3, 2018.
146. Therapy with Children: A Diversity Seminar by Dr. Barbara Rilla, Psychological Association of Greater West Texas, San Angelo, Texas, June 1, 2018.
145. Concho Valley Wellness Symposium, McNease Convention Center, San Angelo, Texas, May 8, 2018.
144. The ABC's of LGBTQ Clients by Nate Smith, LPC, Three Rivers Counseling Association, Alumni Center, San Angelo, Texas, April 26, 2018.
143. Most Common Ethical Violations: Prevention and Resolution by Drs. Jim Berkshire, Sangeeta Singg and Jarvis Wright, Psychological Association of Greater West, San Angelo, Texas, April 20, 2018.
142. Selected Mechanics of Happiness by Drs. Sharon Kulig and Linda Ross, Psychological Association of Greater West Texas, San Angelo, Texas, April 20, 2018.
141. Master Training in Integrated Medicine, Tennant Institute, Grapevine, Texas, February 16-17, 2018.  
Healing is voltage by Dr. Jerry Tennant  
Emotional harmonizing by Dr. Elena Marr  
The art of medicine by Dr. Gregory Hyde  
Connection between dental and health by Dr. Steve Evans
140. Psychological Applications of Art Therapy by Dr. John Jones and Ms. Dianalee Jones, PAGWT, November 3, 2017.
139. Integrated Medicine, Tennant Institute, Grapevine, Texas, September 30-31, 2017
138. Ethical and Management Issues for Practicing Psychologists by Drs. Ron Cohorn & Truett Smith, PAGWT, August 4, 2017.
137. Interventions for the Elderly: A Diversity Seminar by Dr. Robb Weiss, PAGWT, April 21, 2017.
136. Gender differences symposium for health care providers by Drs. Michael Blanc, Joe Wilkinson, James Mass, Robert Bennett, Joanna Wilson, Rosalinda Carrozales, Bryan Mejia, Glenn Ihde, Sharon Kulig, Linda Ross, and Duncan Fischer, Angelo State University, March 4, 2017.
135. Ethical and Effective Use of DSM-5 by Dr. Perry Marchioni, PAGWT, November 4, 2016.
134. Working with Children: Diversity Issues by Michelle Hanby, PAGWT, August 5, 2016.
133. TPA's Views on Current State of Psychology & Sunset Legislation Update by David White, PAGWT, August 5, 2016
132. Nourishing Traditional Diets: The Key to Vibrant Health by Sally Fallon Morell, Austin, Texas, July 30, 2016.
131. BBWorld Higher Ed Live: A Professional Development Virtual Conference, July 14, 2016.
130. Ethical Issues Surrounding Applied Behavior Analysis by Dr. Robb Weiss, PAGWT, June 3, 2016.
129. Pros and Cons of Having a Home-Based Private Practice by Bill Montgomery, PAGWT, June 3, 2016.
128. Natural Family Systems: Bowen Theory by Dr. Eileen M. Raffaniello Barbella, PAGWT, November 4, 2015.
127. Ethical Issues Surrounding Applied Behavior Analysis by Dr. Robb Weiss, PAGWT, June 3, 2016.
126. Working with diverse clients through Christian principles by Basil Frasure, PAGWT, June 5, 2015.
125. One hour webinar on "Instructor Training: Using the Respondus Test Bank Network to Quickly Create Online Exams," January 29, 2015.
124. Four hours seminar on "An update from the Texas State Board of Examiners of Psychologists" by Darrel Spinks, PAGWT, November 7, 2014.
123. One hour lecture on "Understanding Jewish Traditions" by Robb Weiss, PAGWT, November 7, 2014.
122. Guidelines for Working with the Elderly by Dr. Alicia Rozycki, PAGWT, August 1, 2014.
121. Professional Responsibility: Medicare PQRS by Dr. Alicia Rozycki, PAGWT, August 1, 2014.
120. Laws & Ethics: How they affect the Psychology Practice in Texas by Dr. Rick McGraw, PAGWT, June 6, 2014
119. Cultural Diversity-Judaism by Dr. Robb Weiss, PAGWT April 25, 2014.
118. Highlights from the Board: Board Complaints and Statistics by Darrel D. Spinks, PAGWT, January 24, 2014
117. Training for serving on the University Judicial Committee, ASU, October 25, 2013.



116. Quality Matters Training workshop by Dr. Deborah Banker, ASU, October 11, 2013.
115. The Essentials of Cellular Rejuvenation & Thyroid Health Michael Gaeta, Austin, Texas, June 29-30, 2013
114. Tracking the hormone jungle : Attaining Hormonal Clarity! by Dr. Michael E. Greer, San Antonio, Texas, May 18-19, 2013
113. Forensic Services to Diverse Cultures by Dr. Jarvis Wright, River Crest Hospital, San Angelo, Texas, April 2, 2012.
112. Update on Psychopharmacology by Dr. Janine Ray, River Crest Hospital, San Angelo, Texas, December 7, 2012.
111. Doctor of Future: The practice of rational intervention by Dr. Stuart White, Texas, April 21-22, 2012.
110. MR/DD: Welcome to my world by Dr. Robb Weiss, River Crest Hospital, San Angelo, Texas, April 6, 2012.
109. Military veteran mental health by Dr. Jesse Bursard, River Crest Hospital, San Angelo, Texas, December 2, 2011.
108. Iridology by Dr. Michael K. Wells, Austin, Texas, November 19-20.
107. The current state of the profession: A workshop in ethics, by Dr. Ron Cohorn, River Crest Hospital, San Angelo, Texas, September 2, 2011.
106. Gate control theory for pain management for you and your patients by Dr. Brenda Goodner, River Crest Hospital, San Angelo, Texas, June 3, 2011
105. How to continue working beyond the retirement age by Dr. Ralph Chase, River Crest Hospital, San Angelo, Texas, March 4, 2011.
104. DSM 5 by Dr. Perry Michioni, River Crest Hospital, San Angelo, Texas, December 3, 2010.
103. Dementia Update by Dr. John Jones, River Crest Hospital, San Angelo, Texas, October 1, 2010.
102. Nutrition response testing by Dr. Darren Schmidt, Austin Center, Austin, Texas, July 10-11, 2010.
101. Balancing female hormones naturally: The essential physiology and principles, The Austin Center, Austin, Texas, June 26-27, 2010.
100. Conducting child custody evaluations by Dr. Jarvis Wright, River Crest Hospital, San Angelo, Texas, July 2, 2010.
99. Mastering the fundamentals: Clinical nutrition basics by Marlene Merritt and Will Mitchell, The Austin, Texas, May, 2-3, 2009.
98. Overview of Alzheimer's Disease and the dementias by Dr. Samuel Brinkman, River Crest Hospital, San Angelo, Texas, April 16, 2009.
97. Assessment and diagnosis of personality disorders: The case of borderline personality disorder by Dr. Joel Carr, River Crest Hospital, San Angelo, Texas, April 25, 2009.
96. Treatment of children and ethics by Dr. George Foelkner, River Crest Hospital, San Angelo, Texas, April 24, 2009.
95. Ethics: Lawyers vs psychologists by Dr. Jarvis Wright, River Crest Hospital, San Angelo, Texas, April 24, 2009.
94. The comprehensive inter-system approach to sex offender treatment by Dr. Richard Clark, River Crest Hospital, San Angelo, Texas, April 16, 2009
93. Creating and using shorter multiple -choice tests of personality: Big five , less filling by Dr. Fred Oswald, Angelo State University, San Angelo, Texas, March 6, 2009.
92. Success with natural medicine: Natural therapies with cardiovascular disease, GI disorders, and thyroid disorders by Michael Gaeta, Austin, Texas, February 28-March 1, 2009.
91. Children of veterans with PTSD by Dr. Paul Jurek, River Crest Hospital, San Angelo, Texas, February 19, 2009.
90. Texas Sate Board of Examiners of Professional Counselors Ethics Committee Meeting, Angelo State University, San Angelo, Texas, January 29, 2009.
89. Working toward a multidisciplinary treatment model in psychiatric disorders found in childhood and adolescence by Dr. Scott Storm, River Crest Hospital, San Angelo, Texas, January 15, 2009.
88. Does the dog whisperer have something to say about oppositional defiant children? By Dr. George Foelkner, River Crest Hospital, San Angelo, Texas, November 20, 2008.
87. Pain management: Assessment and interventions by Dr. Brenda Goodner, River Crest Hospital, San Angelo, Texas, October 11, 2008.
86. Therapy as leadership by Dr. Raul Rodriguez, Sponsored by the River Crest Hospital, San Angelo, Texas, September 18, 2008.
85. Applied nutrition for health professionals/Cardiovascular health-getting to the heart of problem by Dr. Jay Robbins, Irving, Texas, June 28-29, 2008.
84. The ethics of therapy in an increasingly violent society by Dr. Marc Orner, River Crest Hospital, San Angelo, Texas, June 14, 2008.
83. Mental health and aging by Jeff Dohrse, River Crest Hospital, San Angelo, Texas, April 12, 2008.
82. Go Red for Women, CPR training and other educational programs for prevention of heart disease. Angelo State University, February 7, 2008
81. The Virtuous Therapist: Ethical practice of Counseling and Psychotherapy, Continuing Education Program sponsored by The Institute for the Study of Human Knowledge, Cambridge, MA, 2007.
80. Discovering Your Greatness: Women's Conference, Angelo State University, San Angelo, TX, 2007.

79. Discovering Your Greatness: Women's Conference, Angelo State University, San Angelo, TX, 2006.
78. Ethics in Counseling and Psychotherapy: Standards, Research, and Emerging Issues, Continuing Education Program sponsored by The Institute for the Study of Human Knowledge, Cambridge, MA, 2006.
77. Cognitive Therapy of an Avoidant Personality, Continuing Education Program sponsored by The Institute for the Study of Human Knowledge, Cambridge, MA, 2005.
76. Ethics and Values in Psychotherapy, Continuing Education Program sponsored by The Institute for the Study of Human Knowledge, Cambridge, MA, 2005.
75. Using Digital Video Conferencing and other Web-Based Technology to Enhance Online Learning by Carol Barbay and Irene Doo, Southwestern Psychological Association Psi Beta Symposium, San Antonio, Texas, April 10, 2004.
74. Living with Grief: Coping with Public Tragedy, Panelists: Kenneth J. Doka, La Vone Hazell, Marcia Lattanzi-Licht, Nadine R. Penner, and Marlene A. Young, Tenth Annual Living with Grief Teleconference, Shannon Medical Center, April 30, 2003.
73. The Sex Differences and MBTI Personality Types in Family Therapy Interventions by Marsha J. Halfman, Jerry Bruce, and Deborah A. Olson, Southwestern Psychological Association Continuing Education Workshop, New Orleans, Louisiana, April 18, 2003.
72. Introduction to Generalizability (G) Measurement Theory by Bruce Thompson, Southwestern Psychological Association Continuing Education Workshop, New Orleans, Louisiana, April 17, 2003.
71. Healthy Pleasures by Robert Ornstein and David Sobel, Continuing Education at Home Program by Institute for the Study of Human Knowledge, January 8, 2003.
70. Grants and Research at ASU by Carol Diminnie and David Loyd, Angelo State University, San Angelo, Texas, September 23, 2002.
69. Living with Grief: Loss in Later Life, moderated by Cokie Roberts, Ninth Annual Bereavement Teleconference, Shannon Medical Center, April 24, 2002.
68. Lilly Conference teaching workshops:
  - Ethics of student -Faculty Friendships by Linc Fisch, November 16, 2001
  - Teaching with Style—and Technology Too by Tony Grasha, November 16, 2001
  - Teaching as Scholarship: Conducting Pedagogical Reserch While Enhancing Classroom Experiences by Gabie Smith and Tami Eggleston, November 16, 2001
  - Teaching Research and Writing to Undergraduates: A Practical Methodological Approach, November 16, 2001
  - Yoga as a Metaphor for Teaching by Carol Young and Lee Edgren, November 16, 2001
  - Using Behavior Conditioning and Canine Behavior Models to Increase Student Motivation, Part 1, Theory: A portrait of the Student as a Young Dog by Darby Lewes, November 17, 2001
  - Using Behavior Conditioning and Canine Behavior Models to Increase Student Motivation, Part 2, Praxis: Literature for Linebackers by Darby Lewes, November 17, 2001
  - Problem Based Learning Really Does Work in Business by Sharon Valente, November 17, 2001
  - Assessing the Difference: Strategic Planning for Your Own Academic Path by Todd Zakrajsek, November 17, 2001
  - Get Someone Else to Write Your Syllabus by Jon Enriquez, November 18, 2001
67. Concho Valley Regional Technology Conference, Angelo State University, San Angelo, Texas, October 12, 2001.
66. Caregiving and loss: Family Needs, Professional Responses by Joyce Davidson, Kenneth Doka, Bernice C. Harper, Carol Levine, Susan Reinhard, and Myrl Weinberg, PsychoEducational Resources (PER), April 18, 2001.
65. Getting to Know Your Data: Essential Data Cleaning Techniques, by Dennis I. Jackson, Linda Hynan, Tom Burdenski, Keven M. Kieffer, and Charles A. Burdsal, Southwestern Psychological Association Continuing Education Workshop, Houston, Texas, April 12, 2001.
64. Selection and Development in Business and Organizations Using Comprehensive Assessment. Southwestern Psychological Association Continuing Education Workshop, Houston, Texas, April 13, 2001.
63. Scholarly Writing Workshop, by Robert A. Lucas, Angelo State University, February 6, 2001.
62. Grant Writing: Proposal Development and Submission Workshop by Edward F. Cloutier, American Association of Behavioral and Social Sciences, Las Vegas, Nevada, February 2, 2001.
61. Living with Grief: Children, Adolescents, and Loss, by Charles Corr, Kenneth Doka, Margarita Suarez, and Nancy Boyd Webb. Seventh Annual Bereavement Teleconference, Shannon Medical Center, San Angelo, Texas, April 26, 2000.
60. Cognitive Behavioral Group Therapy, by Kurt Baker, Southwestern Psychological Association Continuing Education Workshop, Dallas, Texas, April 22, 2000.
59. Structural Equation Modeling, by Charles Burdsal, Bruce Thompson, and John Cornell, Society for Applied Multivariate Research, Dallas, Texas, April 20, 2000.
58. The Power of Belief: Thoughts that Harm; Thoughts that Heal. By Laura King, Mind Matters Seminars, San Angelo, Texas, March 16, 2000.

57. Grants Workshop, by Tamsey K. Andrews/Farris State University, Angelo State University, July 8, 1999.
56. Workplace Discrimination and Sexual Harassment, by Sheryl Kanaga, Angelo State University, April 27, 1999.
55. Living with Grief, by Kenneth Doka, Michael Jemmott, Michael Kirby, Marcia Lattanzi-Licht, and Cokie Roberts, Sixth Annual Bereavement Teleconference, Shannon Medical Center, April 14, 1999.
54. Relationship Enhancement Couples Therapy, by Marsha Harman and Michael Waldo, Southwestern Psychological Association Meeting, Albuquerque, New Mexico, April 2, 1999.
53. SCATE Interactive Television Instructor Workshop, by Douglas Young, Angelo State University, March 22-24, 1999.
52. Neuropsychology for Non-Neuropsychologists, by John E. Mendoza, New Orleans, Louisiana, April 9, 1998.
51. Reiki: An Alternative Healing Method, by Baron McGhee, Dallas, Texas, July 20, 1997.
50. Healing Laughter and Healing Breath, by Roberta and Bertrand Babinet, Boulder, Colorado, June 15, 1997.
49. Meditation, by Dickey P. Nyerongsha, Boulder, Colorado, June 15, 1997.
48. Emotional Clearing Through Breathwork, by Kathleen Barrett, Boulder, Colorado, June 14, 1997.
47. Seeing, Feeling, and Working with Human Energy for Life Transformation, by Ron Urquhart and Kate Ficher, Boulder, Colorado, June 14, 1997.
46. Scientifically Based Marital Therapy, by John Gottman, Dallas, Texas, February 28-March 1, 1997.
45. American Psychological Association Ethical Principles, by Mike Gotlieb, San Angelo, Texas, March 8, 1996.
44. EEG Biofeedback Training for Health and Mental Health Professionals, by Valdeane W. Brown, Terrytown, New York, June 19-20, 1996.
43. Electromyographic and Temperature Feedback Training, by Valdeane W. Brown, Terrytown, New York, June 16-18, 1996.
42. Biofeedback Instrumentation, by Adam Crane, Terrytown, New York, June 13-15, 1996.
41. Academic Advising—The Cornerstone of Student Success, by Laurie Schreiner, San Angelo, Texas, April 24, 1996.
40. Crisis Response Suicide Intervention, by Richard K. Nongard, San Angelo, Texas, October 19, 1995.
39. Clinical Biofeedback, by Valdeane W. Brown, Terrytown, New York, October 6-8, 1995.
38. The Rorschach: Advanced Interpretation, by Stephen E. Finn, Austin, Texas, May 19, 1995.
37. Counseling Supervision Guidelines, by Emily Oe, San Angelo, Texas, March 17, 1995.
36. Intensive Short-Term Dynamic Psychotherapy, by Habib Davanloo, Austin, Texas, November 4-5, 1994.
35. Psychopharmacology Seminar, by Stephen Pharm, Wayne Jones, and Barry Fenton, San Angelo, Texas, September 23, 1994.
34. The new APA Ethical Principles and Code of Conduct, by Michael Goattlieb, Dallas, Texas May 6, 1994.
33. Psychology, Practicing in an Age of Consumerism, by Linda Bollin, Dallas, Texas, May 6, 1994.
32. Psychotherapeutic Approaches to Traditional Men, by Gary Brooks. Dallas, Texas, May 6, 1994.
31. Brief Therapy Using Virginia Satir's Most Powerful Tools, by Lynne Azpeitaia, San Antonio, Texas, January 27, 1994.
30. Assessment, Intervention, and Treatment of Family Violence, by Robert Breen, San Antonio, Texas, January 28, 1994.
29. How to Meditate and How to Teach Clients Meditation, by Robert H. Weiner, November 1, 1992.
28. Building Self-Esteem in the Adult: The Five Questions of Identity, by Katrina H. Bright and Stewart Beasley, Dallas, Texas, October 29, 1992.
27. Practical Hypnotherapy, by Jack Tracktir, Houston, Texas, April 17, 1992.
26. Issues in the Assessment and Treatment of Alzheimer's Patients, by James. R. Hall and Andrew W. Houtz, Houston, Texas, April 16, 1992.
25. Legal Issues in Marriage and Family Therapy, by Steven Engelberg, Robert Woody, and Richard Leslie, Dallas, Texas, November 2, 1991.
24. Family of Origin, Gender, and Therapeutic Artistry with Couples, by Beth Enrickson and David Moultrup, Dallas, Texas, November 1, 1991.
23. Intergenerational Family Therapy: Comparison of Two Models, by James Framo and Donald Williamson, Dallas, Texas, October 31, 1991.
22. Restitution Therapy: A Contradiction in Terms or a Rural Solution of a National Problem, by Jan Hindman, May 17 and 18, 1990.
21. Sexual Abuse and Incest, by Lee Davis, Galveston, Texas, March 4, 1990.
20. AIDS, by LeClair Bissell, Galveston, Texas, March 4, 1990.
19. Physical Evaluation of the Sexually Abused Child, by Mary E. Shields, San Angelo, Texas, November 29, 1989.
18. Annual Institute of Southwestern Group Psychotherapy, San Antonio, Texas, October 6-8, 1989.
17. Methodologies in Teaching Psychology, by Doug Bernstein, Abilene, Texas, February 10, 1989.
16. Stress Management for the Professor and Making Teaching Fun, by Doug Bernstein, Abilene, Texas, February 10, 1989.
15. Annual Institute of Southwestern Group Psychotherapy, Little Rock, Arkansas, September 29-October 2, 1988.

14. The legal Concerns for the Mental Health Practitioner, Three Rivers Association for Counseling and Development, May 14, 1988.
13. AIDS Overview/Infection Control. Concho Valley Continuing Education Committee, San Angelo, Texas, November 5, 1987.
12. Recent Advances in Reality Therapy, by William Glasser, San Angelo, Texas, November 15, 1985.
11. Relationship Skills Mapping, San Antonio, Texas, January 26, 1985.
10. Requiem for a Heavyweight: The evolution of strategic family therapy, San Antonio, Texas, January 25, 1985.
9. Therapeutic Maneuverability: Dealing with the clinical tarbaby, San Antonio, Texas, January 25, 1985.
8. Internship or Internment, San Antonio, Texas, January 25, 1985.
7. Dreams–Beyond Family of Origin, San Antonio, Texas, January 24, 1985.
6. Senoi Dream Workshop, San Antonio, Texas, October 12, 1984.
5. Working with Adolescents, San Antonio, Texas, October 12, 1984.
4. Psychodynamic Groups, San Antonio, Texas, October 12, 1984.
3. A Family Therapy Workshop, by Virginia Stir, Dallas, Texas June 2-5, 1984.
2. Issues in Counseling Adolescent Parents, Dallas, Texas., April 15, 1982.
1. MMPI Interpretation. Houston, Texas, April 16, 1981.

## **SERVICE**

### **Department Service**

- Supervision of Graduate Assistants, 1981-Present.
- Advise undergraduate students, 1981-Present
- Member, Department Peer Review Committee (DPRC), 2016 – Present
- Member of committee for interviewing students for the Counseling Psychology graduate program, 2017-2018.
- Assist Counseling Psychology Graduate Program Director with program related decisions as requested, 2011-Present
- Member of Department Executive Committee for Tenure and Promotion, 1987- Present
- Chair, Department Tenure and Promotion Committee, 2007, 2011
- Graduate Program Director, Counseling Psychology, 2000-2011.
- Department's Graduate Advisor (title changed to director in 2000) for both general psychology & counseling psychology programs, 1987-2000.
- Graduate Practicum Director/Coordinator (1985-2011).
- Researched and wrote Program Prioritization Report for Counseling Psychology Program, 2011.
- Counseling Psychology Program write-up for department's web site, 2011.
- Nominated graduate students for "Distinguished Student" award from 1997-2011.
- Initiated and organized GSPA Research Symposium for Department's graduate students' research presentations, 2010, 2011.
- Organized department's Annual Orientation for Psychology Graduate Students, 1991-1993, 2000-2003.
- Advised undergraduate and graduate students, 1981- 2011
- Practicum supervisor, 1984-2011; taught Psy 6371 & 6671: Practicum as overload.
- Practicum site supervisor (Counseling Service-Station, ASU), 2009-2011.
- Chair, Thesis Advisory Committees (directed 77 theses to completion).
- Chair, Committee for Training and Evaluation of Teaching Assistants, 1995-1997.
- Supervised teaching assistants, 1987-1997.

- Evaluated and revised the library periodical holdings in psychology by conducting a needs assessment survey of students and faculty (1992).
- Served on 14 Faculty Search Committees.
- Member of Graduate and Undergraduate Curriculum Committees, 1983-1993.
- Member, Department Assessment Committee, 1983-1993.
- Library Coordinator (1981-1985)

## **University Service**

### **University Committee Service**

- Core Curriculum Committee, 2016-Present
- University Curriculum Committee, 2008-2016
- University Judicial Committee, 2013-2015
- Committee on Faculty Development and Enrichment Grants, 2011-2013
- Graduate Council, 1987-2011
- Chair, Student Concerns Committee–Graduate Council, 1996-2011
- Organized Graduate Awards Banquet, 1997-2001
- Faculty Senate, 2008-2011
- Quality Enhancement Plan Committee, 2010-2011
- QEP Topic Proposal Subcommittee, 2011
- Academic Affairs Committee of Faculty Senate, 2008- 2011
- Institutional Effectiveness Advisory Committee, 2003-2006
- Research Enhancement Committee, 2002-2007
- Admissions Committee, 2000-2003
- Faculty Development and Enrichment Programs, 1999-2001
- Self-Study Graduate Program Subcommittee, 2000-2001
- Academic Review Committee–Graduate Council, 1997
- Thesis Guidelines Revision Subcommittee–Graduate Council, 1996
- Faculty Development Subcommittee of the 21st Century Informational Technology Task Force, 1996
- Policy Review Committee–Graduate Council, 1996
- Subcommittee to Structure Training of Teaching Assistants, 1995-1996
- Committee for a master's program with major in Interdisciplinary Studies, 1994
- Subcommittee to Study the Role of Graduate Advisory Committees and Comprehensive Examinations, 1993
- Library Subcommittee–Graduate Council, 1991-1992
- Self-Study Institutional Advancement Subcommittee, 1991
- Student Life Committee, 1983-1991
- Institutional Effectiveness Subcommittee–Alumni, 1988
- Intensive English Study for International Students Committee, 1988
- Selection Committee–Graduate Dean, 1987
- Teacher Education Council, 1982-1983

### **Other University Service**

- Member of the thesis committee for Katie Kuzdak in Biology.

- Served as a Graduate School Marshal during the Spring 2011 commencement
- Assisted Graduate Dean in recruiting graduate students via phone, e-mail, and professional organizations, 1999-2011
- Held exhibit table for student recruitment at the Southwestern Psychological Association, 2010 and 2011; Assisted Program Director with student recruitment at the SWPA, 2014
- Made a presentation on Indian clothes and showed how to tie a Sari on October 13, 2010 at the Asian and Pacific Island Heritage celebration month
- Dr. Singg's ASU Counseling Psychology Student Networking Site: <http://www.facebook.com/group.php?gid=115073598520317>. In 2009, established a Facebook site to serve past and present counseling psychology graduated students
- Provide guidance, support, and academic counseling to international students as needed
- Supported Up and Coming Scholars Program by placing an intern and participating in the program, 2008-2011
- Advised prospective graduate students at the Graduate School and You, 2000-2008
- Participate in Discover ASU and SOAR as assigned
- Advised students on College Days as assigned
- Member, Christian Faculty and Staff Fellowship, 2006-Present
- Participated in Preview ASU as assigned, 1995-2003
- Assisted Ms. Kathleen Brasfield in athlete recruitment, December 5, 1998
- Graduate School Marshall for May 1998 graduation ceremony
- Represented ASU psychology program while recruiting students at the Graduate School Exchange, Southwestern Psychological Association meeting, April 1998
- Represented the Psychology/Sociology Department for receiving the United Way appreciation award, 1998
- Participate in ASU/SAISD Mother-Daughter Program, 1995-1998
- Volunteered for Telecounseling spring 1997
- Volunteered as a Mentor in the ASU Retention and Management System, 1994-1995
- Represented psychology program at the Graduate School Fair, McMurry University, October 19, 1993 to recruit students
- Participated in the spring 1993 "pro-active recruitment" of students by telephone
- Participated in the fall 1991 and spring 1992 New Student Contact Program

### **Sponsor of Student Organizations**

Graduate Student Psychological Association (GSPA), Sponsor, 1985-2012; Cosponsor, 2012-Present.  
 Non-Traditional Students Association (NTSA), 2002-2004  
 Best Buddies, 2001-2006  
 East-West Fellowship, 1987-1994

### **Professional Service at Local, State, Regional, National, and International Levels**

#### **Examiner, Supervisor, Committee Member**

(1992-2017). Invited to serve as an examiner every year, 1-hour Oral Examination of the Texas State Board of Examiners of Psychologists for licensing of doctoral level candidates.

(1994-2003). Approved Supervisor of LPC Interns by the Texas State Board of Examiners of Professional Counselors.

(1999-2005). Member, Continuing Education Committee, Southwestern Psychological Association.

**Invited to serve as the Editor-in-Chief for the *Clinical Trials and Case Studies* journal, July 2016.**

**Invited Member of 21 Editorial Boards (see the listing under Honors and Awards on page 2)**

### **Invited Reviewer of Professional Conference Submissions**

(1981-Present) Regular Reviewer of submissions for Southwestern Psychological Association  
Reviewed 186 submissions to-date.

(2000). Reviewed 10 paper submissions for the Annual Conference of the Texas Association of School Psychologists, October 26-28, San Antonio, Texas.

(1999). Reviewed 12 paper submissions in the area of Behavioral Medicine/Health Psychology and 4 paper submissions in the area of Substance Abuse for the Annual Conference of the Southwestern Psychological Association, Dallas, Texas, April 2000.

(1998). Reviewed 10 paper submissions in the area of personality psychology for the Annual Meeting of Southwestern Psychological Association, Albuquerque, New Mexico, April 1999.

### **Invited Reviewer of Articles for Peer-Reviewed Journals**

(2019). Back-up reset mode of a cardiac resynchronization therapy defibrillator after radiotherapy diagnosed by remote monitoring. *Journal of Case Reports in Medicine*.

(2019). Comparison of the short term effects of the vaginal administration of the association of Gestrinone and Miodesin™ in Pentravan® on endometriosis pain. Preliminary report. *Journal of Clinical Review & Case Reports*.

(2019). Intermittent fasting and Adding more days to life. *Journal of Clinical Trials, Pathology, and Case Studies*.

(2019). Affordability issues of biotech drugs in low- and middle-income countries. *Journal of Clinical Trials, Pathology, and Case Studies*.

(2019). Evaluation of the non-invasive glucose monitoring device egm1000™ in patients with Type 2 Diabetes and Subjects with Prediabetes. *Journal of Diabetes Management and Metabolism*.

(2019). The transfiguration with self-phase modulation effect of entanglement in a plasmatic moving frame. *Journal of Diabetes Management and Metabolism*.

(2019). Allantoin and micronutrients restore renal dysfunction in Streptozotocin induced Diabetes in rats. *Journal of Diabetes Management and Metabolism*

(2019). Skin brightening and hyperpigmentation management. *Journal of Clinical Trials, Pathology and Case Studies*.

(2019). Fibromyalgia: Type III Hypersensitivity Reaction Immune Complexes Disease. *Archives of Endocrinology and Diabetes Care*.

- (2019). The Allocated Acrosyringium - Eccrine Poroma. *Journal of Clinical Trials, pathology, and Case Studies*.
- (2019). Traditional system of medicine and nutritional supplementation: Use vs regulation. *Journal of Clinical Trials, Pathology and Case Studies*.
- (2019), Forensic medical report is a very important part of every suspicious death case. *Journal of Clinical Trials, Pathology and Case Studies*.
- (2019), Gender differences in nursing students' expectations of hierarchical careers: The relevance of ambitions, self-assertiveness, family situation and perceived gender discrimination. *Journal of Nursing Research and Practice*.
- (2019), A dramatic, transient effect of nivolumab combined with whole-brain irradiation for the treatment of primary meningeal melanomatosis. *Clinical Case Reports and Reviews*.
- (2019), Vitamin K2 (Menaquinone-7) supplementation and its effect on glucose tolerance test in healthy volunteers. *Journal of Diabetes Management and Metabolism*.
- (2019), Parathyroid carcinoma initially misdiagnosed as mild benign hypercalcemia. *Archives of Endocrinology and Diabetes Care*.
- (2019). Framework for patient safety. *Journal of pharmacy and pharmaceuticals*.
- (2018). Rumination syndrome: A novel intervention? *SciFed Journal of Autism*.
- (2018). Vitamin A, retinoic acid and retinoid pharmacology, Past and Today. *Journal of Clinical Trials, Pathology and Case Studies*.
- (2018). Telovelar approach for the fourth ventricle tumors per operative finding. *Journal of Neuroscience and Neurosurgery*.
- (2018), Beyond Glycemic Control: Cardiovascular benefits with Empagliflozin and Linagliptin combination. *Archives of Endocrinology and Diabetes Care*.
- (2018). Squamous Cell Carcinoma During Pregnancy: A Case Report. *Journal of Clinical Trials and Pathology and Case Studies*.
- (2018). The Reorientation Neoplasm: Post transplant lympho-proliferative disorders. *Clinical Trials and Case Studies*.
- (2018, Revised). Improvement in the Glycated Hemoglobin for diabetic patients as a quality care adherence at Johns Hopkins Aramco Healthcare in Saudi Arabia. *Journal of Diabetes Research and Therapy*.
- (2018). Endovascular Management with the Use of Solitaire Stent as the First-Line Treatment for Cerebral Vasculitis: A Case Report. *Journal of Neuroscience and Neurosurgery*.
- (2018). Treatment with NSC23766 ameliorates seizure induction and death in *Fmr1<sup>-/-</sup>* mice Abstract. *Scifed journal of autism*.
- (2018). Long term follow up of patients with advanced cancers after chemotherapy and traditional medicine (82 cases). *Journal of clinical trials, pathology and case studies*.
- (2018). Clinical trials as evidence-based practice in nursing research. *Journal of clinical trials, pathology and case studies*.
- (2018). Autism and internal built of the body. *Scifed Journal of Autism*.



- (2018). Long term follow up of patients with advanced cancers after chemotherapy and traditional medicine (82 cases). *Journal of clinical trials, pathology and case studies*.
- (2018). Existing Predictive Models of Diabetes: A Review. *SciFed Journal of Diabetes and Endocrinology*.
- (2018). Literature review of staff training interventions to reduce use of psychotropic medication in dementia. *SciFed Journal of Alzheimer's and Dementia*.
- (2018). Hypothyroidism and cardiovascular risk: Implications of carotid intima media thickness and high levels of C-reactive protein. *Archives of Endocrinology and Diabetes Care*.
- (2018). Night Shift Work and Weight Gain among Female Filipino Nurses. *Archives of Endocrinology and Diabetes Care*.
- (2018). Global Prevalence of Autism: A Mini-Review. *Scifed Journal of Autism*.
- (2018). *Gymnema sylvestre*: An herbal hope of Diabetes Care and management. *Archives of Endocrinology and Diabetes Care*.
- (2018) Effect of Email Follow-up on Physical Activity Program Adherence in Adults with High-Very High Risk of Developing Type 2 Diabetes Mellitus. *SciFed Journal of Diabetes and Endocrinology*.
- (2018). Potential role of penicillamine in the early diagnosis and prevention of Autism Spectrum Disorder (ASD). *Scifed Journal of Autism*.
- (2018). Practice alone can't help: Skill acquisition needs conscious efforts by athlete. *Journal of Clinical Case Studies*.
- (2018). Herpes simplex encephalitis: the high cost of collateral damage. *Journal of Neuroscience and Neurosurgery*.
- (2018). Atypical HSV encephalitis infection: A Zebra. *Journal of Neuroscience and Neurosurgery*.
- (2018). A Case of an Ectopic papillary thyroid carcinoma located in the midline of the neck: A case report and review of the literature. *Archives of Endocrinology and Diabetes Care*.
- (2018). The top 10 questions in family meetings for *Journal of Clinical Case Studies*.
- (2018). Association of serum  $\alpha 1$  acid glycoprotein with low grade chronic inflammation in pathogenies of Diabetes Mellitus. *Archives of Endocrinology and Diabetes Care*.
- (2018). Early case of triple fistulas of the bowel in 1848. *Archives of Endocrinology and Diabetes Care*.
- (2018). Neurodegenerative case study. *Journal of Neuroscience and Neurosurgery*.
- (2018). Evolving from glycoentrism to cardiocentrism in the treatment of Type 2 Diabetes Mellitus: Five Lessons Learned and their Clinical Implications. *SciFed Journal of Diabetes and Endocrinology*.
- (2018). Clinical and psychological profile of three adolescent female patients with chronic unexplained vomiting: Relevant diagnostic and nosological issues. *Journal of Psychiatry and Human Behavioural Science*.
- (2017). Cultural shock and freshman depression. *Journal of Clinical Case Studies*.
- (2017). Phytomolecules for obesity and body weight management. *Journal of Biochemistry and Cell Biology*.
- (2017). Psychological impact of care giving on the main caregivers. *Nessa Journal of Neurology and Neurodisorders*.

- (2017). Preoperative Investigations of open heart surgical patients: Our current institutional protocol. *Therapeutic Advances in Cardiology*.
- (2017). Multidisciplinary approach and diagnostic challenges in the treatment of patient with the neuro-psycho-endocrinological illness. *Journal of Psychiatry and Human Behavioural Science*.
- (2017). The expression of S100A1 protein and its usage for differential diagnosis between normal ovarian tissue and ovarian cancer. *Journal of Cell Science and Apoptosis*.
- (2017). Hemodynamic Management of High Blood Pressure. *Therapeutic Advances in Cardiology Journal*.
- (2017). Importance of Research in Clinical and Molecular Biology Sector. *Journal of Biological and Medical Sciences*.
- (2017). A case report of ALPPS for giant hepatic cancer complicated with perioperative acute renal injury. *Journal of Biological and Medical Science*.
- (2017). A system about which there is no awareness originates in the right hemisphere: Support from studies of schizophrenia. *Journal of Surgery*.
- (2017). Do financial difficulties make it harder to deal with pain and loneliness? *Clinical Case Reports and Reviews*.
- (2016). The effectiveness of education based on the cognitive, meta-cognitive, and behavioral model on reducing post-event processing in the patients with social anxiety disorder (SAD). *Journal of Biological and Medical Sciences*.
- (2016). Delusional Pregnancy as a somatic type delusional disorder in a young man. *Clinical Trials and Case Studies Journal*.
- (2016). Oxygen update in a patient with hemoglobinopathy. *Clinical Trials and Case Studies*.
- (2016). An adult patient with severe hand, foot, and mouth disease accompanied by visual field Defects. *Journal of Clinical Case Studies*.
- (2016). Lethal co-infection with *Coccidioides immitis/posadasii*, *MAI*, and *Pneumocystis jirovecii* as a first presentation of HIV. *Journal of Clinical Case Studies*.
- (2015). Ruptured Sinus of Valsalva Aneurysm and Bicuspid Aortic Valve with Coarctation of Aorta in Young Male. *Journal of Clinical Case Studies*.
- (2015). Tacrolimus induced mania with psychosis - a case report. *Clinical Case Reports and Review*.
- (2013). Body weight status amongst adolescence in Iran: Gender differences between self-esteem and body weight status. *SAGE Open*.
- (2013). Collaborative recall of eyewitness event increases misinformation effect at 1Week. *North American Journal of Psychology*.
- (2012). University students' perceptions of the effectiveness of a self-concept enhancement program. *Psychological Reports*.
- (2010). Tenure, level, and sex as climate-job satisfaction-turnover moderators. *Psychological Reports*.
- (2008). Digit ratio (2D: 4D), ABO blood type, and the Rhesus Factor. *Perceptual and Motor Skills*.
- (2007). Attitudes related to child sexual abuse among psychologists: Scale construction and explorative study. *Scandinavian Journal of Psychology*.

(2005). Use of the Children's Attributions and Perceptions Scale (CAPS) in underprivileged populations. *Perceptual and Motor Skills*.

(2005). The Misnomer of Freud's Seduction Theory. *Journal of the History of Ideas*.

(2004). Differences in color and number preferences of Turkish children in varying stages of illness. *Perceptual and Motor Skills*.

(2002). The models of judgment of behavior responsibility in Chinese Culture from an attributional perspective, *Social Behavior and Personality: An International Journal*.

## **Invited Reviewer of Psychology Books**

(2017). *Health Psychology, third edition* by Catherine Sanderson, SAGE.

(2015). *Health and Behavior: A Multidisciplinary Perspective*, Searight, Rowman & Littlefield.

(2015). *Human Sexuality: From Cells to Society* (1<sup>st</sup> edition) by Rosenthal, Oxford University Press.

(2013). *Introduction to Professional Counseling* by Varunee Faii Sangganjanavanich, Sage Publications, Inc.

(2012). *Family Therapy: History, Theory, and Practice*, 5th edition by S. T. Gladding, Pearson.

(2011). *Health psychology: An introduction to behavior and health* by L. Brannon & J. Feist, Wadsworth, Cengage Learning.

(2011). *Orientation to the Counseling Profession* by E. Neukrug, Wadsworth, Cengage Learning.

(2010). *Theory and Practice of Family Therapy and Counseling* by J. R. Bitter, Brooks/Cole.

(2010). *Health Psychology: An Interdisciplinary Approach* (second version) by Deborah Ragin, Pearson.

(2009). *Health Psychology: An Interdisciplinary Approach* by Deborah Ragin, Pearson.

(2009). *Psychology applied to modern life: Adjustment in the 21st century*, Wadsworth Publishing Company

(2009). *Theoretical models of counseling and psychotherapy* by Kevin Fall, Jan Holden, and Andre Marquis, Wadsworth Publishing Company.

(2008). *Counseling, psychotherapy, and building empathy*, Brooks/Cole.

(2005). *Human Adjustment* by John W Santrock, McGraw-Hill.

(2004). *Culture and Psychology* by David Matsumoto, Thomson Learning.

(2003). *Psychology for Living: Adjustment, Growth, and Behavior Today* (7th Ed., 2001) by K. Duffy & E. Atwater, Prentice Hall.

(2003). *Adjustment and Wellbeing* by Brown, Prentice Hall.

(2003). *Psychology Applied to Modern Life: Adjustment in the 21<sup>st</sup> Century* (7<sup>th</sup> ed.) By W. Weiten & M. A. Lloyd, Wadsworth Publishing

(2003). *Feuds about families: Conservative, centerist, liberal, and feminist perspectives* edited by N. V. Benokaitis, Prentice Hall.

(2002). *Theory and practice of Counseling and psychotherapy* by Gerald Corey, Brooks/Cole.

(2001). *Commonality, Correspondence and Constitution: Uncovering the Power of Holistic Principles for Health Care Practice*, Karen Kottler, editor, SLACK.

(2001). *Ethics and Professional Issues in Counseling* 2<sup>nd</sup> edition) by R. Rocco Cottone and Vilia Tarvydas, Prentice Hall.

(1998). *Game Plan: A Guide for Improving Human Relations and Personal Adjustment* by Loren Ford, Prentice Hall.

### **Session Chair, Facilitator, Panelist, Consultant**

- Panelist: “Women’s Rights” sponsored by the Multicultural Center, Angelo State University, San Angelo, Texas, March 25, 2010.
- Provided consultation to Pat Dishman, Executive Director, Samaritan Pastoral Counseling Center and Linda Rason, Board Member for organizing the “Don’t Mess with Stress” program, 2008.
- Session Chair: “Pop Culture” at the American Association of Behavioral and Social Sciences, Las Vegas, February 17, 2005
- Invited Facilitator: “Grant Writing” session, Annual Conference of the American Association of Behavioral and Social Sciences, Las Vegas, Nevada, Jan 31-Feb 2, 2001.
- Session Chair: “Personality “at the Southwestern Psychological Association Meeting, Dallas, Texas, 20-22 April, 2000.
- Panelist: “The Future of Energy Medicine: Research at the Frontier” at the International Society for the Study of Subtle Energy and Energy Medicine Meeting, Boulder, Colorado, June 17-23, 1999.
- Session Chair: “Behavioral Medicine/Health” at the Southwestern Psychological Association Meeting, Albuquerque, New Mexico, 1-3 April, 1999.
- Session Chair; “Gender Related Issues” at the American Association of Behavioral and Social Sciences Meeting, Las Vegas, Nevada, 2-4 February, 1999.
- Assisted the Texas State Board of Examiners of Psychologists by writing questions for the Jurisprudence Examination, July 10, 1998.
- Provided Consultation to La Esperanza Clinic, San Angelo, Texas, 1998.
- Session Chair, “Interdisciplinary Teaching” at the American Association of Behavioral and Social Sciences, Las Vegas, 12-15 January, 1998.
- Provided Consultation to Dr. Baljit Singh for the AIDS research at the Texas A&M University Agricultural Research and Extension Center, Summer 1996.

- Assisted Texas State Board of Examiners of Psychologists by writing questions for the Jurisprudence Examination, July 15, 1994.
- Provided consultation to San Angelo AIDS Foundation for planning of services on the basis of findings of two surveys, 1993 and 1994.
- Assisted Public Relations Officer, Ms. Melissa Hornick, GTE Southwest, San Angelo, Texas in obtaining information on community needs of Del Rio, Texas, 1988.
- Provided *pro bono* counseling and consultation for the Catholic Charities, Catholic Diocese of San Angelo, Texas, 1983-1986.

### **Training Workshops for Professionals and Paraprofessionals**

- (October 19, 2000). Dynamics of child abuse: Impact, psychosocial factors, and related issues. A training workshop for the CASA volunteers, San Angelo, Texas.
- (May 15, 2000). Recognition and management of sexual abuse of developmentally disabled residents of group homes. Training workshop for the employees of Bluebonnet Homes, San Angelo, Texas.
- (April 26, 2000). Dynamics of child abuse: Neglect, sexual and physical abuse. A training workshop for the CASA volunteers, San Angelo, Texas.
- (April 14, 1999). Psychological assessment, DSM-IV, and childhood psychopathology: A training workshop. Workshop for the local social service agency workers sponsored by the CASA of San Angelo, Texas.
- (November 12, 1998). Child development and dynamics of child abuse and neglect. A training workshop for the CASA volunteers, San Angelo, Texas.
- (November 6, 1997). Child development and dynamics of child abuse and neglect. Training workshop for the CASA volunteers, San Angelo, Texas.
- (February 6, 1997). Methods of meditation. Training workshop for the members of the Graduate Student Psychological Association, Angelo State University, San Angelo, Texas.
- (February 1, 1995). How to work with a difficult client. Training workshop for the employees of Texas Rehabilitation Commission for the Blind, San Angelo, Texas.
- (February 11, 1992). The psychosexual needs of the older adults in the long-term care facilities: A workshop for the social rehabilitative activity directors. Training Workshop for the Mid-West Chapter of Social Activity Directors, Baptist Memorials Center, San Angelo, Texas.
- (September 30, 1991). Training of volunteer students for Peer Assistance Program. Training Workshop at the United Campus Ministries, San Angelo, Texas.

- (May 3, 1990). Stereotyping at the work place. Training workshop, Federal Women's Program at the Goodfellow AFB, San Angelo, Texas.
- (August 21, 1984). Effects of family problems on school life. Training workshop, Small Schools Cooperative In-service, Bronte, Texas.

### **Therapeutic Workshops, Seminars, and Groups**

- (November 28, 2007-2008) Resource Group for Counselors at the Samaritan Pastoral Counseling Center; San Angelo, Texas.
- (January-April 2001). Educational and support group for persons with weight issues. A monthly Counseling for Wellness educational and support group, San Angelo, Texas.
- (October-December 2000). Weight education and support group. A monthly Counseling for Wellness educational and support group, San Angelo, Texas.
- (May-October, 2000). Food, mood and self-esteem. A monthly Counseling for Wellness educational and support group, San Angelo, Texas.
- (February-March 2000). Healing the relationship with food. Six-session Counseling for Wellness workshop, San Angelo, Texas.
- (July-August 1999). Lifemapping. Five-session Counseling for Wellness workshop, San Angelo, Texas.
- (May-July 1999). Dealing with depression. Ten-session Counseling for Wellness support group, San Angelo, Texas.
- (April 1999). Overcoming relationship addiction. Six-session Counseling for Wellness workshop, San Angelo, Texas.
- (November-December 1998). Depression group. Six-session Counseling for Wellness support group, San Angelo, Texas.
- (September 17, 1998). Stress management. Counseling for Wellness workshop for the managers of Hirschfeld Steel and Supply Inc., San Angelo, Texas.
- (April 7-8, 1995). Communicating with your spouse. Workshop for the Ladies Retreat, Westwood Lodge and Ministries, Mertzon, Texas.
- (February 17, 1993). Couples communication. Workshop for the Family Support Center, Goodfellow AFB, San Angelo, Texas.
- (November 12, 1992). Marital communication. Workshop for the wives of the police officers, San Angelo Police Department, San Angelo, Texas.

- (February 16, 1990). Psychological aspects and grief therapy for AIDS patients and families. Seminar presentation at the AIDS Awareness Program, Angelo State University.
- (February 9, 1988). Grief therapy with AIDS patients and their families. Seminar presentation at the AIDS Educational Awareness Program, Angelo State University
- (March 30, 1983). Dynamics of families of mental patients. Seminar presented to the members of local chapter of Family and Individual Reliance (FAIR), San Angelo, Texas.
- (Summers of 1982 & 1983). Role adjustment after retirement. Seminars presented twice to the employees of GTE of the Southwest, San Angelo, Texas.

## **Community Service**

### **Boards**

- Shannon Medical Center Board of Visitors, 2008-Present.
- President, Tom Green County Division of the American Heart Association (AHA) Board of Directors. 2003-2004; 2012-2013; 2013-2014, 2014-2015.
- Member, Tom Green County Division of the American Heart Association Board of Directors, 1984-2015.
- Member, Executive Leadership Team for Go Red, 2009-2015.
- AHA Heart Walk team leader, 1990-Present.
- Member, Concho Valley Rape Crisis Center, Board of Directors, 2011-2013
- Smoking Cessation–San Angelo, 2009.
- GetHealthySanAngelo steering committee member, 2009.
- Member, Parents of Murdered Children Board of Directors, Tom Green County Chapter, 2003-2006.
- Member, United Way Multicultural Leadership Committee, 2000-2005.
- Member, Bethphage Foundation Board of Directors, 2002-2003.
- Member, Consumer Advocate Council, Mosaic, 1992-present.
- Chair, Home and Community Based Services Consumer Advisory Committee, Bethphage, 1997-1999.
- Member, San Angelo AIDS Foundation Board of Directors, 1988-2001.
- Bethphage Family Coordinator, 1996-1998.
- Member, MHMR–Respite Care Providers Board, 1990-1992.
- Member, Concho Valley Chapter for Autistic Youth Board of Directors (Pleasure Learning for Autistic Youth), 1984-1986.
- Member, Tom Green County Community Action Council, 1982-1985.

### **Other Community Service**

- Participate in the American Heart Association’s fundraisers Go Red and Heart Walk, 1984-present
- Supported Children’s Miracle Network Murder Mystery Dinner fundraiser by donating an item for auction and providing the decoration for one table, April 5, 2019.

- Support Meals for the Elderly, San Angelo, Texas by fundraisers participation, 2002-Present
- Support funding for the Habitat for Humanity of San Angelo through Victory Christian Center, San Angelo, Texas, 2010-2014
- Participate in and support the Mosaic fundraiser, annual Belt Buckle Ball, 2008-Present
- Support American Cancer Society with Bishop Michael D. Pfeifer, OMI, 1990-2014
- Member, Mosaic Legacy Society, 1997-Present
- Bethphage/Mosaic Sponsor, 1997-Present
- Participated in the 11 Day of Global Unity, (a peace program), September 7-21, 2008
- Assisted the Executive Director of Mosaic, Ms. Liz Jones in her efforts to obtain a grant for a therapeutic riding program, 2006
- Interpreter of Punjabi, Hindi, and Urdu for the patients of Shannon Medical Center, 1997-Present
- Volunteer counseling for parents of developmentally disabled children, 1979-Present
- Member, Rotary International, 1991-2004
- Sargent-At-Arms, San Angelo-West Rotary Club, March 2000
- Chair, Monthly Program, San Angelo-West Rotary Club, November, 1999
- Judge for the Extemporaneous Persuasive Speaking Contest of University Interscholastic League Spring Meet, San Angelo, Texas, April 24, 1999
- Judge for the Poetry Interpretation Contest of University Interscholastic League Spring Meet, San Angelo, Texas, April 24, 1999
- Judge for the Prose Interpretation Contest of University Interscholastic League Spring Meet, San Angelo, Texas, March 19, 1988
- Pro bono counseling via Counseling for Wellness for clients of several area social agencies
- Chair, Monthly Program, San Angelo-West Rotary Club, November 1994, August 1996.
- Helped form a college students' program, Peer Assistance League at the United Campus Ministries and trained the volunteers, fall 1991
- Sponsored students to provide voluntary services for the Crisis Intervention Program of the MHMR services for the Concho Valley, 1982-1990
- Organized two AIDS Awareness Programs at ASU, 1988 and 1990 (1988 program was the first program on AIDS in San Angelo, Texas)
- Facilitated the Support Group for AIDS Patients and Their Families and Friends–led to the development of San Angelo AIDS Foundation, 1987-1989
- Judge for the Poetry Interpretation Contest of University Interscholastic League Spring Meet, San Angelo, Texas, March 19, 1988
- Volunteered as Consulting Psychologist for the Catholic Charities, Catholic Diocese of San Angelo, Texas, 1983-1986
- Oriented students to work as volunteers for the San Angelo council on Alcoholism
- Pleasure Learning for Autistic Youth (Concho Valley Chapter for Autistic Youth), and Family and Individual Reliance (FAIR), 1983-1986
- Assisted San Angelo Gifted Education Program by providing the services of Psychology 6321 students during spring 1981 and spring 1982 in order to identify the gifted children by administering the Wechsler Intelligence Scale for Children-Revised

### **Lectures to Civic Organizations**

- (March 8, 2012). American women's education in the 21st Century. Presentation at the meeting for the Distinguished Women of San Angelo, Royal Estates of San Angelo, Texas.



- (February 21, 2012). The Reversal of the College Gender Gap: What is happening? Presentation at the National Society of the Daughters of the American Revolution, Pocahontas Chapter, One Place, San Angelo, Texas.
- (February 15, 2011). You are the Driver of your Life's Car. Presentation at the National Society of the Daughters of the American Revolution, Pocahontas Chapter, One Place, San Angelo, Texas.
- (September 16, 2008). Hinduism and Sikhism: Involvement in global peace. Unity Church of San Angelo, San Angelo, Texas.
- (February 5, 2008.) Indian culture. Presentation to the Concho Pearl, chapter of the Girl Scouts of America, St Paul Presbyterian Church, San Angelo, Texas.
- (May 28, 1998). Stress Management. Presentation to the San Angelo Firemen Wives Auxiliary.
- (February 8, 1995). Indian culture and Hindi language. Presented an educational program on India to the San Angelo Girl Scouts and taught them Hindi words and phrases for everyday use.
- (October 17, 1994. Turning negatives into positives or when life gives you lemons, make lemonade. Keynote address at the celebration luncheon of the National Business Women's Week by San Angelo Business and Professional Women.
- (September 28, 1993). Understanding and coping with the loss of love. Public lecture sponsored by the River Crest Hospital, San Angelo, Texas.
- (July 12, 1993). Co-dependency and forming new relationships. Presentation to the support group of divorced persons, Holy Angels Church, San Angelo, Texas.
- (March 2, 1992). Who seeks therapy? Who are the therapists? How does the therapy work? Presentation to the San Angelo-West Rotary Club, San Angelo, Texas.
- (February 12, 1991). Coping with the loss of a child: Understanding the stages of grief. Presentation to the Compassionate Friends, St. Mark Presbyterian Church, San Angelo, Texas.
- (September 17, 1990). Comparative religions. Presentation to the members of Sierra Vista United Methodist Church, San Angelo, Texas.
- (May 11, 1990). Traditions built on hope. Keynote address at the banquet of Asian Pacific American Heritage, Goodfellow AFB, San Angelo, Texas.
- (September 19, 1989). Effective Communication. Presentation at the meeting of the National Association of Accountants, San Angelo Area Chapter, San Angelo, Texas.
- (September 17, 1989). AIDS. Presentation to the members of the Episcopal Church of the Good Shepherd, San Angelo, Texas.

- (October 7, 1988). Brain waves during sleep and dreams. Presentation to the Students of San Angelo Gifted Education Program, San Angelo, Texas.
- (April 21, 1988). Educational opportunities for children of India. Presentation to the Students of Stephen F. Austin Junior High School, San Angelo, Texas.
- (February 8, 1985). Changing role of American women. Presentation at the meeting of Mothers of Texas A&M University, San Angelo, Texas.
- (November 29, 1984). Physiology and psychology of sleep and dreams. Seminar presented to the National Honor Society of Central High School, San Angelo, Texas.
- (May 7, 1984). Sleep, dreams, and sleep disorders. Presentation at the meeting of Independent Telephone Pioneers Association of San Angelo, Texas.
- (April 25, 1984). Why and when we dream. Presentation at the Travis Elementary School, SAGE class, San Angelo, Texas.
- (March 20, 1984). Dreams are made of such stuff as life is made of. Presentation at the meeting of Preceptor Epsilon Nu-Women's Sorority, San Angelo, Texas.
- (October 14, 1983). To sleep: Perchance to dream. Keynote address at the 25th Annual Boss of the Year Night, San Angelo Business & Professional Women's Club, San Angelo, Texas.
- (May 4, 1983). Comparison of Indian and American educational systems. Presentation at the monthly meeting of Phi Delta Kappa, San Angelo, Texas.
- (April 14, 1983). Stress and stress management. Presentation at the joint annual meeting of Rotary Club of San Angelo, Texas.

### **Director, Counseling for Wellness Center (CFW)**

In April 1998, my concept of providing counseling from a prevention and wellness point of view materialized. This venture was also intended to serve our graduates from the counseling psychology program by providing LPC internship supervision. We opened the Counseling for Wellness center, where I supervised two LPC (Licensed Professional Counselor) interns. Both interns completed their internship and obtained their licenses. However, the LPC board's rule changes caused me to discontinue this service to our former students. We provided pro bono services to the following agencies until April 2001.

Family Shelter  
 CASA (Court Appointed Special Advocate)  
 Rio Concho West and Manor  
 Voice for the Victims at the Tom Green County District Attorney's Office  
 Assault Victims Services

## **International Service**

Member, Rotary Foundation Committee, 2000-2004  
Nominated and assisted ASU student, Ms. Keysa Brest to obtain the 2003-2004 Rotary International Ambassadorial Scholarship (\$25,000) to study in Hongkong.

## **Media Interviews/Appearances**

- (September 16, 2008). Older and younger religions recognized. San Angelo Standard-Times, pp. 1A & 4A.
- (March 27, 2004). Shrine marks dog's beating. Contributed to the article via interview on "effects of childhood animal abuse experiences on later development" for the San Angelo Standard-Times, pp. 1A & 13A.
- (March 21, 2003). Psychology professors to present papers. Contributed to the article via interview for the The Ram Page, Angelo State University, p. 4.
- (June 9, 2002). Pakistan and India conflict. Contributed to the article via interview for the San Angelo Standard-Times, pp. 1A & 9A.
- (October 11, 2001). Post-traumatic stress disorder plagues many. Contributed to the article via interview for the The Ram Page, Angelo State University, p. 9.
- (September 16, 2001). Angelo agencies address need for emotional support. Contributed to the article via interview for the San Angelo Standard-Times, pp. 1B-2B.
- (September 13, 2001). Panic fuels rush to gas pumps. Contributed to the article via interview for the San Angelo Standard-Times, pp. 1B-2B.
- (September 13, 2001). Muslims frustrated by attack. Contributed to the article via interview for the San Angelo Standard-Times, pp. 1B-2B.
- (December 27, 1999). Lose weight. Don't smoke. Stop cussing. Eat healthy. It's time to dust off those New Year's resolutions. . . This year, you can do it. Contributed to the article via interview for the San Angelo Standard-Times, pp. 1A, 9A.
- (December 26, 1999). Time capsule: Angelo suspended in time. Contributed to the article via interview for the San Angelo Standard-Times, p. 2E.
- (October 31, 1999). The great juggling act: Many women are holding down both a career and a family. Contributed to the article via interview for San Angelo Standard-Times, pp. 1F, 3F.
- (October 31, 1999). Women closing in on the gender gap: But stereotypes, misconceptions, and prejudices still present in workplace. Contributed to the article via interview for San Angelo Standard-Times, pp. 1F, 4F.

- (January 1, 1999). Focus key to keeping resolutions. Based on the interview for San Angelo Standard-Times, pp. 1A, 3A, 5A.
- (December 14, 1998). Don't let too-high expectations ruin your holiday. Based on the interview for San Angelo Standard-Times, p. 1B.
- (November 18, 1998). Twelve days to Christmas. An interview with Criswell Communications Inc., KCRN Radio Station, San Angelo, Texas.
- (November 16-18, 1994). Family violence. Dialog, a public service affairs program produced by Foster Communications Inc., KIXY/KKSA, and Marcus Cable. (1-hour program)
- (March 19, 1993). David Koresh. An interview with KLST-TV News, San Angelo, Texas.
- (January 24, 1991). Professor analyzes Hussein. Based on the interview for The Ram Page, Angelo State University, p. 1.
- (October 18, 1990). The mere threat is serious. Based on the Interview for The Ram Page, Angelo State University, p. 6.
- (October 18, 1990). Threats should be taken seriously. Based on the interview for San Angelo Standard Times, p. 2E.
- (October 14, 1990). Suicide a problem in affluent societies. Based on the interview for San Angelo Standard Times, pp. 1E-2E.
- (September 1990). Best of Both Worlds. The International Newsletter, 1, p. 5.
- (July 20, 1990). Support group--San Angelo AIDS Foundation. A live interview, West Texas at Five, KLST-TV, San Angelo, Texas.
- (July 17, 1984). Counseling. A live interview, The Pat Attebery Show, KLST-TV, San Angelo, Texas.
- (December 16, 1982). Holiday depression. Based on the interview for San Angelo Standard-Times, p. 1B.
- (December 13, 1982). The effects of video games on children. Series of interviews were run for a week on the radio stations KIXY-FM (94.7) and KQSA-AM (1260), San Angelo, Texas.

