

## CURRICULUM VITAE

Teresa Lea Huckaby, PT, DPT  
Assistant Clinical Professor  
Angelo State University  
ASU Station # 10923  
San Angelo, TX 76909-0923  
(325) 942-2394

Education: Temple University  
Philadelphia, PA  
September 2011 to May 2012  
Field of Study: physical therapy  
Transitional Doctor of Physical Therapy, May 2012

Angelo State University  
San Angelo, TX  
August 2004 to December 2006  
Field of Study: physical therapy  
Master of Physical Therapy, December 2006

Angelo State University  
San Angelo, TX  
Field of Study: kinesiology  
Bachelor of Science - Kinesiology, May 2004

Licensure Information/Registration Number:  
Licensed Physical Therapist in State of Texas  
License Number – 1172342

Employment and Positions Held:

Assistant Clinical Professor  
Graduate Faculty  
Academic Coordinator of Clinical Education Fall 2017  
Co-Academic Coordinator of Clinical Education Fall 2016  
Angelo State University  
San Angelo, TX  
August 2015 to present

Staff Physical Therapist  
Clinical Instructor  
West Texas Rehabilitation Center  
San Angelo, TX  
June 2008 to August 2015

Center Coordinator for Clinical Education  
West Texas Rehabilitation Center  
San Angelo, TX  
2009 to 2015

Adjunct Faculty, Physical Therapy  
Angelo State University  
San Angelo, TX  
2013 to 2015

Staff Physical Therapist  
Clinical Instructor  
San Angelo Community Medical Center  
San Angelo, TX  
2007 to 2008

Staff Physical Therapist  
Dynamic Therapy Services  
San Angelo, TX  
2007 to 2007

Non-Peer Reviewed Presentations:

Angelo State University Department of Physical Therapy  
Kinesiotaping May 9, 2013, Lecture and Lab 3 hours  
Kinesiotaping November 22, 2013, Lecture and Lab 3 hours  
Kinesiotaping April 22, 2014, Lecture and Lab 3 hours  
Kinesiotaping November 21, 2014, Lecture and Lab 3 hours

Angelo State University Department of Physical Therapy  
Gait Training and Assistive Devices February 2009, Lecture and  
Lab 4 hours

Angelo State University Athletic Training Symposium  
Basics of Kinesiotaping, January 14, 2012, Lecture and Lab 2  
hours  
Shoulder Instability, January 19, 2013, Lecture 1 hour  
Fundamentals of Kinesiotaping, January 15, 2016, Lecture and Lab  
2 hours

Continuing Education Presentation/Peer Reviewed:

Angelo State University Department of Physical Therapy  
Lunch and Learn – Greater Trochanteric Pain Syndrome, April 12,  
2016, Lecture 1 hour

Clinical Instructor:

Angelo State University  
-Physical Therapy Program – Orthopedic Clinical  
Integration 2011 to 2015  
-Athletic Training Program – Clinical Rotations 2011 to  
2015

Certifications:

Certified Kinesio Taping Practitioner April 2017

Certified Strength and Conditioning Specialist July 2016

McKenzie Method of Mechanical Diagnosis and Therapy Part A  
and Part B

APTA Credentialed Clinical Instructor 2009

Peer Reviewed and Published Abstracts from Professional Presentations:

Ede, Kelsey; Hill, Laurel; Moreno, Shelby; Traverzo, Natalia;  
Weise, Shelly D.; and Huckaby, Teresa (2019) "A Comparison of  
Functional Movement Between CrossFit Trained, Recreationally  
Trained and Sedentary Individuals," *International Journal of  
Exercise Science: Conference Proceedings*: Vol. 2: Iss. 11, Article  
105. Available at:  
<https://digitalcommons.wku.edu/ijesab/vol2/iss11/105>

Hattersley, K., Landin, A., Curtis, D., Huang, F., Huckaby, T.; An  
Experimental Study of the Effects of Kinesio Tape on Perception  
of Pain and Strength in Healthy, College-Aged Individuals; poster  
presented at the Graduate Research Symposium, San Angelo, TX  
(2018).

Hirt, B., Moreno, S., Atkins, L., Huckaby, T.; Effects of Instability  
Devices on Muscular Activation during Performance of a Glute  
Bridge Exercise; poster presentation at the Graduate Research  
Symposium, San Angelo, TX (2018).

Brown, C., Purser, S., Huckaby, T., Weise, S.: Ability of the  
Functional Movement Screen (FMS) to Predict Injury in NCAA  
Division II Track and Field Athletes and the Association between  
the FMS, Eccentric Hip Abduction Strength, and Injury Risk;  
poster presentation at the Texas American College of Sports  
Medicine Conference (2018).

Purser, Shane; Brown, Collin; Huckaby, Teresa; and Weise, Shelly (2018) "Ability of the Functional Movement Screen (FMS) to Predict Injury in NCAA Division II Track and Field Athletes and the Association between the FMS, Eccentric Hip Abduction Strength, and Injury Risk," *International Journal of Exercise Science: Conference Proceedings*: Vol. 2 : Iss. 10 , Article 16. Available at: <https://digitalcommons.wku.edu/ijesab/vol2/iss10/16>  
Nicks, K., Barnett, S., Cummings, S., Huang, H-H., **Huckaby, T.**, Moore, K.: The effects of kinesio tape® application on median nerve tension and grip strength in healthy subjects 30 minutes and 24 hours after application; poster presentation at the 2017 Texas Physical Therapy Association Annual Conference, Corpus Christi, TX, October 26-29, 2017.

**Huckaby T**, Roberson J, Denney T, Schultz J, Herring C, Nicks K, Parker A, Atkins L. Influence of weighted backsquat depth on lower limb muscle activation in collegiate football athletes. (2017) Poster presented at the NSCA National Conference, Las Vegas, NV.

Available at:

<http://www.eventscribe.com/2017/posters/NSCA/SplitViewer.asp?PID=MTEyODQ2MDA0NDE>

#### Research Activity:

“Interprofessional Collaboration in Orthopedic Versus Neurologic Therapy Settings” Status co-PI with Dr. Heather Braden, pilot data for DPT student research project. 2018

Hattersley, K., Landin, A., Curtis, D., Huang, F., **Huckaby, T.**; An Experimental Study of the Effects of Kinesio Tape on Perception of Pain and Strength in Healthy, College-Aged Individuals; abstract submitted TPTA and CSM (2018).

Hirt, B., Moreno, S., Atkins, L., Huckaby, T.; Effects of Instability Devices on Muscular Activation during Performance of a Glute Bridge Exercise; abstract submitted TPTA and CSM (2018).

David, B; Ricci, M, Atkins, L, **Huckaby, T.**; “The effect of suspension straps on core muscle activation during feet suspended push-ups”; submission of abstract to TPTA conference 2018.

Mueller, C, Jeffrey, B; “Assessing the quality, accuracy, and compliance of home exercise programs (HEP) in an outpatient setting given exercises that are commonly performed incorrectly”;

Status: Supervision of DPT student research project for capstone defense, 2017-2018.

“An analysis of muscle activation and weight distribution changes at various depths of back squat”; Status: co-PI with Dr. Kendra Nicks and Dr. Adam Parker, pilot data for DPT student research project.

“The effect of kinesiotape application on median nerve tension and grip strength in healthy subjects 30 minutes and 24 hours after application”; Status: co-PI with Dr. Kendra Nicks, Dr. Floyd Huang, and Dr. Kelly Moore, pilot data for DPT student research project.

“The Efficacy of a Diabetes Prevention Program Targeting 3<sup>rd</sup> and 5<sup>th</sup> Grades: A Partnership with Shannon Health and Wellness”; Poster presented at Angelo State University per local format on Nov. 21, 2006

Membership in Scientific/Professional Organizations:

American Physical Therapy Association  
Orthopedic Section  
Texas Physical Therapy Association  
National Strength and Conditioning Association

Consultative and Advisory Positions Held:

Member  
Clinical Advisory Board  
Angelo State University Physical Therapy Program  
2012, 2013, 2014

Community Service:

Girl Scout STEM Conference  
A Day in the Life of a Physical Therapist: Evaluating a Patient  
From Head to Toe  
Angelo State University  
February 25, 2017

Texas Physical Therapy Association  
Midwest District Secretary/Treasurer  
2016 - 2018

Volunteer WTRC Spring Chicken Affair  
San Angelo, TX

2014, 2015

Volunteer, Johnson Street Church of Christ  
Rams For Christ  
San Angelo, TX  
2011, 2012

University Service:

University:

Member – Social Work Faculty Search Committee 2019

University Disciplinary Committee, Fall 2017 - present

Graduate Program Advisory Committee, Department of Security  
Studies, Oral Comprehensive Exam Review, November 14, 2016.

Departmental:

Chair Clinical Advisory Board 2018 – present  
Graduate Assistant Selection Committee 2018 - present  
Ethics Committee Fall 2016 - present  
Academic Committee Fall 2015 - present  
Accreditation Preparation Committee Fall 2015 – 2018  
President’s Award Committee 2017  
DPT Awards Committee 2017

Honors and Awards:

President’s Awards for Faculty Excellence Nominee 2017

Dorn Long Outstanding Clinical Educator Award  
Texas Consortium for Physical Therapy Clinical Education, Inc.  
2015

Outstanding Clinical Instructor  
Physical Therapy Program  
Angelo State University  
2014

Continuing Education Attended (last five years):

APTA Education Leadership Conference 2018, October 12-14,  
2018, Jacksonville, FL.

Angelo State University, Doctor of Physical Therapy Program,  
ASU DPT Student Research Day, May 10, 2018, San Angelo, TX.

Angelo State University, Doctor of Physical Therapy Program, An  
Introduction to Clinical Gait Analysis, October 5, 2017, San  
Angelo, TX.

Department of Health and Human Services, Medicare Fraud &  
Abuse: Prevention, Detection, and Reporting (March 2017), June  
1, 2017, online course.

Angelo State University, Doctor of Physical Therapy Program,  
ASU DPT Student Research Day, May 11, 2017, San Angelo, TX.

Angelo State University, Doctor of Physical Therapy Program,  
You Take My Breath Away (Lung Disease Applications to  
Physical Therapy), April 25, 2017, San Angelo, TX.

Angelo State University, Doctor of Physical Therapy Program,  
BPPV and Vestibular Rehab, March 22, 2017, San Angelo, TX.

APTA CSM, Hip Instability: Mechanisms and Management of the  
Unstable Hip in Athletes, February 16, 2017, San Antonio, TX.

APTA CSM, Update on Minimal Footwear: Is Less More?  
February 16, 2017, San Antonio, TX.

APTA CSM, A New Etiological Factor in Ankle Instability:  
Understanding Balance Training, February 16, 2017, San Antonio,  
TX.

APTA CSM CAPTE Self Study Workshop, February 14-15, 2017,  
San Antonio, TX.

Texas Physical Therapy Association, Form Follows Function: The  
Role of Clinical Anatomy in Orthopedics, October 29, 2016, Ft.  
Worth, TX.

Texas Physical Therapy Association, Managing the Complex  
Orthopaedic Patient, October 28, 2016, Ft. Worth, TX.

Texas Physical Therapy Association, Hip – Spine Syndrome:  
Musculoskeletal Examination and Treatment, October 28, 2016,  
Ft. Worth, TX.

Institute of Physical Art, PNF I, September 30 – October 2, 2016, Abilene, TX.

APTA Education Section, New Faculty Development Workshop, July 14-17, 2016, Chicago, IL.

Angelo State University, Doctor of Physical Therapy Program, Greater Trochanteric Pain Syndrome, April 12, 2016, San Angelo, TX.

Angelo State University, Doctor of Physical Therapy Program, Examination and Intervention for Persistent Pain Patients, February 23, 2016, San Angelo, TX.

APTA CSM, CPR or DNR: Revive or Abandon Current Acute Care Curricular Approaches Part 1, February 18, 2016, Anaheim, CA.

APTA CSM, Sports Medicine Secrets for the Advanced Orthopedic Clinician, February 18, 2016, Anaheim, CA.

APTA CSM, LEAPing From Evidence to Practice: Innovative Ways to Use PTJ Content in the Classroom and Clinical Setting, February 18, 2016, Anaheim, CA.

APTA CSM, Developing a Flipped Active Learning Classroom, February 17, 2016, Anaheim, CA.

Angelo State University, Doctor of Physical Therapy Program, Wound Care Quickies, November 24, 2015, San Angelo, TX.

Texas Physical Therapy Association, Nutrition in PT Practice, October 24, 2015, Arlington, TX.

Texas Physical Therapy Association, Evidence-Based Management of Femoroacetabular Impingement, October 23, 2015, Arlington, TX.

Texas Physical Therapy Association, Outcome Measures in Acute Care, October 23, 2015, Arlington, TX.

Angelo State University, Doctor of Physical Therapy Program, Dynamics of Human Gait & Clinical Implications, September 22, 2015, San Angelo, TX.



Angelo State University, Doctor of Physical Therapy Program,  
How to Fail Forward, April 28, 2015, San Angelo, TX.

Texas Consortium for Physical Therapy Clinical Education, Inc.,  
Clinical Instructor Certificate of Completion, October 27-  
December 19, 2014, San Angelo, TX.

Angelo State University, Doctor of Physical Therapy Program, A  
Clinician's Guideline on Anatomy, Biomechanics, Examination,  
and Interventions of the Foot and Ankle, October 4-5, 2014, San  
Angelo, TX.

Angelo State University, Doctor of Physical Therapy Program,  
Cardiopulmonary Assessment for the Clinician, September 16,  
2014, San Angelo, TX.

Cross Country Education, Sports Injuries in the Young Athlete,  
July 22, 2014, Lubbock, TX.

Angelo State University, Doctor of Physical Therapy Program,  
Defense of Case Reports and Research Project by the Graduating  
Angelo State University DPT Class of 2014, May 6, 2014, San  
Angelo, TX.

Angelo State University, Doctor of Physical Therapy Program,  
Gait Speed and Its Implications – A Clinician's Guide, February  
18, 2014, San Angelo, TX.

West Texas Rehabilitation Center, Compliant Documentation,  
Coding, and Billing – Mitigating Your Risks, January 30, 2014,  
Abilene, TX.

Current Teaching Responsibilities in the Entry-level Physical Therapy Program:

Fall 2015

PT 7550	Fundamentals of Physical Therapist Examination
PT 7242	Evidence Based Practice Seminar I
PT 7353	Musculoskeletal Examination & Management I
PT 7655	Neuromuscular Examination & Management

Spring 2016

PT 7651	Acute Care Management
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PT 7556 Musculoskeletal Examination & Management II

Summer 2016

PT 7261 Acute Care Practicum

Fall 2016

PT 7550 Fundamentals of Physical Therapist Examination

PT 7242 Evidence Based Practice Seminar I

PT 7353 Musculoskeletal Examination & Management II

PT 7655 Neuromuscular Examination & Management

PT 7330 Biomechanical Relationships

Spring 2017

PT 7651 Acute Care Management

PT 7556 Musculoskeletal Examination & Management II

Fall 2017

PT 7261 Acute Care Practicum

PT 7655 Neuromuscular Examination & Management

PT 7550 Fundamentals of Physical Therapist Examination

PT 7353 Musculoskeletal Examination & Management I

Spring 2018

PT 7556 Musculoskeletal Examination & Management II

PT 7651 Acute Care Management

PT 7663 Neuromuscular Practicum

Summer 2018

PT 7260 Introduction to Clinical Education and Professionalism

PT 7462 Musculoskeletal Practicum

PT 7261 Acute Care Practicum

Fall 2018

PT 7261 Acute Care Practicum

PT 7353	Musculoskeletal Examination & Management I
PT 7550	Fundamentals of Physical Therapist Examination
PT 7655	Neuromuscular Examination & Management

Spring 2019

PT 7556	Musculoskeletal Examination & Management II
PT 7663	Neuromuscular Practicum
PT 7651	Acute Care Management