

**SUSAN WILKINSON, PH.D. RN, CNS**  
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**ADVANCED PRACTICE REGISTERED NURSE  
EDUCATOR**

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**EDUCATION**

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- 2003:**      **Ph.D. – Nursing (Concentrations: Adult Health / Women’s Health)**  
The University of Texas at Austin, Austin, TX  
**Dissertation:** “Predictors of Exercise Relapse in Individuals with Cardiovascular Disease”  
**Honors:** Integrated Scholarly Portfolio
- 1994:**      **Master of Science – Nursing (Adult Health Nursing) (Minor: Education)**  
*Clinical Nurse Specialist Preparation*  
Incarnate Word College, San Antonio, TX  
**Thesis:** “The Effect of Cardiac Rehabilitation on Quality of Life, Anxiety and Self-Care in Coronary Artery Disease Patients”  
**Honors:** With Distinction
- 1978:**      **Bachelor of Science – Nursing**  
The University of Texas Health Science Center at San Antonio School of Nursing, San Antonio, TX

**LICENSES AND CERTIFICATIONS**

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- Active:**      **Advanced Practice Registered Nurse #245826** (Renewal 01/2020)  
Texas Medical-Surgical CNS Rx Authority
- 2012:**      **AACN Wharton Executive Leadership Program**  
University of Pennsylvania, Wharton School of Business, Philadelphia, PA

**ACADEMIC APPOINTMENTS AND RELATED EXPERIENCE**

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- 2015 to Present:**      **PROFESSOR OF NURSING**  
*Angelo State University, San Angelo, TX*
  - Served as the Coordinator of Undergraduate Program, Department of Nursing 2015-2016.
  - Develop syllabus and overall course structure, and administer all grades in courses taught.
- 2013 to 2015:**      **PROFESSOR OF NURSING & DEPT. CHAIR / DIRECTOR OF NURSING PROGRAMS**  
*Angelo State University, San Angelo, TX*
  - Department Chair for Nursing; Program Director for BSN and MSN programs
- 2008 to 2013:**      **ASSOCIATE PROFESSOR AND CHAIR – Department of Nursing and Rehabilitation Sciences**  
*Angelo State University, San Angelo, TX*
  - Served as the Director of Nursing Programs (AASN, BSN & MSN).
  - Department Chair for Nursing, Physical Therapy and Athletic Training Programs supervising annual budgets, supervising and evaluating faculty and staff, facilitating program outcome measurements and accreditation compliance.

- 2003 to 2008:**      **ASSISTANT PROFESSOR – Department of Nursing, Graduate Program**  
*Angelo State University, San Angelo, TX*
- Served as the Graduate Advisor/Coordinator providing advising and admissions and recruitment for MSN students.
  - Chaired MSN program committees.
  - Developed syllabus and overall course structure, administering grades in all courses taught.

- 1994 to 2003:**      **PROFESSIONAL SPECIALIST**  
*Angelo State University, San Angelo, TX*
- Instructed students in graduate and undergraduate programs in addition to supervising lab and clinical experiences in the undergraduate nursing program.

**RELATED EXPERIENCE:**

- 2019 to Present**      **REGIONAL DIRECTOR**  
*Laura W. Bush Institute for Women’s Health- San Angelo, TX.*
- Manage personnel and budgets for activities and events for the ASU Regional Institute. 25% release from teaching responsibilities.

- 2018 to Present:**      **PRINCIPAL INVESTIGATOR**  
*Laura W. Bush Institute for Women’s Health- San Angelo, TX- Mammogram Program for West TX*
- 50% release from teaching responsibilities. Funded by a collaboration between the San Angelo Health Foundation, San Angelo Community Medical Center, and Shannon Medial Center. Coordinate continuation of program and research originated from CPRIT grant regarding mammogram and early detection strategies for underserved and underinsured women in west Texas region.

- 2009 to Present:**      **PRINCIPAL INVESTIGATOR**  
*Nurse Faculty Loan Program*
- Obtained scholarship grant monies and administer the Nurse Faculty Loan Program funded by Health Resources and Services Organization (HRSA) for MSN students at ASU.

- 2012 to 2016:**      **ACCREDITATION SITE VISITOR / REVIEWER**
- ACEN nursing accreditaton site visitor for AASN, BSN and MSN programs.
  - TX Board of Nursing consultant/site visitor for LVN programs in Texas.

- 2007 to 2016:**      **APRN CLINICAL NURSE SPECIALIST PRACTICE – WOUND CARE**  
*Shannon Center for Wound Care and Hyperbaric Medicin, San Angelo, TX*
- Worked part time to diagnose and clinically manage issues with wounds and provide patient education in an outpatient clinical setting.
  - Monitored patients receiving hyperbaric treatment and delivered inpatient consultation.

- 2002 to 2003:**      **RESEARCH ASSOCIATE**  
*The University of Texas at Austin*
- Institutional pre-doc. Engaged in data collection and statistical analysis within a federally funded NIH study.

- 2016-present**      **INVITED REVIEWER**  
*International Journal of Nursing Practice*

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**ANGELO STATE UNIVERSITY**


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**COURSES TAUGHT:**

- **NUR 6324** Advanced Pathophysiology (Graduate)
- **NUR 6341(6343)** Adult Health I (Graduate)
- **NUR 6344** Adult Health I Practicum (Graduate)
- **NUR 6342 (6345)** Adult Health II (Graduate)
- **NUR 6350** Community Health Promotion (Graduate)
- **NUR 6330** Role Development Clinical Nurse Specialist (Graduate)
- **NUR 6333** Internship in Advanced Nursing Practice (Graduate)
- **NUR 6334** Internship in Advanced Nursing Practice (Graduate)
- **NUR 6318** Pharmacotherapeutics (Graduate)
- **NUR 6308** Practicum in Nursing Education (Graduate)
- **NUR 6103** Professional Scholarship (Graduate)
- **NUR 4310** Research for Nursing Practice (RN-BSN)
- **NUR 4205** Nursing Concept Synthesis (BSN)
- **NUR 4302** Nursing Leadership (BSN)
- **NUR 4305** Nursing Research: Evidence-based Approach (BSN)
- **NUR 4307** Community Health Promotion (BSN)
- **NUR 4212** OB/Pedi Nursing Practicum (BSN)
- **NUR 2333** Pharmacology for Undergraduates (AASN)
- **NUR 2330** Health Promotion & Cultural Aspects of Healthcare (BSN)
- **RNSG 1207** Nursing Jurisprudence (AASN)
- **RNSG 1309** Fundamentals of Nursing (AASN)

**GUEST LECTURES:**

- **NUR 6303** Research in Nursing (Graduate)
- **PT 5101** Physical Therapy I Seminar (Graduate)
- **RNSG 1443** Lecturer- Fundamentals of Nursing (UG)
- **RNSG 1309** Lecturer- Complex Concepts of Adult Health (UG)
- **HSP 2301** Guest lecture- Intro to Health Science Professions (UG)
- **ASU Athletic Training Assn-** Pre-participation Cardiovascular Screening for Athletes- January 2008, January 2010

**DEPARTMENTAL ACTIVITIES:**


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**2016-Present** Ad Hoc Committee for development of 2<sup>nd</sup> degree program  
**2014-2015** Chair, CCNE Self-Study committee  
**2014-2018** Chair, GBSN Curriculum Committee  
**2014-2016** Member, Nursing Dept. Leadership Committee  
**2003-2008** MSN Program Coordinator/Advisor  
**2003-2008** Chair, MSN Team  
**2003-2008** Chair, MSN Curriculum Committee  
**2003-2005** Member, RN-MSN Program Development Committee  
**2003-2005** Member, MSN Self-Study Committee (incl TXBON visit)  
**2000-2003** Member, MSN Curriculum Committee  
**1999-2000** Co-Chair, BSN/MSN Faculty Affairs Committee  
**1999-2000** Co-Chair, Professional Specialist Ad-Hoc Committee  
**1999-2000** Co-Chair, BSN/MSN Student Affairs Committee  
**1998-1999** Chair, ASU Nursing Department Head Search Committee  
**1998-1999** Member, BSN/MSN Curriculum Committee  
**1998-1999** Member, Nursing Peer Review Committee  
**1998** Member, Nursing Department Faculty Search Committee  
**1996-1997** Chair, Nursing Faculty Affairs Committee  
**1994-1996** Faculty Sponsor, Student Nurses Association

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**UNIVERSITY ACTIVITIES:**

<b>2017-Present</b>	Member, University Tenure Advisory Committee
<b>2015-2018</b>	Member, Master's Thesis Advisory Committees- appointed to specific committees as outside member by Graduate Dean.
<b>2009-2010</b>	Member, Provost/VPAA Search Committee
<b>2008-2014</b>	Member, University Deans & Department Heads Committee
<b>2007-2008</b>	Member, Student Health Center Committee
<b>2007-2008</b>	Member, Graduate Pod
<b>2007-2008</b>	Member, Dean of College of Graduate Studies Search Committee
<b>2005-2006</b>	Member, Dean of Sciences Search Committee
<b>2004-2005</b>	Member, Biology, Visiting Professor Search Committee
<b>2003-2008</b>	Member, University Graduate Council
<b>2003-2008</b>	Member, University Athletics Committee
<b>2003-2005</b>	Member, University Curriculum Committee
<b>2003-2004</b>	Member, Physical Therapy Department Head Search Committee
<b>2003-2004</b>	Member, Master's Thesis Advisory Committee
<b>1995-1997</b>	Member, Library Committee

**AWARDS AND GRANTS**

- LWBIWH/Angelo State University -Access to Breast Care for West Texas, San Angelo Health Foundation, San Angelo, TX, \$142,042.00, funded **July, 2020**. Principal Investigator.
- ASU Undergraduate Faculty Mentored Grant. \$2,000.00, funded **Fall/Spring 2019-2020**.
- AACN/Arnold P Gold Foundation, Initiation of White Coat Ceremony grant. \$1,000.00, funded **July 2016**.
- Equipment for High-Fidelity Simulation Center, San Angelo Health Foundation, San Angelo, TX, \$139,786.00, funded **December 2011**, contributing member
- Competitive Renewal- Nurse Faculty Loan Program from Health Resources and Services Organization \$8,231.00, funded **July 2011**, Principal Investigator
- Competitive Renewal- Advanced Education Nursing Traineeships from Health Resources and Services Organization \$21,175.00, funded **July 2011**, Principal Investigator
- Competitive Renewal- Advanced Education Nursing Traineeships from Health Resources and Services Organization \$18,328.00, funded **July 2010**, Principal Investigator
- Competitive Renewal- Nurse Faculty Loan Program from Health Resources and Services Organization \$1,000.00, funded **July 2010**, Principal Investigator
- Competitive Renewal- Nurse Faculty Loan Program from Health Resources and Services Organization \$46,425.00, funded **June 2009**, Principal Investigator
- With Dr. Leslie Mayrand, Secured \$1 million dollar chair for the Department of Nursing from the Buddy Davidson Foundation, Midland, TX, **2009**
- Equipment for San Jacinto School Health Clinic, Wolslager Foundation, San Angelo, TX, \$30,000.00, funded **June 2005**, contributing member.
- San Jacinto School Health Clinic Expansion, San Angelo Health Foundation, San Angelo, TX, \$218,763.00, funded **June 2005**, contributing member
- Summer Research Institute, Center for Health Promotion and Disease Prevention Research in Underserved Populations, The University of Texas at Austin, Participation Grant, **June 2003**
- NINR/NIH Institutional Pre-doctoral Fellowship, The University of Texas at Austin, **2000-2002**
- Angelo State University Faculty Development Grant for the development of an undergraduate pharmacology elective, \$4,400.00, funded **Summer 2000**
- Angelo State University Wonderful Women of ASU nomination, **2012**
- Angelo State University STAR Faculty Award, Department of Nursing, **April 2000**

**PUBLICATIONS**

- Foster, J., Clark, A., Heye, M., Rosenow, D., Baldwin, K., Villagomez, E., Wilkinson, S., Gilliland, I., Ward, S. (2011). Career scope: South central. Differentiating the CNS and CNL roles. *Nursing Management*, 42(1), 51-4

- Sterling, B.S., Fowles, E.R., Garcia, A., Jenkins, S., Wilkinson, S., Kim, M., Latimer, L. & Walker, L.O. (2009). Altered perceptions of personal control about retained weight and depressive symptoms in low-income postpartum women. *Journal of Community Health Nursing*, 26:3, 143-157.
- Wilkinson, S., Huang, C., Walker, L., Sterling, B., Min Seong (2004). Physical activity in low-income postpartum women. *Image, Journal of Nursing Scholarship*, 36(2), 109-114.
- Walker, L.O., Freeland-Graves, J.H., Milani, T., Hanss-Nuss, H., George, G., Sterling, B.S., Kim, M., Timmerman, G.M., Wilkinson, S., Arheart, K.I., & Stufbergen, A. (2004). Weight and behavioral and psychosocial factors among ethnically diverse, low-income women after childbirth: I. Methods and context. *Women & Health*, 40(2), 1-17.
- Walker, L.O., Freeland-Graves, J.H., Milani, T., Hanss-Nuss, H., George, G., Sterling, B.S., Kim, M., Timmerman, G.M., Wilkinson, S., Arheart, K.I., & Stufbergen, A. (2004). Weight and behavioral and psychosocial factors among ethnically diverse, low income women after childbirth: II. Trends and correlates. *Women & Health*, 40(2), 19-34.
- Reviewer/Consultant- Sommers & Johnson (2002). Diseases and Disorders-A Nursing Therapeutics Manual, 2<sup>nd</sup> Edition.
- Wilkinson, S., Huang, C., & Walker, L. (2001). Validation of 7-day physical activity recall with low-income mothers. *Annals of Behavioral Medicine*, 23S, SO98.
- Reviewer-Rehabilitation Nurses Association Certification Exam Video Review Course (1999).
- Artnak, K. E. & Wilkinson, S. S. (1998). Fulminant hepatic failure in acute acetaminophen overdose. *Dimensions of Critical Care Nursing*, 17(3), 135-144.
- Wilkinson, S. S. (1996, September). Annual review of nursing research 1996 by J. J. Fitzpatrick (On-line review). Available: [doodysterprises.com](http://doodysterprises.com).
- Reviewer, McMaster University Online Rating of Evidence.

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## PRESENTATIONS

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### PRESENTATIONS-Peer reviewed

- “Perceived Effectiveness of Lifestyle Change Strategies” (Co-investigator). Poster presentation for Southern Nursing Research Society 1997 Conference (4/1997).
- “The Effect of Cardiac Rehabilitation on Quality of Life, Anxiety, and Self-Care in Coronary Artery Disease Patients” Poster presentation for Southern Nursing Research Society 1998 Conference (2/1998).
- “Reasons for Exercise Lapse/Relapse in Individuals with Cardiovascular Disease” Poster presentation for Southern Nursing Research Society 2003 Conference (2/2003).
- “Technology: A Teaching Catalyst for CNS Competencies” Seminar presentation for National Association of Clinical Nurse Specialists 2009 Conference; St. Louis, MO (2/2009).
- “The Transformation of CNS Education” Seminar presentation for Texas CNS 2010 Annual Meeting; Austin, TX (3/2010).
- “Conducting Research for New NP Faculty: How Do I Start?” Seminar presentation for National Organization of Nurse Practitioner Faculties 2010 Annual Meeting; Washington, DC (4/2010).
- “Administrators and Educators Improving Nursing Capacity in West Texas” Discussion facilitator for West TX AHEC Conference; Lubbock, TX (11/2010).
- Nurse Faculty Loan Program (HRSA). Angelo State University presentation for national virtual job fair (03/2016).
- Angelo State University Undergraduate Research Symposium, Mentored Student Poster Presentation, Spring 2018.
- Angelo State University Undergraduate Research Symposium, Mentored Student Poster Presentation, Spring 2019.
- “Exploratory Retrospective Analysis to Identify Possible Unique Risk Factors in Women Diagnosed with Breast Cancer in the Concho Valley” Poster presentation for Eighth Annual Gender-Specific Medicine and Women’s Health Symposium 2019; Texas Tech University HSC/Laura Bush Institute for Women’s Health; Lubbock, TX (9/2019).

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## PROFESSIONAL ORGANIZATIONS

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1994-present	National League for Nursing
1996-present	National Association of Clinical Nurse Specialists
1994-2016	American Nurses Association / Texas Nurses Association
2008-present	American Association of Colleges of Nursing
2008 to 2016:	Texas Clinical Nurse Specialists – Co-Chair, Education Committee
1997-present	Sigma Theta Tau (Epsilon Theta) International Nursing Honor Society
1997-present	Honor Society of Phi Kappa Phi

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## COMMUNITY SERVICE

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**2010 to Present:** Medical Advisory Board, Laura Bush Institute for Women's Health, San Angelo, TX  
**2009 to Present:** UT Austin, School of Nursing Foundation Advisory Council  
**2008 to Present:** San Angelo Community Medical Center Healthy Women Advisory Council  
**2008 to 2016:** Co-chair Texas Clinical Nurse Specialists Education Committee  
**2002 to Present:** San Angelo Coalition of Nurses in Advanced Practice (Recording Secretary 2002-2004)  
**2002 to 2006:** Planning Committee, Advanced Practice Nursing Symposium, San Angelo  
**2005-Present:** American Boxer Club, Dallas Boxer Club  
**1994 to Present:** Volunteer, Free athletic physicals for area youth  
**1990 to Present:** San Angelo Texas Exes  
**2010 and 2011:** Planning Committee, Texas CNS Annual Conference, Austin TX  
**2003 to 2009:** Board Member, James Phillips Williams Learning Center (08-Treasurer)  
**2001 to 2003:** Planning Committee, Women and Heart Health Program (AHA) San Angelo, TX  
**1982 to 1988:** Concho Valley Medical Alliance  
**1990 to 1997:** Symphony Guild, San Angelo, TX