

CURRICULUM VITAE

Teresa Lea Huckaby, PT, DPT
Assistant Clinical Professor
Angelo State University
ASU Station # 10923
San Angelo, TX 76909-0923
(325) 942-2394

Education: Temple University
Philadelphia, PA
September 2011 to May 2012
Field of Study: physical therapy
Transitional Doctor of Physical Therapy, May 2012

Angelo State University
San Angelo, TX
August 2004 to December 2006
Field of Study: physical therapy
Master of Physical Therapy, December 2006

Angelo State University
San Angelo, TX
Field of Study: kinesiology
Bachelor of Science - Kinesiology, May 2004

Licensure Information/Registration Number:
Licensed Physical Therapist in State of Texas
License Number – 1172342

Employment and Positions Held:

Assistant Clinical Professor
Graduate Faculty
Academic Coordinator of Clinical Education Fall 2017
Co-Academic Coordinator of Clinical Education Fall 2016
Angelo State University
San Angelo, TX
August 2015 to present

Staff Physical Therapist
Clinical Instructor
West Texas Rehabilitation Center
San Angelo, TX
June 2008 to August 2015

Center Coordinator for Clinical Education
West Texas Rehabilitation Center
San Angelo, TX
2009 to 2015

Adjunct Faculty, Physical Therapy
Angelo State University
San Angelo, TX
2013 to 2015

Staff Physical Therapist
Clinical Instructor
San Angelo Community Medical Center
San Angelo, TX
2007 to 2008

Staff Physical Therapist
Dynamic Therapy Services
San Angelo, TX
2007 to 2007

Non-Peer Reviewed Presentations:

Angelo State University Department of Physical Therapy
Kinesiotaping May 9, 2013, Lecture and Lab 3 hours
Kinesiotaping November 22, 2013, Lecture and Lab 3 hours
Kinesiotaping April 22, 2014, Lecture and Lab 3 hours
Kinesiotaping November 21, 2014, Lecture and Lab 3 hours

Angelo State University Department of Physical Therapy
Gait Training and Assistive Devices February 2009, Lecture and
Lab 4 hours

Angelo State University Athletic Training Symposium
Basics of Kinesiotaping, January 14, 2012, Lecture and Lab 2
hours
Shoulder Instability, January 19, 2013, Lecture 1 hour
Fundamentals of Kinesiotaping, January 15, 2016, Lecture and Lab
2 hours

Continuing Education Presentation/Peer Reviewed:

Angelo State University Department of Physical Therapy
Lunch and Learn – Greater Trochanteric Pain Syndrome, April 12,
2016, Lecture 1 hour

Clinical Instructor:

Angelo State University
-Physical Therapy Program – Orthopedic Clinical
Integration 2011 to 2015
-Athletic Training Program – Clinical Rotations 2011 to
2015

Certifications:

American Board of Physical Therapy Specialties Orthopedic
Clinical Specialist July 2019

Certified Kinesio Taping Practitioner April 2017

Certified Strength and Conditioning Specialist July 2016

McKenzie Method of Mechanical Diagnosis and Therapy Part A
and Part B

APTA Credentialed Clinical Instructor 2009

Peer Reviewed and Published Abstracts from Professional Presentations:

Kohls, R, Smith, S, **Huckaby, T**, Braden H. Interprofessional
Education on Clinical Practicums in Different Therapy Settings.
Proceedings from the APTA Educational Leadership Conference.
Bellevue, WA 2019. (poster presented)

Huckaby TL, Hirt B, Moreno S, Atkins LT. Effects of instability
devices on muscular activation during performance of a glute bridge
exercise. *Proceedings from the Annual Conference of the National
Strength and Conditioning Association*. Washington, D.C. 2019
(poster presented)

Ede, Kelsey; Hill, Laurel; Moreno, Shelby; Traverzo, Natalia;
Weise, Shelly D.; and **Huckaby, Teresa** (2019) "A Comparison of
Functional Movement Between CrossFit Trained, Recreationally
Trained and Sedentary Individuals," *International Journal of
Exercise Science: Conference Proceedings*: Vol. 2: Iss. 11, Article
105. Available at:
<https://digitalcommons.wku.edu/ijesab/vol2/iss11/105>

Hattersley, K., Landin, A., Curtis, D., Huang, F., **Huckaby, T.**; An Experimental Study of the Effects of Kinesio Tape on Perception of Pain and Strength in Healthy, College-Aged Individuals; poster presented at the Graduate Research Symposium, San Angelo, TX (2018).

Hirt, B., Moreno, S., Atkins, L., **Huckaby, T.**; Effects of Instability Devices on Muscular Activation during Performance of a GluteBridge Exercise; poster presentation at the Graduate Research Symposium, San Angelo, TX (2018).

Brown, C., Purser, S., **Huckaby, T.**, Weise, S.: Ability of the Functional Movement Screen (FMS) to Predict Injury in NCAA Division II Track and Field Athletes and the Association between the FMS, Eccentric Hip Abduction Strength, and Injury Risk; poster presentation at the Texas American College of Sports Medicine Conference (2018).

Purser, Shane; Brown, Collin; **Huckaby, Teresa**; and Weise, Shelly (2018) "Ability of the Functional Movement Screen (FMS) to Predict Injury in NCAA Division II Track and Field Athletes and the Association between the FMS, Eccentric Hip Abduction Strength, and Injury Risk," *International Journal of Exercise Science: Conference Proceedings*: Vol. 2 : Iss. 10 , Article 16. Available at: <https://digitalcommons.wku.edu/ijesab/vol2/iss10/16>

Nicks, K., Barnett, S., Cummings, S., Huang, H-H., **Huckaby, T.**, Moore, K.: The effects of kinesio tape® application on median nerve tension and grip strength in healthy subjects 30 minutes and 24 hours after application; poster presentation at the 2017 Texas Physical Therapy Association Annual Conference, Corpus Christi, TX, October 26-29, 2017.

Huckaby T, Roberson J, Denney T, Schultz J, Herring C, Nicks K, Parker A, Atkins L. Influence of weighted backsquat depth on lower limb muscle activation in collegiate football athletes. (2017) Poster presented at the NSCA National Conference, Las Vegas, NV.

Available at:

<http://www.eventscribe.com/2017/posters/NSCA/SplitViewer.asp?PID=MTEyODQ2MDA0NDE>

Research Activity:

Hattersley, K., Landin, A., Curtis, D., Huang, F., **Huckaby, T.**; An Experimental Study of the Effects of Kinesio Tape on Perception of Pain and Strength in Healthy, College-Aged Individuals; abstract submitted TPTA and CSM (2018).

Hirt, B., Moreno, S., Atkins, L., **Huckaby, T.**; Effects of Instability Devices on Muscular Activation during Performance of a Glute Bridge Exercise; abstract submitted TPTA and CSM (2018).

David, B; Ricci, M, Atkins, L, **Huckaby, T.**; “The effect of suspension straps on core muscle activation during feet suspended push-ups”; submission of abstract to TPTA conference 2018.

Mueller, C, Jeffrey, B; “Assessing the quality, accuracy, and compliance of home exercise programs (HEP) in an outpatient setting given exercises that are commonly performed incorrectly”; Status: Supervision of DPT student research project for capstone defense, 2017-2018.

“An analysis of muscle activation and weight distribution changes at various depths of back squat”; Status: co-PI with Dr. Kendra Nicks and Dr. Adam Parker, pilot data for DPT student research project.

“The effect of kinesiotape application on median nerve tension and grip strength in healthy subjects 30 minutes and 24 hours after application”; Status: co-PI with Dr. Kendra Nicks, Dr. Floyd Huang, and Dr. Kelly Moore, pilot data for DPT student research project.

“The Efficacy of a Diabetes Prevention Program Targeting 3rd and 5th Grades: A Partnership with Shannon Health and Wellness”; Poster presented at Angelo State University per local format on Nov. 21, 2006

Membership in Scientific/Professional Organizations:

American Physical Therapy Association
Orthopedic Section, Education Section
Texas Physical Therapy Association
National Strength and Conditioning Association

Consultative and Advisory Positions Held:

Member
Clinical Advisory Board
Angelo State University Physical Therapy Program
2012, 2013, 2014

Community Service:

Girl Scout STEM Conference
A Day in the Life of a PT: Patient Evaluation
Angelo State University
March 23, 2019

Girl Scout STEM Conference
A Day in the Life of a Physical Therapist: Evaluating a Patient
From Head to Toe
Angelo State University
February 25, 2017

Texas Physical Therapy Association
Midwest District Secretary/Treasurer
2016 - 2018

Volunteer WTRC Spring Chicken Affair
San Angelo, TX
2014, 2015

Volunteer, Johnson Street Church of Christ
Rams For Christ
San Angelo, TX
2011, 2012

University Service:

University:

Commencement Marshall, May 2019

Department of Social Work Clinical Instructor Search Committee,
2019

Department of Social Work Faculty Search Committee, Fall 2018

University Disciplinary Committee, Fall 2017 - present

Graduate Program Advisory Committee, Department of Security

Studies, Oral Comprehensive Exam Review, November 14, 2016.

Departmental:

Ad-Hoc Active Shooter Committee (2019)
Curriculum Committee (2019 – present)
Chair Clinical Advisory Board 2018 – present
Graduate Assistant Selection Committee 2018 - present
Ethics Committee Fall 2016 - present
Academic Committee Fall 2015 - present
Accreditation Preparation Committee Fall 2015 – 2018
President’s Award Committee 2017
DPT Awards Committee 2017

Honors and Awards:

President’s Awards for Faculty Excellence Nominee 2017

Dorn Long Outstanding Clinical Educator Award
Texas Consortium for Physical Therapy Clinical Education, Inc.
2015

Outstanding Clinical Instructor
Physical Therapy Program
Angelo State University
2014

Continuing Education Attended (last five years):

APTA Education Leadership Conference 2019, October 18-20,
2019, Bellevue, WA

National Strength and Conditioning Association National
Conference, July 10-13, 2019, Washington, DC.

APTA Education Leadership Conference 2018, October 12-14,
2018, Jacksonville, FL.

Angelo State University, Doctor of Physical Therapy Program,
ASU DPT Student Research Day, May 10, 2018, San Angelo, TX.

Angelo State University, Doctor of Physical Therapy Program, An
Introduction to Clinical Gait Analysis, October 5, 2017, San
Angelo, TX.

Department of Health and Human Services, Medicare Fraud & Abuse: Prevention, Detection, and Reporting (March 2017), June 1, 2017, online course.

Angelo State University, Doctor of Physical Therapy Program, ASU DPT Student Research Day, May 11, 2017, San Angelo, TX.

Angelo State University, Doctor of Physical Therapy Program, You Take My Breath Away (Lung Disease Applications to Physical Therapy), April 25, 2017, San Angelo, TX.

Angelo State University, Doctor of Physical Therapy Program, BPPV and Vestibular Rehab, March 22, 2017, San Angelo, TX.

APTA CSM, Hip Instability: Mechanisms and Management of the Unstable Hip in Athletes, February 16, 2017, San Antonio, TX.

APTA CSM, Update on Minimal Footwear: Is Less More? February 16, 2017, San Antonio, TX.

APTA CSM, A New Etiological Factor in Ankle Instability: Understanding Balance Training, February 16, 2017, San Antonio, TX.

APTA CSM CAPTE Self Study Workshop, February 14-15, 2017, San Antonio, TX.

Texas Physical Therapy Association, Form Follows Function: The Role of Clinical Anatomy in Orthopedics, October 29, 2016, Ft. Worth, TX.

Texas Physical Therapy Association, Managing the Complex Orthopaedic Patient, October 28, 2016, Ft. Worth, TX.

Texas Physical Therapy Association, Hip – Spine Syndrome: Musculoskeletal Examination and Treatment, October 28, 2016, Ft. Worth, TX.

Institute of Physical Art, PNF I, September 30 – October 2, 2016, Abilene, TX.

APTA Education Section, New Faculty Development Workshop, July 14-17, 2016, Chicago, IL.

Angelo State University, Doctor of Physical Therapy Program,
Greater Trochanteric Pain Syndrome, April 12, 2016, San Angelo,
TX.

Angelo State University, Doctor of Physical Therapy Program,
Examination and Intervention for Persistent Pain Patients,
February 23, 2016, San Angelo, TX.

APTA CSM, CPR or DNR: Revive or Abandon Current Acute
Care Curricular Approaches Part 1, February 18, 2016, Anaheim,
CA.

APTA CSM, Sports Medicine Secrets for the Advanced
Orthopedic Clinician, February 18, 2016, Anaheim, CA.

APTA CSM, LEAPing From Evidence to Practice: Innovative
Ways to Use PTJ Content in the Classroom and Clinical Setting,
February 18, 2016, Anaheim, CA.

APTA CSM, Developing a Flipped Active Learning Classroom,
February 17, 2016, Anaheim, CA.

Angelo State University, Doctor of Physical Therapy Program,
Wound Care Quickies, November 24, 2015, San Angelo, TX.

Texas Physical Therapy Association, Nutrition in PT Practice,
October 24, 2015, Arlington, TX.

Texas Physical Therapy Association, Evidence-Based
Management of Femoroacetabular Impingement, October 23,
2015, Arlington, TX.

Texas Physical Therapy Association, Outcome Measures in Acute
Care, October 23, 2015, Arlington, TX.

Angelo State University, Doctor of Physical Therapy Program,
Dynamics of Human Gait & Clinical Implications, September 22,
2015, San Angelo, TX.

Angelo State University, Doctor of Physical Therapy Program,
How to Fail Forward, April 28, 2015, San Angelo, TX.

Current Teaching Responsibilities in the Entry-level Physical Therapy Program:

Fall 2019

	PT 7261	Acute Care Practicum
	PT 7353	Musculoskeletal Examination & Management I
	PT 7550	Fundamentals of Physical Therapist Examination
<u>Summer 2019</u>		
	PT 7260	Introduction to Clinical Education and Professionalism
	PT 7462	Musculoskeletal Practicum
	PT 7261	Acute Care Practicum
	PT 7655	Neuromuscular Examination & Management
<u>Spring 2019</u>		
	PT 7556	Musculoskeletal Examination & Management II
	PT 7663	Neuromuscular Practicum
	PT 7651	Acute Care Management
<u>Fall 2018</u>		
	PT 7261	Acute Care Practicum
	PT 7353	Musculoskeletal Examination & Management I
	PT 7550	Fundamentals of Physical Therapist Examination
	PT 7655	Neuromuscular Examination & Management
<u>Summer 2018</u>		
	PT 7260	Introduction to Clinical Education and Professionalism
	PT 7462	Musculoskeletal Practicum
	PT 7261	Acute Care Practicum
<u>Spring 2018</u>		
	PT 7556	Musculoskeletal Examination & Management II
	PT 7651	Acute Care Management
	PT 7663	Neuromuscular Practicum
<u>Fall 2017</u>		
	PT 7261	Acute Care Practicum
	PT 7655	Neuromuscular Examination & Management
	PT 7550	Fundamentals of Physical Therapist Examination

	PT 7353	Musculoskeletal Examination & Management I
<u>Spring 2017</u>	PT 7651 PT 7556	Acute Care Management Musculoskeletal Examination & Management II
<u>Fall 2016</u>	PT 7550 PT 7242 PT 7353 PT 7655 PT 7330	Fundamentals of Physical Therapist Examination Evidence Based Practice Seminar I Musculoskeletal Examination & Management II Neuromuscular Examination & Management Biomechanical Relationships
<u>Summer 2016</u>	PT 7261	Acute Care Practicum
<u>Spring 2016</u>	PT 7651 PT 7556	Acute Care Management Musculoskeletal Examination & Management II
<u>Fall 2015</u>	PT 7550 PT 7242 PT 7353 PT 7655	Fundamentals of Physical Therapist Examination Evidence Based Practice Seminar I Musculoskeletal Examination & Management I Neuromuscular Examination & Management