

Steven R. Snowden, Ph.D., ATC, LAT**WORK ADDRESS**

Kinesiology Department
Angelo State University
ASU Box 10903
San Angelo, TX 76909
325-942-2173 ext. 224

HOME ADDRESS

4514 Oak Grove Ct.
San Angelo, TX 76904

EDUCATION**Clinical Instructor Educator (for athletic training instructors)**

June 18, 2001

Texas State Licensure as Athletic Trainer

February 1999 #AT 2024

NATA Certification # 029502541

Certified Athletic Trainer

February, 1995

Texas A&M University

Ph.D., Physical Education

August 1991

Sam Houston State University

M.A. Physical Education

August 1988

Texas A&M University

B.S., Physical Education

August 1987

EXPERIENCE

August 2005-Present

Associate Professor

Angelo State University

Interim Department Head 2010-2011

Department Head/Chair 2011 to present

Teaching undergraduate classes in:

Exercise Physiology

Sport Nutrition

Health and Aging

Exercise Testing and Prescription

Strength and Conditioning

Facilities Design
 Sport Law
 Sport and Exercise Psychology
 Foundations of Kinesiology
 Motor Learning
 Motor Development
 General Medical Conditions
 Teaching graduate classes in:
 Motor Learning
 Sports Law
 Facilities Design
 Exercise Physiology
 Risk Management
 Sport, Fitness, and Recreation Administration
 Athletic Administration
 Coaching Administration
 Prevention and Care of Athletic Injuries

January 2003-August 2005

**Clinical Associate Professor, Athletic Training Education Program Director
Texas Christian University**

Taught undergraduate classes in:
 Advanced Athletic Training
 Prevention and Care of Athletic Injuries
 Therapeutic Exercise
 Therapeutic Modalities
 Anatomical Kinesiology

August 1997- December 2002

**Associate Professor, Tenured, Department Chair, Kinesiology
Midwestern State University**

Taught undergraduate classes in:
 Biomechanics – Kinesiology
 Introduction to Kinesiology
 Evaluation in Physical Education
 Elementary Physical Education
 Secondary Physical Education
 Motor Development
 Care and Prevention of Athletic Injuries
 Administration of Athletic Training
 Introduction to Athletic Training

Taught graduate courses in:
 Analysis of Sport Techniques – Biomechanics

Professional Issues
 Design of Sport Facilities
 Introduction to Research in Kinesiology
 Statistics
 Sport Psychology
 Sports Law

August 1996-1997

**Chair, Department of Health and Physical Education
 Assistant Professor, Eastern New Mexico University**

August 1991-1997

Assistant Professor, Eastern New Mexico University

August 1990-1991

Assistant Lecturer, Texas A&M University
 Taught various activity classes and Analysis of Human Movement Labs

1998-1990

Graduate Assistant, Texas A&M University
 Conducting Research, Kinematics Laboratory

1988-1991

Tutor, Athletic Department, Texas A&M University
 Statistics and Physical Education

1973-1986

**Locomotive Engineer and Road Foreman of Engines
 Southern Pacific Transportation Company, Houston, TX**

SERVICE

Angelo State University

Department Chair, Kinesiology 2012 to present
 Department Head, Kinesiology 2011
 Interim Department Head, Kinesiology 2010-2011
 Committee on Committees (2007-2011)
 Graduate Coordinator 2007
 Faculty Senate (2007-2011)
 Faculty Senate Secretary (2008-2010)
 Executive Committee of Faculty Senate 2008-2010.
 By-Laws and Standing Rules Committee (2007-2009)
 University Affairs Committee (2009-2011)
 Athletic Council (2007-2010) 2012-14
 Faculty Athletics Representative (2007-2010)
 Gender Equity Advisory Committee (2007-2010)

Hall of Honor Committee (2007-2010)
 Program Review Committee for Exercise Science (ACU 2008-2013)
 Compliance Committee 2008-2010
 Co-writing the CAATE (athletic training) accreditation report for 2009-10 visit.
 Select Committee for Changes to Tenure and Promotion Policy (2008-2009)
 Served as staff trainer for the NCAA DII National Track Meet 2009.
 Select Committee for College Tenure and Promotion Standards 2010
 College Committee for President's Awards for Faculty Excellence (Chair) 2010
 Select Committee on Athletic Department Five Year Plan 2010
 University Curriculum Committee (2010-2012)
 College Curriculum Committee (2010-2014)

Texas Christian University Jan 2003- August 2004.

ATEP Director
 Completed 2,700 page self study for re-accreditation.
 Assisted with coverage of events and practices.
 Served as staff trainer for Conference USA Women's Basketball Tournament.

Midwestern State University

Chair
 Graduate Coordinator (1997-2002)
 Dallas Cowboy Summer Camp Committee four years
 (Coordinated use of our building while Cowboys held training camps)
 D. L. Ligon Pool Renovation Project Design Committee
 (Filled in pool and diving well, added 8,000 sq ft weight room, 3,000 sq ft athletic training, two exercise physiology labs, pedagogy lab, 88 seat class room, new faculty offices) 1.3 million dollars.
 Library Committee (1997-2000)
 Dean of Education Search Committee 2000
 Athletic Director Search Committee 2002
 Numerous Faculty Search Committees
 Faculty Research Committee (1999-2000)
 Faculty Senate (1998-2000)
 Region IX Representative/ Board of Directors for TAHPERD (1999-2001)
 Graduate Council (1999-2002)
 TAHPERD Nominating Committee (2000-2004)
 Core Curriculum Committee (2000-2002)
 Assisted athletic training staff with coverage of various sports as needed.
 Sports Medicine Staff National Collegiate Weightlifting Championship at Midwestern State University June 5-6, 1999

Eastern New Mexico University

Chair (1996-1997)
 Faculty Senate (1991-1993), (1996-1997)

Graduate Coordinator (1992-1997)
 Faculty Evaluation Committee Chair (1995-1997)
 Two Athletic Director Search Committees
 Graduate Program Review Committee (1993-1997)
 Assistant Trainer, NMHSCA A-AA All Star Football Game 1992
 Head Trainer, NMHSCA Six Man All Star Football Game 1995

ORGANIZATIONS

National Athletic Trainers' Association
 Southwest Athletic Trainers' Association
 Texas State Athletic Trainers' Association
 Texas Association for Health, Physical Education, Recreation,
 and Dance

PUBLICATIONS

Byars, A., Mooneyhan., Simpson W., and Snowden, S. (2012). *Acute effects of static stretching and dynamic stretching on vertical jump performance*. Applied Recreation, Research, and Programming Annual.

Snowden, S. R., "The effect of approach velocity on distance in collegiate football kickoffs". Applied Research in Coaching and Athletics Annual. 2008. 23: 123-129. 2008.

Keith, S.E., Byars, A., & **Snowden, S.R.** "Identifying Predictors for Teacher Candidate Success on the TExES." Research Quarterly. 79: No1. Supplement A-44. 2008.

Snowden, S. R., Coaching a soccer style kicker, which type? Applied Research in Coaching and Athletics Annual 12: 12-18. 1997.

Snowden, S. R., Bomgardner, R. K., & Sutliff, M.A. Student trainer's perceptions of the HIV/AIDS status of individuals involved in athletics. Applied Research in Coaching and Athletics Annual. 10: 112-123. 1995.

Sutliff, M.A., Bomgardner, R. K. & **Snowden, S. R.** The perceptions of student trainer's regarding the involvement and testing of trainers, coaches and athletes with HIV and Aids. Research Quarterly. 65: A-53 1994.

Snowden, S. R. The effect of the lead leg plant on factors affecting distance on kickoffs in football. University of Oregon Microform Publications No. PE 3998 1993.

Dowell, L. J., Powell, S. W. & **Snowden, S. R.** A comparison of force of impact, compression area, and velocity of impact of selected balls used in physical education sports classes. Journal of Human Movement Studies 20: 279-289. 1992.

Snowden, S. R. & Dowell, L.J. The effect of velocity at impact on the coefficient of restitution of selected ball used in physical education sports classes. Applied Research in Coaching and Athletics Annual 6: 107-188. 1991.

Wright, D.L., **Snowden, S.R.** & Willoughby, D.S. Summary KR: How much information is used from the summary? Journal of Human Movement Studies 19: 119-128. 1990.

Dowell, L.J., Krebs, G., Taylor, G. & **Snowden, S. R.** The use of cinematographical analysis in improving sports skills. Texas Coach 24: 40-43. 1990.

Ingram, S. B. & **Snowden, S. R.** Face up to good shooting technique. Scholastic Coach. 59: 57-58, 79. 1989.

Snowden, S.R., Dowell, L.J. & Powell, S. W. Velocity, compression area, and stopping distance for ball used in physical education. Journal of Human Movement Studies. 17: 23-32. 1989.

IN PROGRESS

Snowden, S. R., “Diagnosis Difficulties with Exertional Illnesses”

Snowden, S. R., Rhabdomyolysis, Diagnosis and Treatment Issues”

PRESENTATIONS

Snowden S. R. “The Rotator Cuff: Anatomy, Assessment, Treatment, and Rehabilitation.

Baseball Heritage Symposium
San Angelo, TX February 2020

Snowden S. R. “Heat Acclimation and Illness of Athletes in Hot Environment

San Angelo Sports Medicine Symposium
San Angelo, TX January 2015

Snowden, S. R. “Legal and Environmental Concerns in Athletic Training

San Angelo Sports Medicine Symposium
San Angelo, TX, January 2014.

Snowden, S. R. “ Environmental Concerns In Parks and Recreation” 2012 Tri-Regional TRAPS Workshop San Angelo, Texas 2012.

Byars, A., Keith, S.E., **Snowden, S.R.** "The Effect of a Pre-Exercise Sports Drink on Indices of Aerobic Performance." Scripps' Natural Supplements: An Evidence Based Update Conference. San Diego, CA Jan. 2009

Keith, S.E., Byars, A., & **Snowden, S.R.** "Identifying Predictors for Teacher Candidate Success on the TExES." American Alliance of Health, Physical Education, Recreation and Dance, National Conference, Fort Worth, Texas 2008.

Snowden, S.R. Rehabilitation of ACL Surgeries, Texas American College of Sports Medicine Annual Meeting Houston, TX 2004.

Kilgore, J.L., Kilgore, T.G., Pendlay, G.W., **Snowden, S.R.**
Serum Chemistry and Hematological Adaptations to Four Weeks of Intense Resistance Training. National Strength and Conditioning Annual Meeting Orlando. FL. June 2000.

Kilgore, J.L., Reeves, J.S., Pendlay, G.W., **Snowden, S.R.**
Trajectory Dissimilarities Between the Clean and Clean Pull Exercises. National Strength and Conditioning Annual Meeting Orlando. FL. June 2000

Snowden, S.R. Importance of Muscular Imbalances with Respect to Injuries. Breland-Henslee Coaches Clinic. Region IX Education Service Center July 1999.

Snowden, S.R., Kilgore, J.L. Strength Coach Education: Establishing a Student-Oriented Strength and Power Training Program. Texas Association for Health, Physical Education, Recreation, and Dance. Annual Convention. Houston, TX Dec. 1998.

Snowden, S. R. Prevention of Athletic Injuries. Texas Association for Health, Physical Education, Recreation, and Dance. Annual Convention Corpus Christi, TX Dec. 1996.

Snowden, S. R. PNF Techniques for Flexibility Development. Texas Association for Health, Physical Education, Recreation, and Dance. Annual Convention Corpus Christi, TX Dec. 1996.

Sutliff, M.A., Bomgardner, R. K. & **Snowden, S. R.** Student trainer's perceptions of HIV/AIDS. American Alliance of Health, Physical Education, Recreation and Dance, National Conference, Denver CO 1994.

BOOK REVIEWER

McGraw-Hill, Publisher, Understanding Motor Development, Infants, Children, Adolescents, Adults. 4th ed. By D.L. Gallahue & J. C. Ozum 2000.

Allyn & Bacon, Publisher, An Introduction of Human Movement, The Sciences of Physical Education. By C. Shea and D. Wright 1995.

REVIEW BOARD

Applied Research in Coaching and Athletics Annual (1997-2004) (2008-2020)

External Review Panel – Program Selection
California Association of Health, Physical Education, Recreation, and Dance 1999

OTHER PROFESSIONAL DEVELOPMENT

Southwest Athletic Trainers Association 65th Annual Meeting and Clinical Symposium Arlington, TX July 2019

Southwest Athletic Trainers Association 64th Annual Meeting and Clinical Symposium Arlington, TX July 2018

Southwest Athletic Trainers Association 63rd Annual Meeting and Clinical Symposium San Marcos, TX July 2017

San Angelo Sports Medicine Symposium
San Angelo TX, January 2017

San Angelo Sports Medicine Symposium
San Angelo TX, January 2016

San Angelo Sports Medicine Symposium
San Angelo TX, January 2015

San Angelo Sports Medicine Symposium
San Angelo, TX, January 2014.

Southwest Athletic Trainers Association 59th Annual Meeting and Clinical Symposium Addison, TX July 2013

Southwest Athletic Trainers Association 58th Annual Meeting and Clinical Symposium Addison, TX July 2012

Southwest Athletic Trainers Association 57th Annual Meeting and Clinical Symposium Houston, TX July 2011

Southwest Athletic Trainers Association 55th Annual Meeting and Clinical Symposium Arlington, TX July 2009

San Angelo Sports Medicine Symposium
San Angelo, TX, January 2009.

Clinical Instructor Course
San Angelo, TX January 2008

Southwest Athletic Trainers Association 53rd Annual Meeting and Clinical Symposium, Arlington Tx, July 2007.

San Angelo Sports Medicine Symposium
San Angelo, TX, January 2007.

San Angelo Sports Medicine Symposium
San Angelo, TX., January 2006.

Clinical Instructor Course
San Angelo, TX., December 2005.

Southwest Athletic Trainers Association 50th Annual Meeting and Clinical Symposium. Arlington, TX., July, 2004.

National Athletic Trainers Association 54th Annual Meeting and Clinical Symposium. St. Louis, MO., June 2003.

National Athletic Trainers Association 53rd Annual Meeting and Clinical Symposium. Dallas, TX ., June 2002.

Southwest Athletic Trainers Association 48th Annual Meeting and Clinical Symposium. Arlington, TX., July, 2002.

Southwest Athletic Trainers Association 47th Annual Meeting and Clinical Symposium. Arlington, TX., July, 2001.

National Athletic Trainers Association
Clinical Instructor Educator Seminar
Los Angeles, CA., June 2001.

National Athletic Trainers Association 52nd Annual Meeting and Clinical Symposium. Los Angeles, CA., June 2001.

2001 National Athletic Training Educator's Conference
Dallas, TX., January, 2001.

Southwest Athletic Trainers Association 46th Annual Meeting and Clinical Symposium. Arlington, TX., July, 2000.

Southwest Athletic Trainers Association 45th Annual Meeting and Clinical Symposium. Arlington, TX., July, 1999.

National Athletic Trainers Association 50th Annual Meeting and Clinical Symposium. Kansas City, MO., June 1999.

1999 National Athletic Training Educator's Conference
Dallas, TX., January, 1999.

Southwest Athletic Trainers Association 44th Annual Meeting and Clinical Symposium. Arlington, TX., July, 1998.

Rocky Mountain Athletic Trainers Association 13th Annual Clinical Symposium. Albuquerque, NM., March 1997.

National Athletic Trainers Association 47th Annual Meeting and Clinical Symposium. Orlando, FL., June 1996.

OTHER AWARDS

2008 "Rammy" nominee for teaching in College of Education

2010 ASU Alumni Distinguished Faculty Achievement Award for the College of Education

2010-2011 Gary and Pat Rogers Distinguished Administrator Nominee