

Tamra Kelly, Ph.D., CSC, NCC, LPC Associate
Angelo State University
Assistant Professor, Department of Curriculum and Instruction
tamra.kelly@angelo.edu (325) 486-6713

Education

Texas Tech University, Lubbock, TX December 2021
Doctor of Philosophy, Counselor Education
CACREP Accredited Program, GPA: 4.0
Dissertation: A Phenomenological Study of Professional School Counselors Job Performance and Preparedness in Rural Communities
Member: Golden Key International Honor Society, Texas Tech University Chapter
Member: Chi Sigma Iota Counseling Honorary – Theta Theta Upsilon Chapter

Angelo State University, San Angelo, TX May 2010
Certification of School Counseling

Angelo State University, San Angelo, TX December 2009
Master of Arts in Curriculum and Instruction with Texas Teacher Certification

Angelo State University, San Angelo, TX December 2007
Bachelor of Arts in Communications, Minor of Journalism and Psychology

Certification/Licensure

Licensed Professional Counselor Associate, License # 88998, June, 15 2022 - June 15, 2027
Supervised by Anne Hardegree, M.Ed., LPC-S
National Certified Counselor, Certificate # 1724828, March 30, 2023-March 31, 2028
School Counselor PK-12, June 26, 2010 - July 31, 2026
Secondary Technology Applications EC-12, August 18, 2012 - July 31, 2026
Secondary Speech 8-12, June 27, 2009 - July 31, 2026
Secondary Theatre Arts EC-12, May 22, 2010 - July 31, 2026
Field Supervisor Coaching Certification, March 2019 - Lifetime

Professional Experience in Higher Education

Assistant Professor, Angelo State University, TX January 2016 – Present

- Blackboard course prep, course builds and revisions, and other duties as requested.
- Monitor student overall academic progress which includes communication, scoring, discussion board monitoring, assignment feedback, and any student special circumstances that may arise.
- Communicate and collaborate with faculty on various topics impacting the performance and structure of the programs within the department.
- Collaborate with faculty in writing proposals for potential presentations and publications.
- Utilize blackboard system for all course requirements.
- Utilize TurnItIn and Blackboard GradeBox for assignment submissions.
- Utilize additional programs for learning such as Canva, Flipgrid, Podbean, Padlet, Zoom, Kaltura, Google, and Yuja Media
- Support and assist adjunct faculty through departmental procedures.
- Develop online course curriculum and design while upholding accessibility standards
- Conduct relevant, independent research to improve and expand knowledge and practice within the department and for the students served.
- Course Development or Revisions:

- EDG 6323 Theories of Counseling
 - Rubric and assignment instruction revisions.
- EDG 6324 Career and Occupational Counseling
 - Rubric and assignment instruction revisions across multiple modules.
- EDSC 6301 Comprehensive School Counseling Programs
 - Module 2 and Module 3 course builds to include student learning objectives, relevant resources, assignment instructions and rationale for assignment, and scoring rubric.
- EDSC 6302 School Counseling Techniques
 - Module 5 and Module 6 course development to include student learning objectives, relevant research and resources, assignment instructions and assignment rationale, and scoring rubric.
- EDG 6320 Individual Counseling
 - Full course revamp: Restructured the delivery of the content from modules to units and sections. Modified assignments for a broader counseling field application. Updated resources and added a new assignment incorporating counseling techniques.
- EDG 6332 Intro to Crisis, Trauma, and Mental Health Concerns
 - New course build: Developed course content, resources, and assignments focused on mental health statistics and concerns, trauma informed care, grief, and crisis response and threat assessment.
- EDG 6328 Professional Orientation
 - New course build: Developed course content, resources, and assignments focused on developing student professional identities through role exploration, legal and ethical practices, self-care strategies, personal and professional boundaries, multicultural competence.
- GS 1181 Perspective Check: Acknowledging Diverse Viewpoints
 - New signature course build: Developed course content, resources, and assignments focused on exploring diverse perspectives, and broadening individual perspectives to improve life and involvement with others in today's society.
- EDG 6336 Marriage and Family Counseling
 - New course build: Developed course content, resources, and assignments focused on professional counseling theory, skills, and techniques for working with marriage, couple, and families in counseling sessions.
- EDG 6335 Counseling Ethics
 - New course build: Developed course content, resources, and assignments focused on examining law and ethics for licensed professional counselors in Texas which includes a review of current board rules, records management, business and family law, and professional practice.
- EDG 6338 Counseling Methods
 - New Course Build: Developed course content, resources, and assignments focused on specific counseling methods and specialization areas commonly used in practice by licensed professional counselors.
- EDG 6350 Counseling Practicum I
 - New course build: Developed course content, application procedures, resources, and tasks focused on examining law and ethics for licensed professional counselors in Texas which includes a review of current board rules, records management, business and family law, and professional practice.
- EDG 6351 Counseling Practicum II

- New course build: Developed course content, application procedures, resources, and tasks focused on examining law and ethics for licensed professional counselors in Texas which includes a review of current board rules, records management, business and family law, and professional practice.
- Signature Course taught (Face to Face)
 - GS 1181 Perspective Check: Acknowledging Diverse Viewpoints
- Graduate courses taught (online):
 - EDG 6321 Group Counseling
 - EDG 6323 Theories of Counseling
 - EDG 6325 Practicum in Counseling
 - EDG 6324 Career and Occupational Counseling
 - EDG 6320 Individual Counseling
 - EDG 6331 Role of the School Counselor
 - EDSC 6302 School Counseling Techniques
 - EDSC 6303 Human Growth and Development
 - EDG 6327 Dysfunctional Behavior
 - EDG 6332 Intro to Crisis, Trauma, and Mental Health Concerns
 - EDG 6328 Professional Orientation
 - EDG 6335 Counseling Ethics
 - EDG 6334 Addictions Counseling
 - Capstone in School Counseling
 - EDG 6338 Counseling Methods

Adjunct Instructor, Angelo State University, TX

2016-2018

- Assist the professor and instructors with student contact and academic progress through email, announcements, discussion board monitoring, scoring, feedback, and any other requirements necessary.
- Communicate and collaborate with other adjuncts to promote consistency and support for student success.
- Monitor and interact with students through Class Café discussion forum.
- Graduate Courses Taught (online):
 - EDG 6301 Social and Cultural Influences
 - Spring B 2016, Fall A 2016, Fall B 2016, Spring A 2017, Fall B 2017
 - EDG 6304 Applied Research
 - Fall B 2016
 - EDG 6324 Career and Occupational Counseling
 - Spring B 2017, Summer 2017, Spring B 2018, Summer 2018
 - EDG 6320 Individual Counseling
 - Spring B 2017
 - EDG 6331 Role of the School Counselor
 - Summer 2017
 - EDG 6321 Group Counseling
 - Fall A 2017, Spring A 2018, Fall A 2018
 - EDG 6323 Theories of Counseling
 - Fall B 2017, Fall B 2018
 - EDG 6305 Legal and Ethical Principals
 - Spring A 2018, Spring B 2018, Summer 2018, Fall A 2018, Fall B 2018

Professional Experience in Public Education

Texas Leadership Charter Academy, San Angelo

August 2022- Present

- Licensed Professional Counselor Associate – Contract Counselor
 - Provide professional counseling services to students, as determined through their Individualized Education Plan (IEP) in Special Education.
 - Conduct counseling evaluations and assessments to determine if a student qualifies for counseling services.

Christoval Independent School District,

August 2008- July 2014

- Dual Credit and Credit Recovery Coordinator, *August 1, 2012-July 31, 2014*
 - Liaison for Dual Credit Students
 - Blackboard
 - Supervisor for Credit Recovery Students
 - Odyssey
 - Virtual School Network
 - ACT and STAAR Test Facilitator
 - PALS Sponsor
 - Facilitator of Student Led Group and Individual Leadership Events
 - Peer leadership and assistance strategies for At Risk Youth
- Alternative School Counselor *August 2010- July 2014*
 - Assist the on-record Junior High and High School Counselor with various duties and tasks pertaining to the role of the school counselor.
- High School and Middle School Teacher *August 2008-July 2012*
 - Speech and Theatre Arts Teacher
 - Technology Applications Teacher
 - Peers Accepting Learning and Sharing (PALS) Sponsor
 - Junior High One Act Play Director
 - High School One Act Play Director
 - Junior High University Interscholastic League (UIL) Coordinator
 - High School Debate Coach
 - Gifted and Talented Planning
 - Route Driver-Class B CDL Endorsement
 - Site supervisor for student teacher (spring 2010)

Research and Creative Works

Peer Reviewed Publications

- Atwood, A. M., Heron, A., **Kelly, T.K.** (2022, January). Pouring from an empty cup: Online learning in higher education and its toll on mental health. *Educator Perspectives Journal*, 1(1). Spring 2022 Issue
- **Kelly, T.K.** (2020, May). Promoting resiliency in school counselors through boundaries. *Association for Child and Adolescent Counseling (ACAC)*. Spring Newsletter, 7(1), 11-12.
- **Kelly, T. K.**, Atwood, A. M. (2019, November). Integrating technology and education: A look at the implementation of advanced technology to diversify online learning and teaching. Association for the Advancement of Computing in Education (AACE).

Peer Reviewed Presentations

- **Kelly, T.K. & Lyons, K.** (2022, November 18) A counselor's nightmare: Combating fears by reviewing ethical situations through a lens of positive ethics. Permian Basin Mental Health Conference. Midland, TX.
- Ellis, J. & **Kelly, T.K.** (2022, November 10) Inappropriate and Offensive, Or Is It? The Use of Dark Humor as a Coping Mechanism. Texas Counseling Associate Professional Growth Conference. Arlington, TX.
- **Kelly, T.K., Lyons, K.** (2022, October) Thinking Outside the Box: Informal Assessments and Instructional Practices in Online Learning. Angelo State University Blackboard Conference, San Angelo, TX. (*Pending Program Acceptance*)
- **Kelly, T.K., Crews, C.** (2022, February 14) Ideal versus Reality: A Study of School Counselor Perceptions from the Field. Annual Professional School Counselor Conference. Round Rock, TX
- **Kelly, T.K., Lyons, K.** (2022, January 28) The Weight of Words: What to Say, How to Say It, and When to Say Nothing at All. Permian Basin Mental Health Conference. Midland, TX
- **Kelly, T.K., Lyons, K.** (2021, November 4) Building resilience in Mental Health Professionals: Drawing the line with boundaries. Texas Counseling Association Professional Growth Conference. Galveston, TX
- **Kelly, T.K., Atwood, A.M., Heron, A.** (2021, November 4) Making the ideal a reality: Advocating for school counselor role alignment. Texas Counseling Association Professional Growth Conference. Galveston, TX
- **Kelly, T.K., Lyons, K., Lyons, B.** (2021, April 30). Building resilience through boundaries. Permian Basin Metal Health Conference. Odessa, TX
- Casarez, L.L., Gandar, R., O'Briant, M., **Kelly, T.K.** (2020, February). How smart are your smart goals? Invited Presentation: Texas School Counselor Association Professional School Counselor Conference. San Antonio, TX.
- Casarez, L. L., & **Kelly, T. K.** (2020, January). Trauma-informed practices for educators. Presentation: Permian Basin Mental Health Conference. Midland, TX.
- **Kelly, T. K., Atwood, A. M.** (2019, November). Integrating technology and education: A look at the implementation of advanced technology to diversify online learning and teaching. Presented at the E-Learn World Conference organized by the Association for the Advancement of Computing in Education (AACE). New Orleans, LA

Other Scholarly Contributions

- **Kelly, T.** (2021) *Boundaries Assessment* (Adapted with permission for educational use from D.C. Bar Lawyer Assistance Program. Boundaries Assessment, n.d.)
- **Kelly, T., Lyons, K., Bellamy, C. Pemberton, G., Garvin, C.** (2021) *Working with groups: A group facilitation manual*. (Adapted from *Working with groups: A group facilitation manual* by Proceed, Inc., 2009).

Professional Service

Editorial Board Member, The Family Journal Spring 2023 – Present

Editorial Board Member, Educator Perspectives Journal Spring 2023 - Present

Belair Elementary Career Fair May 2023

- Represent and promote Angelo State University
- Share educational information related to careers in counseling

Kelly, T. K. & Lyons, K. (2023, April 27) Prioritizing self care: The journey to mental wellness. Invited Presentation: ASES Program, Angelo State University, San Angelo, TX

Kelly, T. K. & Lyons, K. (2022, September 6) Student success coaches and mental health. Invited presentation: Goodfellow AFB. San Angelo, TX

College of Education Lunch and Learn Series, Angelo State University Spring 2022

- **Kelly, T.K. (2022, May 4)** Digital Accessibility: The things I thought I knew, actually didn't know, but now I do, and here to share with you! (Unless you already know, then this is a refresher for you.) College of Education Lunch and Learn. Angelo State University, San Angelo, TX.
- **Kelly, T.K., Lyons, K. (2022, April 6)** Thinking Outside the Box: Informal Assessments and Instructional Practices in Online Learning. College of Education Lunch and Learn. Angelo State University, San Angelo, TX.

Wall Independent School District Career Fair November 2021

- Represent and promote Angelo State University
- Share educational information related to a career as a college professor

Kelly, T.K. & Lyons, K. (2021, August). Building resiliency through boundaries. Presentation: College of Education at Angelo State University.

Social Advocacy and Social Justice Leadership Mini-Conference April 2019

Student Lead Conference-Counselor Education PhD Cohort 2018

Theme: Behind the Perspective: Social Protection Systems, Accessibility for Gender Equality and The Empowerment of Women and Girls

- Advertising/Marketing Committee
 - Assist with creation of save the date, call for proposals, and official event invitation
 - Advertise and promote conference through social platforms, email, and professional organizations
 - Assist with management of Eventbrite registration
 - Created a conference email and responded to inquiries
 - Obtained conference sponsors and donations for promotional bags for attendees
 - Warm up activity speaker along with other members of the cohort
 - Responsible for set up, clean up, and meal prep
 - Conference registration through Eventbrite
 - Breakout Session Room Monitor responsible for collecting evaluations and providing CEU stickers.

Texas Counseling Association Professional Growth Conference, Forth Worth, TX

November 2019

- Registration Volunteer

Three Rivers Counseling Association Board Member, Senator Alternate

2019 - 2021

- Attend monthly board meetings
- Assist in planning and organization of various events and activities designed for members and its colleagues to the counseling profession.
- Provide professional development opportunities and support to counseling professionals.
- 2020 Texas Counseling Association Outstanding Chapter Award

College of Education, Angelo State University

- Dispositions Committee, August 2022 – Present
 - Monitors, develops, and supports College of Education dispositions for graduate and undergraduate programs.
 - Review disposition reports and provides mentorship on a case-by-case basis for the benefit of the student and their overall academic success.
 - Serves as a liaison between students and faculty member regarding disposition issues.

Department of Curriculum & Instruction, Angelo State University

- Mental Health and Wellness Counseling Committee, January 2020 - Present
- Professional School Counseling Committee, March 2016 – January 2019
- Online Licensed Professional Counselor Bridge, August 2022 - Present
- Curriculum and Instruction Distance Education Committee, October 2019- Present
 - Ensures the departmental Blackboard template is up to date for continued departmental use.
 - Maintains the Orientation Tab which houses relevant and applicable resources, tutorials, and university outreach information for both faculty and student use.
 - Consults with faculty members regarding necessary updates, changes, and concerns related to departmental distance education platforms.
 - Works closely with campus E-Learning to deliver new information and updates to faculty relevant to Blackboard and online learning.
- Adjunct Search Committee, August 2022 – present

Professional Memberships

Texas Counseling Association, *Membership Expires 8/31/2023*

Texas Association for Counselor Education and Supervision, *Membership Expires 8/31/2023*

Texas School Counselor Association, *Membership Expires 8/31/2023*

Three Rivers Counseling Organization, *Membership Expires 8/31/2023*

Awards/Distinctions

- Blackboard Exemplary Course (Group Counseling), 2023
- Blackboard Exemplary Course (Individual Counseling), 2022
- Concho Valley Electric Cooperative Scholarship, 2020
- Nominee: K. Patricia Cross Future Leaders Award, 2020
- Texas Tech Alumni Association Scholarship, 2019
- Texas Tech College of Education Scholarship, 2018-2019
- JT and Margaret Talkington Fellowship, 2018-2022

Professional Development

- Texas Association for Counselor Education and Supervision Mid-Winter Conference (1/23)

- Angelo State University's Digital Accessibility Training Certification (2/22)
- Texas School Counselor Professional Growth Conference (2/22)
- TTU Counselor Education Growth Conference (2/22)
- Permian Basic Mental Health Conference (1/22)
- Texas Counseling Association Professional Growth Conference (11/21)
- Texas Tech University Counselor Educator Growth Conference (2/21)
- Counselor Networking (2/20/2020)
- Suicide Prevention Training, ASU Counseling Services (9/19)
- Concho Valley Suicide Prevention Coalition (6/19)
- General Ethics Seminar (3/19)
- TTU Counselor Education Growth Conference (2/19)
- Permian Basin Mental Health Conference (1/19)
- Detecting Fake News Workshop B (11/18)
- Poster Presentation Workshop B (9/18)
- Utilizing Technology to Engage Parents, Students, & Stakeholders (8/17)
- Children of Trauma Overview & Practical Strategies & Interventions (7/17)
- Eight Hour Bus Recertification (10/15) (05/12)
- Textbook Showcase-Technology Applications (01/14)
- STAAR DTC Training (01/14) (01/13) (01/12)
- Ethics in Counseling (11/13)
- Bridges-Perkins (10/13)
- Secondary Counselors (09/13)
- Champs Day 1 (08/13)
- CTE Behavior Management (06/13)
- IDevice (06/13)
- Bridges Training (01/13)
- ACT College Readiness Symposium (1/13)
- Paths to Scholarships (10/12)
- TxVSN VLS Overview (05/12)
- Dyslexia Institute (10/10)
- Back to School 2010 (08/10)
- Cyberbullying (07/10)
- Pixie-2 (07/10)
- Sticky Business (06/10)
- RSCCC For Counselors (02/10)
- PALS/MEDIATION (02/10)
- TAKS Training Updates (01/10)
- GT Curriculum Day 1 (11/09)
- GT Curriculum Day 2 (11/09)
- GT Curriculum Day 3 (11/09)
- GT Identification (10/09)
- Back to School 2009 (08/09)
- Nature and Needs GT (08/09)
- Pearl on the Concho Writing Project (7/09)
- Ethnic Walking Tour (06/09)
- 20 Hour Bus Training (05/09)
- Day 6 New Teacher (05/09)
- Day 5 New Teacher (01/09)
- Claiming your Power (11/09)
- Day 4 New Teacher (11/08)

- New Teacher Orientation (09/08)
- BBP School Staff Moodle (09/08)
- Classroom Management (08/08)
- Technology Updates (08/08)